



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>  <div> SERENTO ROSA A GENERATIONS COMMUNITY Assisted Living </div> </div> <div> <div>March</div> <div>2024</div> </div>						
9:15 SilverSneakers Fitness Class - RA 3 10 Catholic Communion-GR 10-Live Stream Christian Church 1:00 Bingo Game - B 2:30 Coloring Therapy - B 5:30 Resident's Choice Movie - B	9:30 StrongerU Senior Weight Training - RA 4 10:05 Music Appreciation Class with Cathy-B 1:00 Bingo Game - B 2:30 Texas Hold'em Poker Game - GR 5:30 National Geographics-B	9:30 Health and Wellness Exercise w/ Devon-RA 5 1:00 Food Nutrition Class-B 2:30 Bingo Game - B 3:30 Move More Month: Garden Walk Challenge-CY 4:30 El Rancho Jazz Night-RA 5:30 Poker Game Night - GR	9:30 StrongerU Yoga Stretch and Meditation-RA 6 10:10 Veteran's Café Chat-B 1:30 Catholic Communion-GR 2:00 Bingo Game - B 3:00 Flower Arranging -B 5:30 Evening Bible Study John/Mark, Jeanine on Piano	9:30 Music & Movement 7 10:00 Calm Meditation - Ra 10:15 Shopping Day - BT 1:00 Resident Council Meeting 3:00 Cocktails & Mocktails, Live Music by Elias- RA 5:30 Word Puzzle Challenge-B	9:30 Seated Aerobics-RA 1 10:00 Guided Meditation-RA 10:10 Senior Topics Class By Mary Frances - B 1:00 Bingo - B 3-Perry, Piano & Pizza Party-RA 5:30 Movie Streaming Night and Popcorn-B	9:30 StrongerU Sr. Fitness Cardio & Flex - RA 2 10:00 Calm Meditation 1:00 Bingo - B 2:30 Armchair Concert-B "Joni Mitchell, Live at BBC" 5:30 Classic Movie Night-B
9:15 SilverSneakers Fitness Class - RA 10 10 Catholic Communion-GR 10-Devotional Gathering w/ Dave 1:00 Bingo Game - B 2:30 Coloring Therapy - B 5:30 Table Games with Friend's Church - GR	9:30 StrongerU Senior Weight Training - RA 11 10:05 Memory Joggers Trivia 1:00 Bingo Game - B 2:30 Texas Hold'em Poker Game - GR 5:30 National Geographics-	9:30 Health and Wellness Exercise w/ Devon-RA 12 1:00 Food & Demo Nutrition Class w/ Rachel - B 2:30 Bingo Game - B 3:45 Move More Month: Garden Walk Challenge - CY 5:30 Poker Game Night - GR	9:30 StrongerU Yoga Stretch and Meditation-RA 13 10:10 Art for All Ages - B 1:00 Bingo Game - B 2:15 Satin & Pampered Hands with Zitlali of Mary Kay - GR 5:30 Evening Bible Study John/Mark, Jeanine on Piano	9:30 Music & Movement 14 10:00 Calm Meditation - Ra 10:15 Mystery Scenic Drive 1:00 Prize Bingo w/ Jeremy - B 3:00 March Celebrant Birthday Bash w/ Mathew-RA 5:30 Word Puzzle Challenge-B	9:30 Seated Aerobics - RA 15 10:00 Guided Meditation-RA 10:10 Senior Topics Class By Mary Frances - B 1:00 Bingo - B 2:30 Corn Hole Game - RA 5:30 Movie Streaming Night and Popcorn - B	9:30 StrongerU Sr. Fitness Cardio & Flex - RA 16 10:00 Calm Meditation 10:30 Senior Trivia - B 1:00 Bingo - B 2:30 Armchair Concert - B "Tom Jones Live at this Moment" 5:30 Classic Movie Night-B
9:15 SilverSneakers Fitness Class - RA 17 10 Catholic Communion-GR 10-Live Stream Christian Church 11:00 St. Patrick's Day Luncheon & Green Beer - DR 1-Live Music, Rob on Sax - B 2:30 Bingo Game - B	9:30 StrongerU Senior Weight Training - RA 18 10:05 Music Appreciation Class w/ Cathy-B 1:00 Bingo Game - B 2:30 Texas Hold'em Poker Game - GR 5:30 National Geographics-B	9:30 Health and Wellness Exercise w/ Devon-RA 19 1:00 Food & Demo Nutrition Class w/ Rachel - B 2:30 Bingo Game - B 3:45 Move More Month: Garden Walk Challenge - CY 5:30 Poker Game Night - GR	9:30 StrongerU Yoga Stretch and Meditation-RA 20 10:30 Catholic Mass w/ Fr Nick 1:00 Bingo Game - B 2:15 Dining Menu Chat w/Kim 5:30 Evening Bible Study- RA John/Mark, Jeanine on Piano	9:30 Music & Movement 21 10:00 Calm Meditation - Ra 10:15 Errand Day - BT 1:00 Bingo Game - B 3:00 Cocktails & Mocktails, Live Music with Cate - RA 5:30 Word Puzzle Challenge-B	9:30 Seated Aerobics -RA 22 10:00 Guided Meditation-RA 10:10 Senior Topics Class By Mary Frances - B 1:00 Bingo - B 2:30 Blackjack Table Game-RA 5:30 Movie Streaming Night and Popcorn - B	9:30 StrongerU Sr. Fitness Cardio & Flex -RA 23 10:00 Calm Meditation 10:30 Pet Therapy - CY/RA 1:00 Bingo - B 2:30 Armchair Concert: "Tammy Wynette" - B 5:30 Classic Movie Night-B
9:15 SilverSneakers Fitness Class - RA 24 10 Catholic Communion-GR 10-Devotional Gathering w/ Dave 1:00 Bingo Game - B 2:30 Coloring Therapy - B 5:30 Table Games with Friend's Church - GR	9:30 StrongerU Senior Weight Training - RA 25 10:05 Memory Joggers Trivia 1:00 Bingo Game - B 2:30 Texas Hold'em Poker Game - GR 5:30 National Geographics-B	9:30 Health and Wellness Exercise w/ Devon-RA 26 1:00 Food & Demo Nutrition Class w/ Rachel - B 2:30 Bingo Game - B 3:45 Move More Month: Garden Walk Challenge - CY 5:30 Poker Game Night - GR	9:30 StrongerU Yoga Stretch and Meditation-RA 27 10:10 Art for All Ages - B 1:00 Bingo Game - B 2:15 Activity Chat - B (input appreciated) 3:00 Flower Arranging -B 5:30 Evening Bible Study- RA	9:30 Music & Movement 28 10:00 Calm Meditation - Ra 11:00 Lunch Out -BT 1:00 Bingo Game - B 3:00 Cocktails & Mocktails, Live Music with Tom - RA 5:30 Word Puzzle Challenge-B	9:30 Seated Aerobics -RA 29 10:00 Guided Meditation-RA 10:10 Senior Topics Class By Mary Frances - B 1:00 Bingo - B 2:30 Bocce Game - RA 5:30 Movie Streaming Night and Popcorn - B	9:00 StrongerU Sr. Fitness Cardio & Flex -RA 30 10-12 Easter Brunch - DR Live Harp Music w/ Rosemary 2:00 Bingo - B 3:00 Armchair Concert: "Dolly in London" - B 5:30 Classic Movie Night-B
9:15 SilverSneakers Fitness Class - RA 31 10 Catholic Communion-GR 10-Live Stream Christian Church 1:00 Bingo Game - B 2:30 Coloring Therapy - B 5:30 Resident's Choice Movie - B	<div>  <div> Legend: DR-Dining Rm CY-Courtyard BT-Bus RA-Receiving Area B-Bistro GR-Game Room </div> </div>					