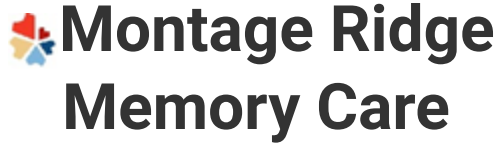


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Vitality Program Key AL Library - 1st Floor Library AL LV - 1st Floor Assisted Living - Living Room AL VR - 1st Floor Assisted Living - Vitality Room Religious Entertainment/Classes Special Events **Weather Permitting						
			10:00am Exercise with Emily - AL LR 10:00am Start the Day 10:30am Let's Dance with Hollis Taylor: Movement and Story Telling 11:15am Corny Jokes 1:15pm Sensory Station 2:00pm Name that Slogan 2:30pm Rick Iracki- Guitar/Vocals - AL LR 5:30pm Sorting & Social Hour	10:00am Catholic Church Service - AL VR 10:30am Start the Day 11:15am Short Stories 1:30pm Exercise With Emily - AL LR 2:00pm Famous Faces - AL LR 2:30pm Gio Barabadze - Piano - AL LR 3:45pm Poetry Reading 5:30pm Evening Classic TV Program	10:00am Start the Day 10:30am Exercise with Silver Strength - AL LR 1:30pm Tea Time 2:30pm Active Minds Presentation - AL LR 3:45pm Question Ball Toss 5:30pm Friday Night Film	10:00am Start the Day 10:30am Exercise Video 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Documentary
5 9:30am Today in History 10:00am Coffee Social 11:15am Patio & Music** 1:30pm Noodle Ball 2:15pm Sing-A-Long: Spiritual 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm Hydration Station 5:30pm Movie Night	6 10:00am Morning News & Hand Care 10:30am Exercise with Silver Strength - AL LR 11:15am Patio Social** 1:15pm Crafting with Dianne 1:30pm Rosary - AL Library 2:30pm Jerry Galloway - Astrology Presentation - AL LR 3:30pm Happy Hour 5:30pm Resident Choice TV Program	7 10:00am Start the Day 10:30am Crafting with Dianne 1:30pm Bingo 2:30pm Exercise with Emily - AL LR 3:15pm Hydration Station 3:45pm Magazine Sensory 5:30pm Evening Chats	8 10:00am Exercise with Emily - AL LR 10:45am Start the Day 11:15am Riddles 1:15pm Sensory Hour 2:00pm Name that Animal 2:30pm Visits w/ Jill & Gracie (Dog) 2:30pm - 4:00pm Red Paintbrush - Screen Printing - AL VR 3:30pm Hydration Station 5:30pm Sorting & Social Hour	9 10:00am Catholic Church Service - AL VR 10:30am Start the Day 11:15am Daily Affirmations 1:15pm Afternoon Stretches 2:00pm iSpy 2:30pm Leonard Barrett - Vocals - LR 3:30pm Hydration Station 5:30pm Evening Classic TV Program	10 10:00am Start the Day 10:30am Exercise with Silver Strength - AL LR 1:30pm Tea Time 2:30pm Funny Videos 3:00pm Magic Paint 3:30pm Beach Ball Bounce 5:30pm Friday Night Film	11 10:00am Start the Day 10:30am Exercise Video 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Documentary
12 9:30am Today in History 10:00am Coffee Social 11:15am Patio & Music** 1:30pm Balloon Volleyball 2:30pm Bingo 3:30pm Hydration Station 5:30pm Movie Night	13 10:00am Morning News & Hand Care 10:30am Exercise with Silver Strength - AL LR 11:15am Patio Social** 1:15pm November Trivia 1:30pm Rosary - AL Library 2:30pm Joyce Karchere - Vocals - AL LR 3:30pm Happy Hour 6:15pm Denver Broncos VS Buffalo Bills	14 10:00am Start the Day 10:30am Crafting with Dianne 1:15pm Name That Month 1:45pm Guess that Smell 2:30 Christina Shelton - Vocals - AL LR Birthdays Cake To Follow !!!! 5:30pm Evening Chats	15 10:00am Start the Day 10:30am Exercise Game with Addie 11:30am Corny Jokes 1:15pm Sensory Hour 2:00pm Name that Fruit 2:30pm Exercise with Emily - AL LR 3:15pm Reminiscing 3:45pm Poetry Reading 5:30pm Sorting & Social Hour	16 10:00am Catholic Church Service - AL VR 10:30am Start the Day 11:15am Short Stories 1:15pm Name that Sound 2:00pm Let's Dance with Hollis Taylor: Movement and Story Telling 2:30pm Dennis Young - Guitar/Vocals - AL LR 3:45pm Sort & Fold 5:30pm Evening Classic TV Program	17 10:00am Start the Day 10:30am Exercise with Silver Strength - AL LR 1:30pm Tea Time 2:30pm Coloring 3:00pm Afternoon Stretches 3:30pm Question Ball Toss 5:30pm Friday Night Film	18 10:00am Start the Day 10:30am Exercise Video 1:00pm Resident Free Choice Activity 1:30pm Craft Show/Mini Mall - AL LR 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Documentary
19 9:30am Today in History 10:00am Coffee Social 11:15am Patio & Music** 1:30pm Noodle Ball 2:15pm Sing-A-Long: Spiritual 2:30pm Bear Valley Christian Church Service - AL LR 3:30pm Hydration Station 6:20pm Denver Broncos VS Minnesota Vikings	20 10:00am Morning News & Hand Care 10:30am Exercise with Silver Strength - AL LR 11:15am Patio Social** 1:15pm Documentary 1:30pm Rosary - AL Library 2:30pm Crafting with Dianne 3:30pm Happy Hour 5:30pm Resident Choice TV Program	21 10:00am Start the Day 10:30am Thanksgiving Reminisce & Turkey Toss 11:15am Patio Time Thanksgiving Lunch 1:30pm Crafting with Dianne 2:30pm Dan McClerren -50's and 60's - AL LR 3:45pm Hydration Station 5:30pm Evening Chats	22 10:00am Start the Day 10:30am Exercise Game with Addie 11:30am Riddles 1:15pm Sensory Hour 2:00pm Name that Relative 2:30pm Visits w/ Jill & Gracie(Dog) 2:30pm - 4:00pm Red Paintbrush - Screen Printing - AL VR 3:30pm Hydration Station 5:30pm Sorting & Social Hour	23 10:00am Start the Day 10:30am Macy's Day Parade 11:30am Daily Affirmations 1:15pm Thanksgiving Trivia 1:45pm Exercise Game 2:30pm Thanksgiving Acrostics 3:00pm Reminiscing - Thanksgiving Traditions 3:30pm Hydration Station 5:30pm Evening Classic TV Program Thanksgiving	24 10:00am Start the Day 10:30am Stretching 1:30pm Tea Time 2:30pm Fill in the Blank 3:00pm Crazy State Laws 3:30pm Beach Ball Bounce 5:30pm Friday Night Film	25 10:00am Start the Day 10:30am Exercise Video 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30pm Evening Documentary
26 9:30am Today in History 10:00am Coffee Social 11:15am Patio & Music** 1:30pm Balloon Volleyball 2:05pm Denver Broncos VS Cleveland Browns 2:45pm All About November 3:30pm Hydration Station 5:30pm Movie Night	27 10:00am Morning News & Hand Care 10:30am Exercise with Silver Strength - AL LR 1:15pm Sing-A-Long: Spiritual Songs 1:30pm Rosary - AL Library 2:30pm Crafting with Dianne 3:30pm Happy Hour 5:30pm Resident Choice TV Program	28 10:00am Start the Day 10:30am Exercise with Emily - AL LR 11:15am Patio Time 1:30pm Crafting with Dianne 2:30pm Chris Kroger - Guitar/Vocals - AL LR 3:45pm Hydration Station 5:30pm Evening Chats	29 10:00am Exercise with Emily - AL LR 10:45am Start the Day 11:15am Corny Jokes 1:15pm Sensory Hour 2:00pm Name that Store 2:30pm Jane Barnes - Guitar/Vocals - AL LR 3:15pm Reminiscing 3:45pm Poetry Reading 5:30pm Sorting & Social Hour	30 10:00am Catholic Church Service - AL VR 10:30am Start the Day 11:15am Short Stories 1:30pm Exercise With Emily - AL LR 2:00pm Silly Facts - AL LR 2:30pm Clint Dadian - Jazz Guitar - AL LR 3:45pm Hydration Station 5:30pm Evening Classic TV Program	 Montage Ridge Memory Care November 2023	