

Sunday

Monday

Tuesday

Wednesday

Thursday


Friday

Saturday

May 2024

PARKVIEW VITALITY CALENDAR

GR: Great Room MS: Main St. C: Chapel VT: Village Theater TP: Torrey Pines
Activities Difficulty Level : Easy * Medium**

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|---|--|---|---|---|--|--|
| <p>8:30 50's Music Sing Along-MS* 8:30 Word Search & Crosswords-GR ** 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & be Fit-GR ** 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 11:10 Catholic Communion-C 1:00 Famous Faces & Places-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Craft Project-GR ** 2:30 Sing Along & Puzzles-MS* 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 Reading & Puzzles-GR ** 8:30 Reminisce w/ Pictures & Music-MS 9:15 News & Views-MS/GR 9:30 Morning Fitness-GR ** 9:30 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS * 10:30 Volleyball Game-GR ** 1:00 Coloring Project-MS/GR 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 7:00 Classical Movies-VT</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Canvas Creation-GR ** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Shelter Island-MS** 2:00 BINGO- MS/GR</p> | <p>8:30 Watercolor Project-MS * 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS * 10:30 Bean Bag Toss-GR ** 1:00 Finish the line-MS/GR 1:30 "Paper Flower Project"-MS* 1:30 "Paper Mache Creation"*** 2:30 Mother's Day Card Decoration-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Dance & Stretching-MS * 9:30 Noddle Exercise & Aromatherapy-TP 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Silver Strand -MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS</p> | <p>8:30 Reminisce w/ Pictures & Music-MS 8:30 Word Search & Crosswords-GR ** 9:15 News & Views-MS/GR 1:00 Plaster of Paris Project-GR** 1:00 Watercolor Masterpiece-MS* 1:30 Garden Visit-CY 2:00 Welcome New Resident & 5 de Mayo Celebration-CY 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p> | <p>8:30 National Geographic Reading & Coloring-GR** 8:30 Watercolor Project-MS* 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Finish the Line-MS/GR 1:30 Coloring Project-MS/ GR 2:00 Christian Service w/Ed Equid-C 2:00 Pop Corn Social-MS/GR 2:30 BINGO- MS/GR 5:00 Evening Stroll-M</p> |
| <p>8:30 50's Music Sing Along-MS* 8:30 Word Search & Crosswords-GR ** 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & be Fit-GR ** 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Craft Project-GR ** 2:30 Sing Along & Puzzles-MS* 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 Reading & Puzzles-GR ** 8:30 Reminisce w/ Pictures & Music-MS 9:15 News & Views-MS/GR 9:30 Morning Fitness-GR ** 9:30 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS * 10:30 Volleyball Game-GR ** 1:00 Coloring Project-MS/GR 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 7:00 Classical Movies-VT</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Canvas Creation-GR ** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Shelter Island-MS** 2:00 BINGO- MS/GR</p> | <p>8:30 Watercolor Project-MS * 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS * 10:30 Bean Bag Toss-GR ** 1:00 Finish the line-MS/GR 1:30 "Paper Flower Project"-MS* 1:30 No Sew Tie Pillow Project-GR ** 2:30 Mother's Day Card Decoration-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Dance & Stretching-MS * 9:30 Noddle Exercise & Aromatherapy-TP 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Point Loma-MS ** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS</p> | <p>8:30 Reminisce w/ Pictures & Music-MS 8:30 Word Search & Crosswords-GR ** 9:15 News & Views-MS/GR 9:30 Hand Massage & Pretty Nails-TP 9:30 Morning Fitness-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Tennis-MS/GR 1:00 Plaster of Paris Project-GR** 1:00 Watercolor Masterpiece-MS* 1:30 Garden Visit-CY 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Coloring-GR** 8:30 Watercolor Project-MS* 9:15 News & Views-MS/GR 9:30 Dance & Stretching-MS* 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS ** 10:30 Volleyball Game-GR ** 1:00 Finish the line-MS/GR 1:30 Coloring Project-MS/ GR 1:30 Scenic Drive to Mission Bay-MS ** 2:00 Christian Service w/Ed Equid-C 2:00 Pop Corn Social-MS/GR 2:30 FAMILY BINGO- MS/GR</p> |
| <p>8:30 50's Music Sing Along-MS* 8:30 Word Search & Crosswords-GR ** 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & be Fit-GR ** 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Craft Project-GR ** 2:30 Sing Along & Puzzles-MS* 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p> | <p>8:30 Reading & Puzzles-GR ** 8:30 Reminisce w/ Pictures & Music-MS 9:15 News & Views-MS/GR 9:30 Morning Fitness-GR ** 9:30 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS * 10:30 Volleyball Game-GR ** 1:00 Coloring Project-MS/GR 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Canvas Creation-GR ** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Coronado-MS** 2:00 BINGO- MS/GR</p> | <p>8:30 Watercolor Project-MS * 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS * 10:30 Bean Bag Toss-GR ** 1:00 Finish the line-MS/GR 1:30 "Paper Flower Project"-MS* 1:30 "Paper Mache Creation"*** 2:30 Balloon Toss-MS* 2:30 Craft Project-GR ** 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 10:00 Mother's Day Celebration w/Folklorico Dancers-CY 1:00 Clay Project-MS/GR 1:30 Scenic Drive-MS 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Comedy Movies"-VT</p> | <p>8:30 Reminisce w/ Pictures & Music-MS 8:30 Word Search & Crosswords-GR ** 9:15 News & Views-MS/GR 9:30 Hand Massage & Pretty Nails-TP 9:30 Morning Fitness-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Tennis-MS/GR 1:00 Plaster of Paris Project-GR** 1:00 Watercolor Masterpiece-MS* 1:30 Garden Visit-CY 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Action Movies-VT</p> | <p>8:30 National Geographic Reading & Coloring-GR** 8:30 Watercolor Project-MS* 9:15 News & Views-MS/GR 9:30 Chicken Soup for the Soul & Picture Trivia-TP 9:30 Dance & Stretching-MS* 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS ** 10:30 Volleyball Game-GR ** 1:00 Finish the Line-MS/GR 1:30 Coloring Project-MS/ GR 1:30 Scenic Drive to Midway Museum-MS**</p> |
| <p>8:30 50's Music Sing Along-MS* 8:30 Word Search & Crosswords-GR ** 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & be Fit-GR ** 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Famous Faces & Places-MS/GR 1:30 Watercolor Project-MS/GR 2:30 Craft Project-GR ** 3:00 Sing Along & Puzzles-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 Reading & Puzzles-GR ** 8:30 Reminisce w/ Pictures & Music-MS 9:15 News & Views-MS/GR 9:30 Morning Fitness-GR ** 9:30 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS * 10:30 Volleyball Game-GR ** 1:00 Coloring Project-MS/GR 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Canvas Creation-GR ** 1:00 Flower Arrangement-MS * 1:30 Walking Club to Heritage Park-MS** 2:00 BINGO- MS/GR</p> | <p>8:30 Watercolor Project-MS * 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS * 10:30 Bean Bag Toss-GR ** 10:30 Noddle Balloon Strike-MS/GR 1:00 Finish the line-MS/GR 2:00 Birthday Celebration Social w/Raymond-GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Dance & Stretching-MS * 9:30 Noddle Exercise & Aromatherapy-TP 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Harbor Island-MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS</p> | <p>8:30 Reminisce w/ Pictures & Music-MS 8:30 Word Search & Crosswords-GR ** 9:15 News & Views-MS/GR 9:30 Hand Massage & Pretty Nails-TP 9:30 Morning Fitness-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Tennis-MS/GR 1:00 Plaster of Paris Project-GR** 1:00 Watercolor Masterpiece-MS* 1:30 Garden Visit-CY 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Coloring-GR** 8:30 Watercolor Project-MS* 9:15 News & Views-MS/GR 9:30 Chicken Soup for the Soul & Picture Trivia-TP 9:30 Dance & Stretching-MS* 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS ** 10:30 Volleyball Game-GR ** 1:00 Finish the Line-MS/GR 1:30 Coloring Project-MS/GR 1:30 Scenic Drive to Coronado Beach-MS**</p> |
| <p>8:30 50's Music Sing Along-MS* 8:30 Word Search & Crosswords-GR ** 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & be Fit-GR ** 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:30 Watercolor Project-MS/GR 2:30 Craft Project-GR ** 3:00 Sing Along & Puzzles-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 "Documentary"-VT</p> | <p>8:30 Reading & Puzzles-GR ** 8:30 Reminisce w/ Pictures & Music-MS 9:15 News & Views-MS/GR 9:30 Morning Fitness-GR ** 9:30 Stretching w/ Music-MS* 10:30 Balloon Parachute Game-MS * 10:30 Volleyball Game-GR ** 1:00 Coloring Project-MS/GR 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR 7:00 Classical Movies-VT</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS* 9:15 Daily Chronicles-MS/GR 9:30 Moving & Counting-MS * 9:30 Sit & Be Fit-GR ** 9:30 Watercolor & Movie Star Reminisce-TP 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Game-GR ** 1:00 Canvas Creation-GR ** 1:00 Flower Arrangement-MS * 1:30 Scenic Drive to Seaport Village-MS** 2:00 BINGO- MS/GR</p> | <p>8:30 Watercolor Project-MS * 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS * 10:30 Bean Bag Toss-GR ** 1:00 Finish the line-MS/GR 1:30 "Paper Flower Project"-MS* 1:30 "Paper Mache Creation"*** 2:30 Balloon Toss-MS* 2:30 Craft Project-GR ** 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> | <p>8:30 National Geographic Reading & Card Matching-GR** 8:30 Sing Along w/ Abba & Coloring-MS * 9:15 Daily Chronicles-MS/GR 9:30 Dance & Stretching-MS * 9:30 Noddle Exercise & Aromatherapy-TP 9:30 Sit & Be Fit-GR ** 10:30 Bowling Game-MS * 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Imperial Beach-MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS</p> | <p>8:30 Reminisce w/ Pictures & Music-MS 8:30 Word Search & Crosswords-GR ** 9:15 News & Views-MS/GR 9:30 Hand Massage & Pretty Nails-TP 9:30 Morning Fitness-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Tennis-MS/GR 1:00 Plaster of Paris Project-GR** 1:00 Watercolor Masterpiece-MS* 1:30 Garden Visit-CY 2:00 Scrapbooking-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR</p> |  <p>PARADISE VILLAGE A GENERATIONS COMMUNITY</p> |