Vitality Program Key  All Memory Care Programs are held in Memory Care unless otherwise noted  AL Library - Assisted Living 1st Floor Library  AL LV - Assisted Living 1st Floor Living Room  AL VR - Assisted Living 1st Floor Vitality Room  Religious  Entertainment/Classes  Special Event				Memory Care  MONTAGE RIDGE  A GENERATIONS COMMUNITY	10:00am Exercise Video 10:45am Memory Care Choice Activity 1:30p Tea Time 2:30pm Active Minds Presentation - AL LR 3:30pm Lawrence Welk Sing-A-Long 5:30p Friday Folding & Movie	10:00am Exercise Video 10:30am Memory Care Choice Activity 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30p Evening Documentary	2
11:15am Patio Social 1:30pm Exercise 2:30pm Green Mountain Christian Church Service - AL LR 3:30pm Facts Chat 5:30p Resident Choice Activity  Affirm 10:30 11:15 1:30p 2:30p Stren 3:30p	pm Dianne's Choice Activity pm Exercise with Silver ngth - AL LR pm Happy Hour p Movie Night	10:00am Morning Chat 10:30am Exercise with Veronica - AL LR 11:15am Patio Social 1:00pm Crafting with Dianne & Music Moments 2:30pm Harry Olsson - Guitar/Vocals - AL LR 3:30pm iSpy 5:30p Sorting & Social Hour	10:15am Morning Stretches 10:45am Newspaper Chat 1:15pm Game Time 1:45pm Fall Reminisce 2:30pm Rick Iracki - Guitar/Vocals - AL LR 3:30pm Sensory Hour 5:30p Movie Night	10:00am Catholic 7 Church Service - AL VR 10:45am Today in History Reminisce 1:00pm Magazine iSpy 1:30pm Exercise with Veronica - AL LR 2:30pm Warren Floyd - Guitar/Vocals - AL LR 3:30pm Hydration Station 5:30p Evening Wind Down	10:00am Exercise Video 10:45am Memory Care Choice Activity 1:30p Tea Time 2:30pm Deb Scheer - Guitar/Vocals - AL LR 3:30pm Hydration Station 5:30p Friday Folding & Movie	10:00am Exercise Video 10:30am Memory Care Choice Activity 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30p Evening Documentary	9
11:15am Patio Social 1:30pm Exercise 2:25pm Sunday Football: Broncos VS Las Vegas 3:30pm Sunday Sing-A-Long 5:30p Resident Choice Activity Affirm 10:30 11:15 1:30p 2:30p Stren 3:30p	Doam Morning Stretches & mations Doam Hand Care Sam Patio Chats Dianne's Choice Dom Rosary - AL Library Dom Exercise with Silver Dom Happy Hour	10:00am Morning Chat 10:30pm Exercise with Veronica - AL LR 11:15am Patio Social End Of Summer Carnival! Join us for an afternoon of Carnival Fun! 5:30p Sorting & Social Hour	10:15am Morning Stretches 10:45am Newspaper Chat 1:15pm Sensory Hour 2:05 - 2:30pm Visits w/ Jill & Gracie (Dog) 3:00pm Short Stories 3:30pm Afternoon Relax 5:30p Movie Night	10:00am Catholic Church Service - AL VR 10:45am Today in History Reminisce 1:00pm Magic Painting 1:30pm Exercise with Veronica - AL LR 2:30pm Leonard Barrett - Singer - AL LR 3:30pm Hydration Station 5:30p Evening Wind Down	10:00am Exercise Video 10:45am Memory Care Choice Activity 1:30p Tea Time 2:30pm Deva Yoder - Guitar/Vocals - AL LR 3:30pm Hydration Station 5:30p Friday Folding & Movie	10:00am Exercise Video 10:30am Memory Care Choice Activity 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30p Evening Documentary	16
11:15am Patio Social 1:30pm Exercise 2:30pm Bear Valley Christian Church Service - AL LR 3:30pm Sunday Football: Denver VS Washington 5:30p Resident Choice Activity  Affirm 10:30 11:15 1:30p 2:30p 3:30p	5am Patio Chats 5pm Watch: Concert Series 1pm Rosary - AL Library 1pm Exercise with Silver 1ngth - AL LR	10:30pm Exercise with Veronica - AL LR 11:15am Patio Social 1:00pm Crafting with Dianne & Music Moments 2:30pm Gary Reed - Guitar/Vocals - AL LR Birthday cake to follow! 5:30p Sorting & Social Hour	10:15am Morning Stretches 10:45am Newspaper Chat 1:15pm Game Time 1:45pm Back to School Reminisce 2:30pm Steve Smith - Guitar/Vocals - AL LR 3:30pm Sensory Hour 5:30p Movie Night	10:00am Catholic Church Service - AL VR 10:45am Today in History Reminisce 1:00pm Dance Break 1:30pm Exercise with Veronica - AL LR 2:30pm Molly Kauffman - Piano/Vocals - AL LR 3:30pm Hydration Station 5:30p Evening Wind Down	10:00am Exercise Video 10:45am Memory Care Choice Activity 1:30p Tea Time 2:30pm Bingo 3:30pm Hydration Station 5:30p Friday Folding & Movie	10:00am Exercise Video 10:30am Memory Care Choice Activity 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30p Evening Documentary	23
11:15am Patio Social 1:00pm Sunday Football: Denver VS Miami 1:30pm Exercise 3:30pm Sunday Sing-A-Long 5:30p Resident Choice Activity 10:30 - AL 11:15 1:15p 1:30p 2:30p 3:30p	LR 5am Patio Chats fpm Watch: Documentary pm Rosary - AL Library pm Bingo pm Happy Hour	10:30pm Exercise with Veronica - AL LR 11:15am Patio Social 1:00pm Crafting with Dianne & Music Moments 2:30pm Alan Vail - Guitar/Vocals - AL LR 3:30pm iSpy 5:30p Sorting & Social Hour	10:15am Morning Stretches 10:45am Newspaper Chat 1:15pm Sensory Hour 2:05 - 2:30pm Visits w/ Jill & Gracie (Dog) 3:00pm Short Stories 3:30pm Afternoon Relax 5:30p Movie Night	10:00am Catholic Church Service - AL VR 10:45am Today in History Reminisce 1:00pm Dance Break 1:30pm Exercise with Veronica - AL LR 2:15pm Magic Painting 3:30pm Hydration Station 5:30p Evening Wind Down	10:00am Exercise Video 10:45am Memory Care Choice Activity 1:30p Tea Time 2:30pm Dianne's Choice Activity 3:30pm Hydration Station 5:30p Friday Folding & Movie	10:00am Exercise Video 10:30am Memory Care Choice Activity 1:00pm Resident Free Choice Activity 2:15pm Social Hour 3:30pm Sing-A-Long 5:30p Evening Documentary	30

Wednesday

Thursday

Friday

Saturday

Tuesday

Sunday

Monday