

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2023

PARKVIEW VITALITY SCHEDULE

<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Morning Stretch-MS/GR 10:30 Basketball Game-MS 10:30 Golf Game-GR 1:00 Movie Star Trivia-MS/GR 1:30 Balloon Tennis-MS/GR 2:30 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Nature Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time-MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Rummikub & Dominoes-MS/GR 2:00 Bean Bag Toss-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 10:00 Vet to Vet-GR 11:00 Volleyball Game-GR 1:00 Pretty Nails- MS/ GR 2:00 BINGO- MS/ GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 10:30 Bowling Game-MS/GR 1:00 Ball Toss-MS/GR 1:30 Scenic Drive-MS 2:00 BINGO-MS/GR 3:00 Sing Along-MS/GR 5:00 "Residents Choice"-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Basketball Game-MS 10:30 Volleyball Game-GR 1:00 Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 BINGO NIGHT-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:00 Welcome New Resident Social-GR 1:00 Watercolor Project-MS/GR 1:30 Scenic Drive-MS 2:00 BINGO- MS/GR 3:00 Balloon Tennis-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down -GR 7:00 Romantic Movies -VT</p>
<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Morning Stretch-MS/GR 10:30 Basketball Game-MS 10:30 Golf Game-GR 1:00 Movie Star Trivia-MS/GR 1:30 Balloon Tennis-MS/GR 2:30 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Nature Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time-MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Rummikub & Dominoes-MS/GR 2:00 Bean Bag Toss-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 10:00 Vet to Vet-GR 11:00 Volleyball Game-GR 1:00 Pretty Nails- MS/ GR 2:00 BINGO- MS/ GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 10:30 Bowling Game-MS/GR 1:00 Ball Toss-MS/GR 1:30 Scenic Drive-MS 2:00 BINGO-MS/GR 3:00 Sing Along-MS/GR 5:00 "Residents Choice"-GR 5:00 Evening Stroll- MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Basketball Game-MS 10:30 Volleyball Game-GR 1:00 Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 BINGO NIGHT-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Watercolor Project-MS/ GR 1:30 Scenic Drive-MS 2:00 BINGO- MS/GR 2:30 Pop Corn Social-MS/GR 3:00 Balloon Tennis-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Romantic Movies-VT</p>
<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Morning Stretch-MS/GR 10:30 Basketball Game-MS 10:30 Golf Game-GR 1:00 Movie Star Trivia-MS/GR 1:30 Balloon Tennis-MS/GR 2:30 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Nature Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time-MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Rummikub & Dominoes-MS/GR 2:00 Bean Bag Toss-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 9:30 Scenic Drive-MS 10:30 Balloon Baseball-MS 10:30 Volleyball-Game-GR 1:00 Pretty Nails- MS/ GR 2:00 BINGO- MS/ GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time-MS/GR 9:30 Sit & Be Fit- MS/GR 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 10:00 Virtual Reality Experience (Stress Relief) w/ Anchor Health-VT 1:00 Ball Toss-MS/GR 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 "Residents Choice"-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:00 St. Patrick's and Birthday Celebration w/ Raymond-GR 1:00 Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 BINGO NIGHT-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Watercolor Project-MS/ GR 2:00 BINGO- MS/GR 2:00 Pop Corn Social-MS/GR 3:00 Balloon Tennis-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down- GR 7:00 Romantic Movies - VT</p>
<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Pretty Nails- MS/GR 9:30 Morning Stretch-MS/GR 10:00 Catholic Communion-C 10:30 Basketball Game-MS 10:30 Golf Game-GR 1:00 Movie Star Trivia-MS/GR 1:30 Balloon Tennis-MS/GR 2:30 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Nature Documentary"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time-MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Rummikub & Dominoes-MS/GR 2:00 Bean Bag Toss-MS/GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down 7:00 Classical Movies</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage- MS/GR 9:30 Morning Stretch-MS/GR 10:30 Balloon Baseball-MS 10:30 Volleyball Game-GR 1:00 Pretty Nails- MS/GR 2:00 BINGO- MS/ GR 3:00 Sing Along-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Western Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:00 Hair & Lotion Time-MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Random Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Musical Movies"-VT</p>	<p>8:30 News & Views-MS/GR 8:45 Newspaper Review-GR 9:00 Hand Massage-MS/GR 9:30 Morning Stretch-MS/GR 10:30 Bowling Game-MS/GR 1:00 Ball Toss-MS/GR 2:00 BINGO- MS/GR 3:00 Sing Along-MS/GR 5:00 "Residents Choice"-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p>	<p>8:30 Daily Chronicles-MS/GR 8:45 Newspaper Review-GR 9:30 Pretty Nails- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Basketball Game-MS 10:30 Volleyball Game-GR 1:00 Trivia-MS/GR 1:30 Craft Project-MS/GR 2:30 Puzzles & Dominoes-MS/GR 5:00 BINGO NIGHT-GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p>	<p>8:30 News & Views-2nd Fl. GR 8:30 News & Views-MS/GR 9:00 Hand Massage- MS/GR 9:30 Sit & Be Fit- MS/GR 10:30 Bowling Game-MS/GR 1:00 Watercolor Project-MS/GR 1:30 Scenic Drive-MS 2:00 BINGO- MS/GR 2:00 Pop Corn Social-MS/GR 3:00 Balloon Tennis-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Romantic Movies- VT</p>
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