

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Vitality Program Key AL LR - Assisted Living Living Room AL VR - Assisted Living Vitality Room Entertainment/Classes Outings & Socials Special Events Games/ Arts Religious			10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Tea Time 2:30pm Visits W/ Jill & Gracie (Dog) 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:00am Start The Day 10:30am Garden Club 11:00am Morning Stretches 11:15 Affirmations 11:30am Trivia 1:30pm Lets Make Bread! 5:30pm Matching & Social Hour	10:00am Start The Day 11:00am Exercise 11:15am Daily Affirmations 11:30am Hangman Game! 1:30pm Chips & Guac Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Carlota De Limon Social 2:00pm Saturday Matinee 5:30 Evening Documentary
10:30am Start The Day 11:00am Sunday Stretches 2:30pm Cinco De Mayo Party AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night	10:00am Start The Day 10:30am Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program	10:00am Start The Day 11:00am Morning Exercise 11:15am Daily Affirmations 11:30am Lets Bowl 1:30pm Hydration Station w/snacks 5:30 Evening Chats	10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Tea Time 2:30pm Chris Kroger -AL LR 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:00am Start The Day 10:30am Garden Club 11:00am Morning Stretches 11:15 Affirmations 11:30am Trivia 1:30pm Lets Make Cookies! 5:30pm Matching & Social Hour	10:00am Start The Day 11:00am Exercise 11:15am Daily Affirmations 11:30am Hangman Game! 1:30pm Sweet Popcorn Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Orange Creamsicle Socials 2:00pm Saturday Matinee 5:30 Evening Documentary
10:30am Start The Day 11:00am Sunday Stretches 2:30pm Bear Valley Christian Church Service -AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night	10:00am Start The Day 10:30am Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 2:30pm Curtis McDonald -AL LR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program	10:00am Start The Day 11:00am Morning Exercise 11:15am Daily Affirmations 11:30am Play Baseball w/ Balloons 1:30pm Hydration Station w/snacks 5:30 Evening Chats	10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Tea Time 2:30pm Visits W/ Jill & Gracie (Dog) 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:00am Start The Day 10:30am Scenic Drive 11:30 Affirmations 11:35am Trivia 2:30pm Fiddling Fran -AL LR 5:30pm Matching & Social Hour	10:00am Start The Day 11:00am Exercise 11:15am Daily Affirmations 11:30am Hangman Game! 1:30pm Fruit Kebobs Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Lemonade Social 2:00pm Saturday Matinee 5:30 Evening Documentary
10:30am Start The Day 11:00am Sunday Stretches 2:30pm Green Mountain Christian Church Service -AL LR 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night	10:00am Start The Day 10:30am Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program	10:00am Start The Day 11:00am Morning Exercise 11:15am Daily Affirmations 11:30am Lets Play Soccer 1:30pm Hydration Station w/snacks 2:00pm Mark Paulson -AL LR 5:30 Evening Chats	10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Tea Time 2:30pm Leonard Barret -AL LR 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:00am Start The Day 10:30am Garden Club 11:00am Morning Stretches 11:15 Affirmations 11:30am Trivia 1:30pm Lets Make Cinnamon Rolls 5:30pm Matching & Social Hour	10:00am Start The Day 11:00am Exercise 11:15am Daily Affirmations 11:30am Hangman Game! 1:30pm Rootbeer Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	10:30am Start The Day 11:00am Saturday Stretches 11:15am Affirmations 11:30am Mena's Choice Activity 1:15pm Watermelon Social 2:00pm Saturday Matinee 5:30 Evening Documentary
10:30am Start The Day 11:00am Sunday Stretches 1:00pm Question of the Day 3:30pm Sunday Funday DeeAnna's Choice Activity 5:30pm Movie Night	10:00am Start The Day 10:30am Silver Strength -AL LR 11:00am Current Events 1:30pm Rosary - AL VR 3:30pm Happy Hour 3:45 Today In History 5:30 Resident Choice TV Program	10:00am Start The Day 10:30am Morning Stretches 10:45am Daily Affirmations 11:30am Lets Play Corn Hole 12:00pm Picnic 2:30pm Larry O'Conner -AL LR 5:30pm Matching & Social Hour	10:45am Start The Day 11:15am Chair Yoga 11:30am Meditation 11:45am Ball Toss 1:30pm Tea Time 2:00pm What's Your Favorite...? 5:30 Movie Night	10:00am Catholic Church Service - AL VR 10:00am Start The Day 10:30am Garden Club 11:00am Morning Stretches 11:15 Affirmations 11:30am Trivia 2:30pm Gary Reed -AL LR 5:30pm Matching & Social Hour	10:00am Start The Day 11:00am Exercise 11:15am Daily Affirmations 11:30am Hangman Game! 1:30pm Veggie Social 2:00pm 1:1 Check Ins w/ Mena 5:30pm Sorting & Social Hour	