Sunday Monday Tuesday Wednesday Thursday Friday Saturday

## March 2025 Memory care

The Perk
9:30 Morning Stretching
10am Trivia & Hot Cocoa
11 am Karaoke /dancing
1pm Funny animals videos
2pm St.Patricks Craft/coloring
2:30 pm Snack Time
3pm Musical Time
4pm Relax music

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The Perk 9:30 Morning Stretching 10am Hymns Singing 11am Church Service 1pm Funny Videos with Animals 1:30 pm Active Games 2:30 pm Snack Time 3pm Favorite western movie 4pm Relax music	The Perk 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Bingo 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music	The Perk Mardi Gras all day 29:30 Morning Stretching 10am Trivia 11am Sing along 1pm Funny animals videos 1:30 pm Arts and Craft group 2:30 pm Snack Time 3pm Favorite comedy 4pm Relax music	The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Big Joe Show 1:30 pm Baking Group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music	5	The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30 pm Trivia 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11am Dancing,moving,playing 1pm Bingo 2pm Music by Beth 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	The Perk International Women's 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11 am Karaoke /dancing 1pm Funny animals videos 2pm Flowers/coloring 2:30 pm Snack Time 3pm Musical Time 4pm Relax music	Dag
The Perk 9:30 Morning Stretching 10am Hymns Singing 11am Church Service 1pm Funny Videos with Animals 1:30 pm Trivia 2:30 pm Snack Time 3pm Favorite western movie 4pm Relax music	The Perk 9:30 Morning Stretching 10am Puzzle Social 11am Exercise class with Jullian 1pm Bingo 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music	The Perk 9:30 Morning Stretching 10am Trivia 11am Sing along 1pm Funny animals videos 2pm Music by Raymond 2:30 pm Snack Time 3pm Favorite comedy 4pm Relax music	The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Big Joe Show 1:30 pm Baking Group 2pm Visit with Molly 2:30 pm Snack Time 3pm Travel Video 4pm Relax music	12	The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30 pm Trivia 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11am Dancing,moving,playing 1pm Bingo 2pm Active games 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11 am Karaoke /dancing 1pm Funny animals videos 2pm St.Patricks Craft/coloring 2:30 pm Snack Time 3pm Musical Time 4pm Relax music	15
The Perk 9:30 Morning Stretching 10am Hymns Singing 11am Church Service 1pm Funny Videos with Animals 1:30 pm Active Games 2:30 pm Snack Time 3pm Favorite western movie 4pm Relax music	The Perk St Patricks Day all day 9:30 Morning Stretching 10am Puzzle Social 11am Riverside Dancing Time 1pm Bingo with Green Prizes 2:30 pm Green Snack Time 3pm Favorite Irish movie 4pm Relax music	7 The Perk 9:30 Morning Stretching 10am Trivia 11am Sing along 1pm Funny animals videos 1:30 pm Arts and Craft group 2:30 pm Snack Time 3pm Favorite comedy 4pm Relax music	The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Big Joe Show 1:30 pm Baking Group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music	19	The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11:15am Miniature Horses Visit 1pm Music by Susan on Youtube 1:30 pm Trivia 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11am Dancing,moving,playing 1pm Bingo 2pm Active games 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11 am Karaoke /dancing 1pm Funny animals videos 2pm Coloring 2:30 pm Snack Time 3pm Musical Time 4pm Relax music	22
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The Perk 9:30 Morning Stretching	The Perk 0:20 Morning Strotching	1						



9:30 Morning Stretching 10am Hymns Singing

1pm Funny Videos with Animals

3pm Favorite western movie

11am Church Service

1:30 pm Active Games

2:30 pm Snack Time

4pm Relax music

9:30 Morning Stretching

10am Puzzle Social

1pm Bingo

11am Dancing Pause

2:30 pm Snack Time

3pm Favorite movie

4pm Relax music