


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
<b>Legend:</b> <b>DR - Dining Room</b> <b>BT - Bus Trip</b> <b>CY- Courtyard</b> <b>AR- Activity Room</b> <b>RA - Receiving Area</b> <b>AL - Assisted living</b>	8:30 Daily News AR <b>1</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Funny Videos AR 1:00 <b>Health &amp; Wellness w/Lilia</b> 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>2</b> 9:00 <b>Food &amp; Demo Nutrition Class w/ Rachel</b> 10:50 The Daily Chronicle AR 1:00 Bingo 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>3</b> 9:00 let's Keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Back yard Bird Watch 11:30 Lunch at AL 1:30 <b>Music Art w/Karen RA</b> 5:00 Evening Movie AR	8:30 Daily News AR <b>4</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 <b>Bible Study w/Gary AR</b> 12:30 Memory Lane Game 2:00 Racket balloon Time AR 3:00 Snack Time AR 5:00 A Roman Holiday Movie	8:30 Daily News AR <b>5</b> 9:00 Body Strength AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Memory Lane Game 11:30 <b>Cinco de Mayo Lunch</b> 12:30 Racket balloon Time 2:00 Ice Cream Social AR 5:00 Friday Night Movie AR	8:30 Daily News AR <b>6</b> 9:00 Let's keep Moving AR 9:30 The Daily Chronicle AR 9:20 Mindful Meditation AR 10:00 Memory Lane Game 12:30 Racket balloon Time 2:00 Aromatherapy and Hand Massage 5:00 Evening Movie AR		
8:30 Daily News AR <b>7</b> 9:00 let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 11:00 Karaoke Time 1:30 Bingo AR 5:00 Evening Movie AR	8:30 Daily News AR <b>8</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 American Got Talent 1:00 <b>Health &amp; Wellness w/Lilia</b> 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>9</b> 9:00 <b>Food &amp; Demo Nutrition Class w/ Rachel</b> 10:50 The Daily Chronicle AR 1:00 Bingo 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>10</b> 9:00 let's Keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:30 <b>Travel Boutique AL</b> 11:30 Lunch at AL 1:30 <b>Music Art w/Karen RA</b> 5:00 Evening Movie AR	8:30 Daily News AR <b>11</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 <b>Bible Study w/Gary AR</b> 12:30 Watercolor Painting Spring Butterflies <b>2:30 May Celebrant Birthday Bash w/Matthew</b>	8:30 Daily News AR <b>12</b> 9:00 Body Strength AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Memory Lane Game AR 12:30 Racket balloon Time AR 2:00 Ice cream Social AR 5:00 Friday Night Movie AR	8:30 Daily News AR <b>13</b> 9:00 Let's keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 11:00 <b>Pet Therapy AR</b> 12:30 Racket balloon Time 2:00 Snack Time AR 5:00 Evening Movie AR		
8:30 Daily News AR <b>14</b> 9:00 let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 11:30 <b>Mother Day Lunch</b> 1:00 Special Mother Day Bingo 2:30 <b>Music w/Paul AL</b>	8:30 Daily News AR <b>15</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 American Got Talent 1:00 <b>Health &amp; Wellness w/Lilia</b> 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>16</b> 9:00 <b>Food &amp; Demo Nutrition Class w/ Rachel</b> 10:50 The Daily Chronicle AR 1:00 Bird House Painting 2:00 Bingo 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>17</b> 9:00 let's Keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:30 <b>Catholic Mass with Father Nick</b> 11:30 Lunch at AL 1:30 <b>Music Art w/Karen RA</b> 5:00 Evening Movie	8:30 Daily News AR <b>18</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 <b>Bible Study w/Gary AR</b> 12:30 Memory Lane Game 2:00 Racket balloon Time AR <b>3:00 Music w/Cate</b> 5:00 Evening Movie AR	8:30 Daily News AR <b>19</b> 9:00 Body Strength AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Memory Lane Game AR 12:30 Racket balloon Time AR 2:00 Ice cream Social AR 5:00 Friday Night Movie AR	8:30 Daily News AR <b>20</b> 9:00 Let's keep Moving AR 9:30 The Daily Chronicle AR 9:20 Mindful Meditation AR 10:00 Memory Lane Game 12:30 Racket balloon Time 2:00 Aromatherapy and Hand Massage 5:00 Evening Movie AR		
8:30 Daily News AR <b>21</b> 9:00 let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 11:00 Karaoke Time 1:00 Bingo AR 5:00 Evening Movie AR	8:30 Daily News AR <b>22</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Funny Videos AR 1:00 <b>Health &amp; Wellness w/Lilia</b> 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>23</b> 9:00 <b>Food &amp; Demo Nutrition Class w/ Rachel</b> 10:50 The Daily Chronicle AR 1:00 Bingo 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>24</b> 9:00 let's Keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Back yard Bird Watch 1:30 <b>Music Art w/Karen RA</b> 5:00 Evening Movie AR	8:30 Daily News AR <b>25</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 <b>Bible Study w/Gary AR</b> 12:30 Memory Lane Game <b>2:00 Music w/Dave</b> 5:00 Evening Movie AR	8:30 Daily News AR <b>26</b> 9:00 Body Strength AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Memory Lane Game AR 12:30 Racket balloon Time AR 2:00 Ice Cream Social AR 5:00 Friday Night Movie AR	8:30 Daily News AR <b>27</b> 9:00 Let's keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 11:00 <b>Pet Therapy AR</b> 12:30 Racket balloon Time AR 2:00 Snack Time AR 5:00 Evening Movie AR		
8:30 Daily News AR <b>28</b> 9:00 let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 11:00 Karaoke Time 1:00 Bingo AR 5:00 Evening Movie AR	8:30 Daily News AR <b>29</b> 9:00 Flex your body AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Chain of Thought Game 11:30 <b>Memorial Day BAR-B-Q</b> 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>30</b> 9:00 let's Keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Memory Lane Game 1:00 Bingo 3:00 Snack Time AR 5:00 Evening Movie AR	8:30 Daily News AR <b>31</b> 9:00 let's Keep Moving AR 9:20 Mindful Meditation AR 9:30 The Daily Chronicle AR 10:00 Back yard Bird Watch 1:00 Racket balloon Time AR 3:00 Root Beer floats 5:00 Evening Movie AR	 <b>SERENTO ROSA</b> A GENERATIONS COMMUNITY			<h1>May 2023</h1> <h2>Memory Care</h2>	