

Vitality Theme: Mental Health Awareness

Birthdays!

Location Guide

"What mental health needs is more sunlight, more candor, and more unashamed conversation." - Glenn Close



LIC#1640

1st Floor W - West Entrance
 EE - East Entrance
 VC - Vitality Center
 R - Restaurant
 GC - Golf Course CH-Chapel
 PDR-Private Dining
2nd Floor
 BC -Business Center
 LIB -Library
 2L -2nd Floor Lobby

BS-Beauty Salon
 2E-2nd Floor East Wing
 CON -Conference Room
3rd Floor RR - Red Rooster
 GAM -Game Room
 TH -Movie Theater
 CR -Comunity room
 B-Balcony
 TBD-To Be Determined

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Color Key:
 *Outings - Sign Up on 3rd Floor
 In-House Special Events
 Calendars are subject to change at moment's notice

1	2	3				
10:00 Exercise (CON) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:45 St. Paul's Concert(W)* 2:00 Seated Stretching(VC) 2:00Cooking with Hailey(CR) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Friday Shopping (W) 9:30 Sound Audiology (GAM) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:15 Dominos 2:00 Birthday Party (CON) 4:00 Live 50's Music® 3:00 Movie (TH) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:15 Dominos (2L) 1:30 Men's Poker (2L) 2:30Jacob Phone Help(CON) 3:00 Movie (TH) 3:30 Table Games (2L) 6:00 Evening Movie (TH)				
4	5	6	7	8	9	10
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:00 Exercise (2L) 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:30 Dominoes (2L) 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(CR) 11:30 Goodwill Courses (W) 1:30-4:00 Medical Transport 1:30 Dominos (2L) 2:45Craft:Flower Basket(2L) 3:30 Walking Group (EE)	8-4:30 Medical Transport 10:15 Gentle Yoga (VC) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:30 Bible Study (CH) 2:00 Hangman (2L) 2:00 Seated Stretching(VC) 3:00Emma's Crochet Club(CR) 3:00Tuesday Docu (TH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:15 Dominos (2L) 2:00 Snacks with Sallie (2L) 3:00 Movie (TH) 2:00Savvy's Water Aerob.(Pool) 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	8:00 Men's Breakfast (CR) 10:00 Exercise (CON) 10:00Presbyterian Srrvice(CH) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 2:00 AL Council (CON) 2:00 Seated Stretching(VC) 2:00Cooking with Hailey(CR) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Friday Shopping (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:45 Lunch Bunch (W)* 1:15 Dominos 2:30 Floral Arranging (2L) 3:00 Movie (TH) 3:30 Walking Group(EE) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:30 Men'sPoker (2L) 1:30 Dominos 2:30Jacob Phone Help(CON) 3:00 Movie (TH) 3:30 Table Games (2L) 6:00 Evening Movie (TH)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11 - Mother's Day	12	13	14	15	16	17
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:00 Exercise (2L) 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:30 Dominos 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:30 Goodwill Courses(W) 1:30-4:30 Medical Transport 1:30 Dominos (2L) 2:30 Craft:Flower Bookmarks(2L) 3:30 Walking Group (EE) 3:30 Rummy (2L)	8-4:30 Medical Transport 10:00 Exercise (CON) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 1:30 Bible Study (CH) 12:00 Pianist Carolyn ® 2:00 Seated Stretching(VC) 3:00 Emma's Crochet Club(CR) 3:00 Tuesday Docu (TH) 6:30 WW Symphony (W)*	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:15 Dominos (2L) 2:00 Savvy's Water Aerob.(Pool) 2:30 Vision Loss Present.(CON) 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	10:00 Exercise (CON) 11:00 Episcopal Service(CH) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 2:00 Seated Stretching(VC) 2:00 Resident Orientation(CON) 2:00 Cooking with Hailey(CR) 2:30 Rick Doyle Guitar ® 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Friday Shopping 9:30 WW Audiology (GAM) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:15 Dominoes (2L) 2:00 Albertsons&Joanns(W)* 2:00 Veteran's Social(CON) 6:00 Evening movie (TH) 6:30 Fri. Evening Praise(CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:30 Men's Poker (2L) 1:30 Dominos 2:30 Jacob Phone Help(CON) 3:30 Table Games (2L) 3:00 Movie (TH) 6:00 Evening Movie (TH)
18	19	20	21	22	23	24
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:00 Exercise (2L) 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:30 Dominos 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(CR) 11:30 Goodwill Courses (W) 1:30-4:30 Medical Transport 2:30 Craft:Flower Paperchain(2L)	8-4:30 Medical Transport 10:00 Exercise (CON) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 1:30 Bible Study (CH) 2:00 Words in Words (2L) 2:00 Seated Stretching (VC) 3:00 Don's Town Hall(CON) 3:00 Tuesday Docu (TH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:15 Dominos (2L) 2:00 New Resident Social(RR) 2:00 Savvy's Water Aerob.(Pool) 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	10:00 Exercise (CON) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 11:00 Episcopal Service (CH) 2:00 Victoria&Albert (CON) 2:00 Seated Stretching(VC) 2:00 Cooking with Hailey(CR) 3:00 Movie (TH) 6:00 Evening Movie (TH)	9:00 Friday Shopping (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:15 Dominos (2L) 2:00 Putt-Putt Tournament(GC) 3:00 Movie (TH) 3:30 Walking Group (EE) 6:30 Fri. Evening Praise(CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:30 Men's Poker (2L) 2:30 Jacob Phone Help(CON) 3:30 Table Games (2L) 3:00 Movie (TH) 6:00 Evening Movie (TH)
25	26 - Memorial Day	27	28	29	30	31
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:00 Exercise (2L) 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:30 Dominos (2L) 3:00 Movie (TH) 3:30 Walking Group (EE) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 11:30 Goodwill Courses (W) 1:30-4:30 Medical Transport 1:30 Dominos (2L) 2:45 Craft:Red Poppies(2L) 3:00 Memorial Day Service(CON)	8-4:30 Medical Transport 10:00 Exercise (CON) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 1:30 Bible Study (CH) 2:00 Seated Stretching (VC) 3:00 Emma's Crochet Club(CR) 3:00 Tuesday Docu (TH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:15 Dominos (2L) 2:00 Savvy's Water Aerob.(Pool) 3:00 Movie (TH) 3:30 Walking Group (EE) 4:45 Dinner Dash (W) 6:00 Evening Movie (TH)	10:00 Exercise (CON) 10:15 Gentle Yoga (VC) 10:40 Candy Bingo (CON) 2:00 Seated Stretching(VC) 2:00 Cooking with Hailey(CR) 3:00 Movie (TH) 6:00 Evening Movie (TH)	8-12 Love It or Leave It(2ndFlo) 9:00 Friday Shopping (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:15 Dominos 3:00 Movie (TH) 3:30 Walking Group(EE) 6:00 Evening Movie (TH) 6:30 Fri. Evening Praise (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 1:30 Men's Poker (2L) 2:30 Jacob Phone Help(CON) 3:30 Table Games (2L) 3:00 Movie (TH) 6:00 Evening Movie (TH)