


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Vitality Program Key AL LR - Assisted Living Living Room AL VR - Assisted Living Vitality Room Religious Entertainment/Classes Special Events				10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches w/ Mena 11:30am Name That Thing! 1:00pm Valentines Sensory Bag 1:30pm Exercise with Emily -AL LR 2:30pm Lets Reminisce 5:30pm Matching & Social Hour	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am DIY Valentines Hearts 1:15pm Popcorn Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	10:00am Start The Day 10:30am Saturday Stretches 11:00am Reflection Time 11:30 Moring Chats w/ Coffee 1:15pm Mena's Choice Activity 2:30pm Saturday Matinee 5:30 Evening Documentary
10:00am Start The Day 10:30am Coffee Social 11:00am Sunday Stretches 11:30am Affirmations 1:00pm Question of the Day 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night	10:00am Start The Day 10:30am Exercise with Silver Strength - AL LR 11:00am Current Events 1:30pm Rosary - AL Library 2:30pm Leonard Barrett - Vocals-AL LR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program	10:00am Start The Day 10:30am Morning Stretches 11:00am Daily Affirmations 11:15am What's Your Favorite...? 11:30am Math Problems 1:15pm Lets Play Baseball With Balloons! 2:30pm Exercise with Emily-AL LR 5:30 Evening Chats	10:00am Start The Day 10:30pm Exercise with Emily AL LR 11:00am Meditation 11:15am Chair Yoga 11:30am Trivia 2:30pm Allen Vail- guitar/vocals -AL LR 3:30pm Hydration Station w/ snacks 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches w/ Mena 11:30am Name That Thing! 1:00pm Valentine Sensory Painting 1:30pm Exercise with Emily AL LR 2:30pm Lets Reminisce 5:30pm Matching & Social Hour	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am Valentines Day Cards 1:15pm Cookies and Milk social 2:00pm 1:1 Check Ins w/ Mena 2:30pm Randy Kroop-Guitar/Vocals -LR 5:30pm Sorting & Social Hour	10:00am Start The Day 10:30am Saturday Stretches 11:00am Reflection Time 11:30 Moring Chats w/ Coffee 1:15pm Mena's Choice Activity 2:30pm Saturday Matinee 5:30 Evening Documentary
10:00am Start The Day 10:30am Coffee Social 11:00am Sunday Stretches 11:30am Affirmations 1:00pm Question of the Day 3:30pm Sunday Funday DeeAnna's Choice Activity 4:15pm Super bowl Tailgate -AL LR 4:30pm Super Bowl	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL Library 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program	10:00am Start The Day 10:30am Morning Stretches 11:00am Daily Affirmations 11:15am What's Your Favorite...? 11:30am Math Problems 1:15pm Lets Bowl 1:30pm Exercise with Emily-AL LR 2:30 Visits w/ Jill & Gracie (Dog) 5:30 Evening Chats	10:00am Start The Day 10:30pm Exercise with Emily AL LR 11:00am Meditation 11:15am Chair Yoga 11:30am Trivia 1:30pm Valentine Day party- AL LR 2:30pm Rick Iracki - Guitar/Vocals-AL LR 3:30pm Hydration Station w/ snacks 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches w/ Mena 11:30am Name That Thing! 1:00pm Scent Sensory Game 2:30pm Lets Reminisce 5:30pm Matching & Social Hour	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am Finger Paint Hearts 1:15pm Fruits and Veggies social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	10:00am Start The Day 10:30am Saturday Stretches 11:00am Reflection Time 11:30 Moring Chats w/ Coffee 1:15pm Mena's Choice Activity 2:30pm Saturday Matinee 5:30 Evening Documentary
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