


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Vitality Program Key AL LR - Assisted Living Living Room AL VR - Assisted Living Vitality Room Religious Entertainment/Classes Special Events Arts & Crafts					1 10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am Shamrock Finger Painting 1:15pm Popcorn Social 2:30pm Active Minds 5:30pm Sorting & Social Hour	2 10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Cheese and Crackers Social 2:00pm Saturday Matinee 5:30 Evening Documentary
10:00am Start The Day 10:30am Coffee Social 11:00am Sunday Stretches 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night 3	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program 4	10:30am Start The Day 11:00am Move More March Morning Exercise 11:15am Daily Affirmations 11:30am Tick Tack toe 1:30pm Lets Play Darts 2:00pm What's Your Favorite...? 5:30 Evening Chats 5	10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Hydration Station w/snacks 2:30pm Leonard Barrett 5:30 Movie Night 6	10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches w Mena 11:15 Affirmations 11:30pm Name That Thing! 1:30pm St Patty's Sensory Painting 5:30pm Matching & Social Hour 7	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am DIY Gold Coins 1:15pm Muddy Buddies Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour 8	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Chips and Dip Social 2:00pm Saturday Matinee 5:30 Evening Documentary 9
10:00am Start The Day 10:30am Coffee Social 11:00am Sunday Stretches 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night 10	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program 11	10:30am Start The Day 11:00am Morning Stretches 11:15am Daily Affirmations 11:30am What's Your Favorite...? 11:45am Tick Tack Toe 1:15pm Lets Bowl! 2:30 Visits w/ Jill & Gracie (Dog) 5:30 Evening Chats 12	10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Hydration Station w/snacks 2:30pm Chris Kroger 5:30 Movie Night 13	10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches Mena 11:15 Affirmations 11:30am Name That Tune! 1:30pm Lets Make Fizzy Pots 2:00pm Lets Reminisce 5:30pm Matching & Social Hour 14	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am DIY Easter Eggs 1:15pm Hot Cocoa & Cider Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour 15	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Cookies and Milk 2:00pm Saturday Matinee 5:30 Evening Documentary 16
10:00am Start The Day 10:30am Coffee Social 11:00am Sunday Stretches 1:30pm ST Patrick's Day Party- AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night 17	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program 18	10:30am Start The Day 11:00am Morning Stretches 11:15am Daily Affirmations 11:30am What's Your Favorite...? 11:45am Tick Tack Toe 1:15pm Lets play Pong Cup! 2:00pm Mark Paulson 5:30 Evening Chats 19	10:30am Start The Day 10:30pm Exercise with Emily -AL LR 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Hydration Station w/snacks 2:15pm Elvis Concert in Honolulu Hawaii (Video Stream) 5:30 Movie Night 20	10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches w/ Mena 11:15 Affirmations 11:30am Name That Thing! 1:30pm Easter Sensory Painting 5:30pm Matching & Social Hour 21	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am Easter Bunny finger painting 1:15pm Cinnamon Rolls Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social 22	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Ice Cream Social 2:00pm Saturday Matinee 5:30 Evening Documentary 23
10:00am Start The Day 10:30am Coffee Social 11:00am Sunday Stretches 1:00pm Question of the Day 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night 24	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program 25	10:30am Start The Day 11:00am Morning Stretches 11:15am Daily Affirmations 11:30am What's Your Favorite...? 11:45am Tick Tack Toe 1:15pm Baseball w/ Balloons 2:30 Larry O'Conner -AL LR Birthday Cake to Follow!!! 5:30 Evening Chats 26	10:30am Start The Day 10:30pm Exercise with Emily -AL LR 11:15am Meditation 11:30am Chair Yoga 11:45am Ball Toss 1:30pm Hydration Station w/snacks 2:30pm Visits w/ Jill & Gracie (Dog) 5:30 Movie Night 27	10:00am Catholic Church Service - AL VR 10:30am Start The Day 11:00am Morning Stretches w/ Mena 11:30am Name That Tune! 1:00pm What's that Smell Game 2:30pm Gary Reed -AL LR 5:30pm Matching & Social Hour 28	10:00am Start The Day 10:30am Exercise with Silver Strength -AL LR 11:00am Daily Affirmations 11:30am Easter Cards 1:15pm Fruits and Veggies Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour 29	10:30am Start The Day 11:00am Saturday Stretches 11:15am Reflection Time 11:30am Mena's Choice Activity 1:15pm Easter Candy 2:00pm Saturday Matinee 5:30 Evening Documentary 30
10:00am Start The Day 12:00pm Easter Brunch 1:30pm Easter Egg Hunt 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night 31	<div>  Montage Ridge March 2024 Memory Care </div>					