October 2026 Memory Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 The Perk 9:30 Morning Stretching 10am Fall Craft **11am Sing along** 1pm Music by Susan on YouTube **1:30 pm Music by Paul (DR)** **1:30pm Travel Video** 2:30 pm Snack Time 3pm Movie Time	2 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Pizza Time 11am Dancing, moving, playing **1pm Music by Beth** 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	3 The Perk 9:30 Morning Stretching 10am Coffee Talks 11am Walking Group 1pm Funny animals videos **1:30 pm Sing Along** 2 pm Snack Time **2:30 Bingo** 3pm Musical Time **3pm 1:1 Visits**
4 The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30 am Church Service with Scott 1pm Baking Group **2:25pm Broncos vs. 49ers(MD) CBS** 2 pm Snack Time 2 :30 pm Bingo 3pm Favorite western movie 4pm Relax music	5 The Perk 9:30am Pet Visit 9:30 Morning Stretching **10:30 Guitar by Sam** 11am Dancing Pause 1pm Dog Show on TV **1pm Pretty Nails** 2:30 pm Snack Time 3pm Craft group 4pm Relax music	6 The Perk 9:30 Morning Stretching 10am Puzzle Social 10:30am Baking with Tonja 10am Visiting with Willis 11am Chair Zumba 2:30 pm Snack Time 3pm Favorite movie	7 The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on YouTube 2pm Craft group 2pm Pet Visit :Molly 2:30 pm Snack Time **3pm Bingo** 4pm Relax music	8 The Perk 9:30 Morning Stretching 10am Fall Craft **11am Sing along** 1pm Music by Susan on YouTube **1:30pm Travel Video** 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	9 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Pizza Time 11am Dancing, moving, playing **1pm Harp music by Hans and Rita** 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	10 The Perk 9:30 Morning Stretching 10am Coffee Talks 11am Walking Group 1pm Funny animals videos **1:30 pm Sing Along** 2 pm Snack Time **2:30 Bingo** 3pm Musical Time **3pm 1:1 Visits**
11 The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30 am Church Service with Scott 1pm Baking Group **2:05 pm Broncos vs. Chargers(MR)CBS** 2 pm Snack Time 2 :30 pm Bingo 3pm Favorite western movie 4pm Relax music	12 The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Dog Show on TV **1pm Pretty Nails** 2:30 pm Snack Time 3pm Craft group 4pm Relax music	13 The Perk 9:30 Morning Stretching 10am Puzzle Social 10am Visiting with Willis 10:30am Baking with Tonja 11am Chair Dance 1pm 60s Trivia on YouTube **1:30 pm Music Time with Raymond** 2:30 pm Snack Time 3pm Favorite movie	14 The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on YouTube 2pm Craft group 2:30 pm Snack Time **3pm Bingo** 4pm Relax music	15 The Perk 9:30 Morning Stretching 10am Halloween Craft **11am Sing along** 1pm Music by Susan on YouTube **1:30 pm Music by Paul (DR)** **1:30pm Travel Video** 2:30 pm Snack Time 3pm Movie Time	16 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Pizza Time 11am Dancing, moving, playing 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	17 The Perk 9:30 Morning Stretching 10am Coffee Talks 11am Walking Group 1pm Funny animals videos **1:30 pm Sing Along** 2 pm Snack Time **2:30 Bingo** 3pm Musical Time **3pm 1:1 Visits**
18 The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30 am Church Service with Scott 1pm Baking Group 2 pm Snack Time 2 :30 pm Bingo 3pm Favorite western movie 4pm Relax music	19 The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Dog Show on TV **1:30 pm Piano by Hugh (DR)** 2:30 pm Snack Time 3pm Favorite movie 4pm Relax music	20 The Perk 9:30 Morning Stretching 10am Puzzle Social 10:30am Baking with Tonja 10am Visiting with Willis 11am Chair Zumba 2:30 pm Snack Time 3pm Favorite movie	21 The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on YouTube 2pm Craft group 2pm Pet Visit :Molly 2:30 pm Snack Time **3pm Bingo** 4pm Relax music	22 The Perk 9:30 Morning Stretching **10am Harp Music by Jim** **11am Sing along** 1pm Music by Susan on YouTube **1:30pm Travel Video** 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	23 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 10am Pizza Time 11am Dancing, moving, playing 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	24 The Perk 9:30 Morning Stretching 10am Coffee Talks 11am Walking Group 1pm Funny animals videos **1:30 pm Sing Along** 2 pm Snack Time **2:30 Bingo** 3pm Musical Time **3pm 1:1 Visits**
25 The Perk 9:30 Morning Stretching 10am Hymns Singing 10:30 am Church Service with Scott 1pm Baking Group 2 pm Snack Time 2 :30 pm Bingo 3pm Favorite western movie 4pm Relax music	26 The Perk 9:30am Pet Visit 9:30 Morning Stretching 10am Puzzle Social 11am Dancing Pause 1pm Dog Show on TV **1:30 pm Music by George and Lynn(DR)** 2:30 pm Snack Time 3pm Craft Group 4pm Relax music	27 The Perk 9:30 Morning Stretching 10am Puzzle Social 10am Visiting with Willis 10:30am Baking with Tonja 11am Chair Dance 1pm 60s Trivia on YouTube **1:30 pm Music Time with Raymond** 2:30 pm Snack Time 3pm Favorite movie	28 The Perk 9:30 Morning Stretching 10am Reminisces with Tonja 11am Ball Toss 1pm Favorite Concert on YouTube 2pm Craft group 2:30 pm Snack Time **3pm Bingo** 4pm Relax music	29 The Perk 9:30 Morning Stretching 10am Magic Memory puzzle **11am Sing along** 1pm Music by Susan on YouTube **1:30pm Travel Video** 2:30 pm Snack Time 3pm Movie Time 4pm Relax music	30 The Perk 9:30 Morning Stretching 10am Trivia & Hot Cocoa 11am Dancing, moving, playing **1:30 pm Gus Meza Duo Music(DR)** **2:30pm Birthday Social** 3pm Movie Time 4pm Relax music **Dining Room in Assisted Living**	31 The Perk 9:30 Morning Stretching 10am Coffee Talks 11am Walking Group 1pm Funny animals videos **1:30 pm Sing Along** 2 pm Snack Time **2:30 Bingo** 3pm Musical Time **3pm 1:1 Visits** **Happy Halloween**

MONTAGE CREEK
AGE-RELATIONS COMMUNITY

1968 Sunrise Drive Montrose 81401 **License #28S304**

All Events Are Subject To Change **Patio time as weather permits**