

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2023

Memory Care

Vitality Topic: Exploring Lifelong Purpose



SERENTO CASA
A GENERATIONS COMMUNITY

<p>9:30 Daily Chronicles 10:00 Catholic Services 11:00 Morning Stretch 1:30 September Word Search 2:00 Snack 4:00 Patio Time 6:00 Sunday Night Movie</p> <p style="text-align: right;">3</p>	<p>9:30 Hand Aromatherapy 10:00 Outdoor Walk 11:00 Water Paint 1:30 Music Therapy 2:30 Fancy Nails W/ Maria 3:30 Snack social 4:00 Comfort Visits 1:1 6:00 Monday Movie</p> <p style="text-align: right;">4</p>	<p>9:30 Daily Chronicles 10:00 Upper Body Exercise 11:00 Audiobooks & Snack 1:30 Bingo Clube 3:30 September Trivia 4:00 Patio Time 6: Music Therapy</p> <p style="text-align: right;">5</p>	<p>9:30 Hand Aromatherapy 10:00 Nature Stroll 11:30 Zumba W/ Karla 1:30 Arts & Craft Time 3:00 Exploring Lifelong Purpose 6:00 Classical Music</p> <p style="text-align: right;">6</p>	<p>9:30 Room Visiting 1:1 10:00 Morning Stretch Away 11:00 Daily Chronicles & Music 1:00 Dominoes 2:00 Mark Carter (AL) 3:00 Rock Painting 6:00 Relax Music</p> <p style="text-align: right;">7</p>	<p>9:30 Aromatherapy 10:00 Wight Exercise 11:00 Brain Fitness 1:30 Lifelong Learning 3:00 Snack Social 6:00 Friday Night Movie</p> <p style="text-align: right;">8</p>	<p>9:30 Daily Chronicles 10:00 Christian services (AL) 11:00 Strength Exercise 1:00 Dominoes 2:30 Balloon Tennis 4:00 Word Search Puzzles 6: Saturday Movie</p> <p style="text-align: right;">9</p>
<p>9:00 Daily Chronicles 10:00 Catholic Services 11:00 Morning Stretch 1:00 September Word Search 2:00 Snack 4:00 Patio Time 6:00 Sunday Night Movie</p> <p style="text-align: right;">10</p>	<p>9:30 Hand Aromatherapy 10:00 Outdoor Walk 11:00 Water Paint 1:30 Music Therapy 2:30 Fancy Nails W/Maria 4:00 Comfort Visits 1:1 6:00 Monday Movie</p> <p style="text-align: right;">11</p>	<p>9:30 Daily Chronicle 10:00 Upper Body Exercise 11:00 Audiobook & Snack 1:00 Bingo Clube 2:00 Darryl (AL) 4:00 Patio Time 6:00 Music Therapy</p> <p style="text-align: right;">12</p>	<p>9:00 Hand Aromatherapy 10:00 Nature Stroll 11:30 Zumba W/Karla 1:30 Arts & Craft Time 3:00 Exploring Lifelong Purpose 6:00 Classical Music</p> <p style="text-align: right;">13</p>	<p>9:30 Room Visits 1:1 10:00 Morning Stretch Away 11:00 Daily Chronicles & Music 1:00 Dominoes 3:00 Rock Painting 6:00 Relax Music</p> <p style="text-align: right;">14</p>	<p>9:30 Aromatherapy 10:00 Wight Exercise 11:00 Brain Exercise 1:30 Lifelong Learning 3:00 Snack Social 6:00 Friday Night Movie</p> <p style="text-align: right;">15</p>	<p>9:30 Daily Chronicles 10:00 Christian services (AL) 11:00 Strength Exercise 1:00 Dominoes 2:30 Balloon Tennis 4:00 Word Search Puzzles 6: Saturday Movie</p> <p style="text-align: right;">16</p>
<p>9:00 Daily Chronicles 10:00 Catholic Services 11:00 Morning Stretch 1:00 September Word Search 2:00 Snack 4:00 Patio Time 6:00 Sunday Night Movie</p> <p style="text-align: right;">17</p>	<p>9:00 Hand Aromatherapy 10:00 Outdoor Walk 11:00 Water Paint 1:30 Music Therapy 2:30 Fancy Nails W/Maria 4:00 Comfort Visits 1:1 6:00 Monday Movie</p> <p style="text-align: right;">18</p>	<p>9:30 Daily Chronicle 10:00 Upper Body Exercise 11:00 Audiobook & Snack 1:00 Bing Clube 3:30 Hugo (AL) 4:00 Patio Time 6:00 Music Therapy</p> <p style="text-align: right;">19</p>	<p>9:00 Hand Aromatherapy 10:00 Nature Stroll 11:30 Zumba W/Karla 1:00 Arts & Craft Time 2:00 Judy (AL) 3:00 Exploring Lifelong Purpose 6:00 Classical Music</p> <p style="text-align: right;">20</p>	<p>9:00 Room Visits 1:1 10:00 Morning Stretch Away 11:00 Daily Chronicles & Music 1:00 Dominoes 3:00 Rock Painting 6:00 Relax Music</p> <p style="text-align: right;">21</p>	<p>9:30 Aromatherapy 10:00 Wight Exercise 11:00 Brain Exercise 1:30 Lifelong Learning 3:00 Snack Social 6:00 Friday Night Movie</p> <p style="text-align: right;">22</p>	<p>9:30 Daily Chronicles 10:00 Christian services (AL) 11:00 Strength Exercise 1:00 Dominoes 2:30 Balloon Tennis 4:00 Word Search Puzzles 6: Saturday Movie</p> <p style="text-align: right;">23</p>
<p>9:00 Daily Chronicles 10:00 Catholic Services 11:00 Morning Stretch 1:00 September Word Search 2:00 Snack 4:00 Patio Time 6:00 Sunday Night Movie</p> <p style="text-align: right;">24</p>	<p>9:00 Hand Aromatherapy 10:00 Outdoor Walk 11:00 Water Paint 1:30 Music Therapy 2:30 Fancy Nails W/ Maria 4: Comfort Visits 1:1 6:00 Monday Movie</p> <p style="text-align: right;">25</p>	<p>9:00 Daily Chronicle 10:30 Upper Body Exercise 11:00 Audiobook & Snack 1:00 Bring Clube 3:30 September Trivia 6:00 Music Therapy</p> <p style="text-align: right;">26</p>	<p>9:00 Hand Aromatherapy 10:00 Nature Stroll 11:30 Zumba W/Karla 1:00 Art & Craft Time 3:00 Exploring Lifelong Purpose 6:00 Classical Music</p> <p style="text-align: right;">27</p>	<p>9:00 Room Visits 1:1 10:00 Catholic Mass 11:00 Daily Chronicles 1:00 Dominoes 3:00 Rock Painting 6:00 Relax Music</p> <p style="text-align: right;">28</p>	<p>9:30 Aromatherapy 10:00 Wight Exercise 11:00 Brain Exercise 1:30 Lifelong Learning 3:00 Snack Social 6:00 Friday Night Movie</p> <p style="text-align: right;">29</p>	<p>9:30 Daily Chronicles 10:00 Christian services (AL) 11:00 Strength Exercise 1:00 Dominoes 2:30 Balloon Tennis 4:00 Word Search Puzzles 6: Saturday Movie</p> <p style="text-align: right;">30</p>