

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

Memory Care

<p>The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30am Church Service with Scott 1pm Funny Videos with Animals 1:30 pm Ball Toss 2pm Arts and Craft time 2:30 pm Snack Time 3pm 1:1 Visits 3pm Favorite western movie 4pm Relax music</p> <p style="text-align: right;">1</p>	<p>The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Bingo 1:30pm Piano by Hugh (DR) 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music</p> <p style="text-align: right;">2</p>	<p>The Perk 9:30 Morning Stretching 10am Puzzle Social 10am Visiting with Willis 10:30am Baking with Tonja 11am Chair Zumba 1pm 60s Trivia on Youtube 2:30 pm Snack Time 3pm Favorite movie</p> <p style="text-align: right;">3</p>	<p>The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on Youtube 2pm Visit with Molly 2pm Craft group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music</p> <p style="text-align: right;">4</p>	<p>The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30 pm Music by Paul (DR) 1:30pm Travel Video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">5</p>	<p>The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Baking with Tonja 11am Dancing,moving,playing 2pm Music by Beth 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">6</p>	<p>The Perk 9:30 Morning Stretching 10am Reading favorite book 10:30pm Coloring Time 1pm Funny animals videos 1:30 pm Hand Massage 2pm Pretty Nails Time 2 :30am Snack Time 3pm Musical Time 3pm 1:1 Visits 4pm Relax music</p> <p style="text-align: right;">7</p>
<p>The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30am Church Service with Scott 1pm Funny Videos with Animals 1:30 pm Ball Toss 2pm Arts and Craft time 2:30 pm Snack Time 3pm 1:1 Visits 3pm Favorite western movie 4pm Relax music</p> <p style="text-align: right;">8</p>	<p>The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Bingo 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music</p> <p style="text-align: right;">9</p>	<p>The Perk 9:30 Morning Stretching 10am Puzzle Social 10:30am Baking with Tonja 10am Visiting with Willis 11am Chair Zumba 1:30 pm Music Time with Raymond 2:30 pm Snack Time 3pm Favorite movie</p> <p style="text-align: right;">10</p>	<p>The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on Youtube 2pm Visit with Molly 2pm Craft group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music</p> <p style="text-align: right;">11</p>	<p>The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30 pm Music by Paul (DR) 1:30pm Travel Video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">12</p>	<p>The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Baking with Tonja 11am Dancing,moving,playing 1pm Funny animals video 1pm Music by Jed(DR) 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">13</p>	<p>Happy Valentines day! 9:30 Morning Stretching 10am Reading favorite book 10:30pm Coloring Time 1pm Funny animals videos 1:30 pm Hand Massage 2pm Pretty Nails Time 2 :30am Snack Time 3pm Musical Time 3pm 1:1 Visits 4pm Relax music</p> <p style="text-align: right;">14</p>
<p>The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30am Church Service with Scott 1pm Funny Videos with Animals 1:30 pm Ball Toss 2pm Arts and Craft time 2:30 pm Snack Time 3pm 1:1 Visits 3pm Favorite western movie 4pm Relax music</p> <p style="text-align: right;">15</p>	<p>The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Bingo 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music</p> <p style="text-align: right;">16</p>	<p>The Perk 9:30 Morning Stretching 10am Puzzle Social 10am Visiting with Willis 10:30am Baking with Tonja 11am Chair Zumba 1pm 60s Trivia on Youtube 2:30 pm Snack Time 3pm Favorite movie</p> <p style="text-align: right;">17</p>	<p>The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on Youtube 2pm Visit with Molly 2pm Craft group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music</p> <p style="text-align: right;">18</p>	<p>The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 1:30 pm Music by Paul (DR) 1:30pm Travel Video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">19</p>	<p>The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Baking with Tonja 11am Dancing,moving,playing 1pm Funny animals video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">20</p>	<p>The Perk 9:30 Morning Stretching 10am Reading favorite book 10:30pm Coloring Time 1pm Funny animals videos 1:30 pm Hand Massage 2pm Pretty Nails Time 2 :30am Snack Time 3pm Musical Time 3pm 1:1 Visits 4pm Relax music</p> <p style="text-align: right;">21</p>
<p>The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30am Church Service with Scott 1pm Funny Videos with Animals 1:30 pm Ball Toss 2pm Arts and Craft time 2:30 pm Snack Time 3pm 1:1 Visits 3pm Favorite western movie 4pm Relax music</p> <p style="text-align: right;">22</p>	<p>The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Bingo 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music</p> <p style="text-align: right;">23</p>	<p>The Perk 9:30 Morning Stretching 10am Puzzle Social 10:30am Baking with Tonja 10am Visiting with Willis 11am Chair Zumba 1:30 pm Music Time with Raymond 2:30 pm Snack Time 3pm Favorite movie</p> <p style="text-align: right;">24</p>	<p>The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on Youtube 2pm Visit with Molly 2pm Craft group 2:30 pm Snack Time 3pm Travel Video 4pm Relax music</p> <p style="text-align: right;">25</p>	<p>The Perk 9:30 Morning Stretching 10am Magic Memory puzzle 11am Name that Tune 1pm Music by Susan on Youtube 10:30am Miniature Horses Visit 1:30 pm Music by Paul (DR) 1:30pm Travel Video 2:30 pm Snack Time 3pm Movie Time 4pm Relax music</p> <p style="text-align: right;">26</p>	<p>The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Baking with Tonja 11am Dancing,moving,playing 1pm Funny animals video 2pm Birthday Social 3pm Movie Time 4pm Relax music Dining Room in AL- (DR)</p> <p style="text-align: right;">27</p>	<p>The Perk 9:30 Morning Stretching 10am Reading favorite book 10:30pm Coloring Time 1pm Funny animals videos 1:30 pm Hand Massage 2pm Pretty Nails Time 2 :30am Snack Time 3pm Musical Time 3pm 1:1 Visits 4pm Relax music</p> <p style="text-align: right;">28</p>

