


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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| <div></div> <div>MONTAGE RIDGE</div> <div>A GENERATIONS COMMUNITY</div> | <div>December 2023</div> <div>Memory Care</div> | | | | <div>10:00am Start the Day</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>1:30pm Tea Time</div> <div>2:30pm Funny Videos</div> <div>3:00pm Know Your Neighbor Social</div> <div>3:45pm Hot Potato</div> <div>5:30pm Friday Night Film</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise Video</div> <div>1:00pm Resident Free Choice Activity</div> <div>2:15pm Social Hour</div> <div>3:30pm Sing-A-Long</div> <div>5:30pm Evening Documentary</div> |
| <div>9:30am Today in History</div> <div>10:00am Coffee Social</div> <div>11:15am Mindfulness Moment & Music</div> <div>1:30pm Noodle Ball</div> <div>2:15pm Sing-A-Long: Spiritual</div> <div>2:30pm Green Mountain Christian Church Service - AL LR</div> <div>3:05pm Denver Broncos VS Houston Texans</div> <div>3:30pm Hydration Station</div> <div>5:30pm Movie Night</div> | <div>10:00am Morning News & Hand Care</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>11:15am Crafting with Dianne</div> <div>1:15pm December Trivia</div> <div>1:30pm Rosary - AL Library</div> <div>2:30pm Ethan Hall - Pianist - AL LR</div> <div>3:30pm Happy Hour</div> <div>5:30pm Resident Choice TV Program</div> | <div>10:00am Start the Day</div> <div>10:30am Festive Snack Making</div> <div>11:15am Act it Out</div> <div>1:15pm Bingo</div> <div>2:30 Exercise with Emily - AL LR</div> <div>3:15pm Hydration Station & Vitality Visits</div> <div>3:45pm Magazine Sensory</div> <div>5:30pm Evening Chats</div> | <div>10:00am Exercise with Emily - AL LR</div> <div>10:45pm Start the Day</div> <div>11:15am Holiday Riddles</div> <div>1:15pm Sensory Hour - Indoor Snow</div> <div>2:00pm Mark Paulson - Piano/Vocals - AL LR</div> <div>3:15pm Question Ball Bounce</div> <div>3:45pm Reminisce: Christmas Traditions</div> <div>5:30pm Sorting & Social Hour</div> | <div>10:00am Catholic Church Service - AL VR</div> <div>10:30am Start the Day</div> <div>11:15am Short Stories</div> <div>1:30pm Exercise with Emily - AL LR</div> <div>2:30pm Craft with Red Paintbrush -AL VR</div> <div>2:45pm Visits w/ Jill & Gracie (Dog)</div> <div>3:15pm Hydration Station</div> <div>3:45om iSpy</div> <div>5:30pm Evening Classic TV Program</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>1:30pm Tea Time</div> <div>2:30pm Gio Barabadze - Pianist -AL LR</div> <div>3:45pm Finish the Phrase</div> <div>5:30pm Friday Night Film</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise Video</div> <div>1:00pm Resident Free Choice Activity</div> <div>2:15pm Social Hour</div> <div>3:30pm Sing-A-Long</div> <div>5:30pm Evening Documentary</div> |
| <div>9:30am Today in History</div> <div>10:00am Coffee Social</div> <div>11:15am Mindfulness Moment & Music</div> <div>1:30pm Denver Broncos VS LA Chargers</div> <div>1:45pm Hydration Station</div> <div>2:30pm Balloon Volleyball</div> <div>3:30pm All About December</div> <div>5:30pm Movie Night</div> | <div>10:00am Morning News & Hand Care</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>11:15am Crafting with Dianne</div> <div>1:15pm Documentary</div> <div>1:30pm Rosary - AL Library</div> <div>2:00pm Christmas Carols - Finish the Lyrics</div> <div>2:45pm Christmas Movie & Happy Hour</div> <div>5:30pm Resident Choice TV Program</div> | <div>10:00am Exercise with Emily - AL LR</div> <div>10:45am Festive Snack Making</div> <div>11:15am Money Counting</div> <div>1:15pm Guess that Smell - Christmas Edition</div> <div>2:30pm Scott Hackler - AL LR</div> <div>Birthday cake to follow!</div> <div>5:30pm Evening Chats</div> | <div>10:00am Start the Day & The Price is Right</div> <div>11:15am Festive Corny Jokes</div> <div>1:15pm Sensory Hour - Dough Ornaments</div> <div>2:00pm Name that Winter Sport</div> <div>2:30 Exercise with Emily - AL LR</div> <div>3:00pm Craft with Red Paintbrush - AL VR</div> <div>3:45pm Reminisce: Holiday Recipes</div> <div>5:30pm Sorting & Social Hour</div> <div>6:00pm Boy Scouts Christmas Caroling - AL LR</div> | <div>10:00am Catholic Church Service - AL VR</div> <div>10:30am Start the Day</div> <div>11:15am Daily Affirmations</div> <div>1:30pm Exercise with Emily - AL LR</div> <div>2:15pm Christmas This or That</div> <div>2:45pm Hydration Station</div> <div>3:15pm Ornament Painting</div> <div>3:45pm Sort & Fold</div> <div>5:30pm Evening Classic TV Program</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>1:30pm Tea Time</div> <div>2:30pm Has Anyone Here...?</div> <div>3:00pm Magic Paint</div> <div>3:45pm Hot Potato</div> <div>5:30pm Friday Night Film</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise Video</div> <div>1:00pm Resident Free Choice Activity</div> <div>2:15pm Social Hour</div> <div>3:30pm Sing-A-Long</div> <div>5:30pm Evening Documentary</div> |
| <div>9:30am Today in History</div> <div>10:00am Coffee Social</div> <div>11:15am Mindfulness Moment & Music</div> <div>1:30pm Snowball Toss</div> <div>2:15pm Sing-A-Long: Spiritual</div> <div>2:30pm Bear Valley Christian Church Service - AL LR</div> <div>3:30pm Hydration Station</div> <div>5:30pm Movie Night</div> <div>TBD Denver Broncos VS Detroit Lions</div> | <div>10:00am Morning News & Hand Care</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>11:15am Crafting with Dianne</div> <div>1:15pm Documentary</div> <div>1:30pm Rosary - AL Library</div> <div>2:30pm Leonard Barrett - Singer - AL LR</div> <div>3:30pm Happy Hour</div> <div>5:30pm Resident Choice TV Program</div> | <div>10:00am Start the Day</div> <div>10:45am Festive Snack Making</div> <div>11:15am Alphabet Game</div> <div>1:30pm Exercise with Emily - AL LR</div> <div>2:30pm Alan Vail - AL LR</div> <div>3:45pm Hydration Station & Vitality Visits</div> <div>5:30pm Evening Chats</div> | <div>10:00am Start the Day</div> <div>10:30am Brain Teasers</div> <div>11:15am Reminisce: Winter Vacation</div> <div>1:15pm Cookie Decorating</div> <div>2:00pm Name that Classic Christmas Singer</div> <div>2:30pm Exercise with Emily - AL LR</div> <div>2:45pm Visits w/ Jill & Gracie (Dog)</div> <div>3:00pm Gary Reed - Guitar/Vocals - AL LR</div> <div>5:30pm Sorting & Social Hour</div> | <div>10:00am Catholic Church Service - AL VR</div> <div>10:30am Start the Day</div> <div>11:15am Short Stories</div> <div>1:30pm Exercise with Emily - AL LR</div> <div>2:15pm Winter Poem Reading</div> <div>2:30pm Craft with Red Paintbrush -AL LR</div> <div>3:00pm Hydration Station</div> <div>3:45pm Matching Game</div> <div>5:30pm Evening Classic TV Program</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>Christmas Lunch</div> <div>1:30pm Marleen - Flute Player</div> <div>2:30pm Afternoon Stretch Break</div> <div>3:00pm Neighbor Bingo</div> <div>3:30pm Silly Sayings</div> <div>5:30pm Friday Night Film</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise Video</div> <div>1:00pm Resident Free Choice Activity</div> <div>2:15pm Social Hour</div> <div>3:30pm Sing-A-Long</div> <div>5:30pm Evening Documentary</div> |
| <div>10:00am Coffee Social & Music</div> <div>11:15am Today in History</div> <div>1:30pm Christmas Bingo</div> <div>2:30pm Hot Potato Present</div> <div>3:30pm Christmas Reminisce</div> <div>5:30pm Film Shorts</div> <div>6:15pm Denver Broncos VS New England Patriots</div> | <div>10:00am Start the Christmas Day</div> <div>10:30am Video Led Exercise</div> <div>11:15am Christmas Carol Sing-A-Long</div> <div>1:15pm Christmas Facts from Around the World</div> <div>2:00pm Christmas Social</div> <div>3:00pm Christmas Movie</div> <div>5:30pm Resident Choice TV Program</div> <div>Merry Christmas</div> | <div>10:00am Morning News & Hand Care</div> <div>10:00am Video Led Exercise</div> <div>11:15am Festive Snack Making</div> <div>1:15pm Crafting with Dianne</div> <div>2:00pm Choir Performance - AL LR</div> <div>3:00pm Hydration Station & Vitality Visits</div> <div>3:45pm Magazine iSpy</div> <div>5:30pm Evening Chats</div> | <div>10:00am Start the Day</div> <div>10:30am Corny Jokes</div> <div>11:15am Reminisce: New Years Traditions</div> <div>1:15pm Sensory Hour - Addie's Choice</div> <div>2:00pm Name that Year</div> <div>2:30pm Fiddling Fran - AL LR</div> <div>3:30pm Exercise with Emily - AL LR</div> <div>5:30pm Sorting & Social Hour</div> | <div>10:00am Catholic Church Service - AL VR</div> <div>10:30am Start the Day</div> <div>11:15am Daily Affirmations</div> <div>1:15pm Name that Sound</div> <div>1:45pm 2023 in Review</div> <div>2:30pm Craft with Red Paintbrush -AL LR</div> <div>3:00pm Hydration Station</div> <div>3:30pm Exercise with Emily - AL LR</div> <div>5:30pm Evening Classic TV Program</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise with Silver Strength - AL LR</div> <div>1:30pm Tea Time</div> <div>2:30pm Lawrence Welk Show</div> <div>3:00pm Magic Paint</div> <div>3:30pm The Best of 2023</div> <div>5:30pm Friday Night Film</div> | <div>10:00am Start the Day</div> <div>10:30am Exercise Video</div> <div>1:00pm Resident Free Choice Activity</div> <div>2:15pm Social Hour</div> <div>3:30pm Sing-A-Long</div> <div>5:30pm Evening Documentary</div> |
| <div>9:30am Today in History</div> <div>10:00am Coffee Social</div> <div>11:15am Mindfulness Moment & Music</div> <div>1:30pm Balloon Volleyball</div> <div>2:15pm Hydration Station</div> <div>2:25pm Denver Broncos VS LA Chargers</div> <div>3:30pm Chit Chat: Hope for the New Year</div> <div>5:30pm Movie Night</div> | <div>Vitality Program Key</div> <div>AL VR - 1st Floor Assisted Living - Vitality Room</div> <div>AL Library - 1st Floor Assisted Living - Library</div> <div>Entertainment/Classes</div> <div>Special Events</div> <div>Religious</div> <div>Denver Broncos Football Games</div> | | | | | |