


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u> Vitality Program Key</u> VR - 1st Floor Vitality Room. Library - 1st Floor Library 3rd - 3rd Floor Country Entertainment/Classes Special Events Outings/Sign Ups						
	VR - 1st Floor Vitality Room LV - 1st Floor Living Room Religious Resident Meetings Movies/Documentary/Musicals				10:30am Exercise with Silver Strength - LR 1:30pm Bingo - VR 2:30pm Watch Rick Steve's-LR 2:45pm Resident Run Bible Study - VR 3:30pm Game Hour-VR 6:30pm Crafting With Diane-VR	10:30am Video Led Exercise - LR 1:30pm Resident Social -LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:00pm Watch Parade of lights - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Green Mountain Christian Church Service - LR 3:05pm Denver VS Houston- LR 6:30pm Movie - LR	10:30am Exercise with Silver Strength - LR 1:15pm Virtual tour of Holland - LR 1:30pm Rosary - Library 2:30pm Ethan Hall - Pianist - LR 3:30pm 6:30pm Movie - LR	10:30am Video Led Exercise-LR 1:30pm Bingo 2:30 Emily Exercise- LR 3:00pm Resident Council -LR 6:30pm Trivia - LR	10:00am Emily Exercise- LR 1:15 Watch Rick Steve's-LR 2:00pm Mark Paulson - Piano/Vocals -LR 3:00pm Documentary-LR 6:30pm Movie Night -LR *Bingo will be on 12/5 instead*	10:00am Catholic Church Service -VR 10:30am Puzzle Club - 3rd 1:30pm Emily Exercise- LR 2:00pm Visits w/ Jill & Gracie (Dog) - LR 2:30pm Red Paintbrush-LR 3:30pm Watch Rick Steve's-LR 6:30pm Documentary - LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo - VR 2:30pm Gio Barabadze-LR 2:45pm Resident Run Bible Study - VR 3:30pm Guess the Logo-LR 6:30pm Beading With Diane-VR	10:30am Video Led Exercise - LR 1:30pm Trivia -LR 2:00pm Resident Social /Prestation on early planning - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 1:30pm Denver VS La Chargers-LR 3:30pm Fun Facts - LR 6:30pm Movie - LR	10:30am Exercise with Silver Strength - LR 1:00pm Movie - Is a wonderful life- LR 1:30pm Rosary - Library 2:00pm Menu Chat 3:30pm 6:30pm Movie - LR	10:00am Emily Exercise- LR 1:30pm Arts and crafts-animal party hats-VR 2:30pm Scott Hackler-LR Birthday cake to follow! 6:30pm Documentary/popcorn - LR	Library to You 10:30am News and Current events - LR 1:30pm Bingo - VR 2:30 Emily Exercise- LR 3:00pm Red Paintbrush-LR 6:00pm Boy Scouts Christmas Caroling -LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Emily-LR 2:00pm Foods Around the World-LR 6:30pm Movie-LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo-LR 2:45pm Resident Run Bible Study - VR 3:30pm Gingerbread house making - VR 6:30pm Crafting With Diane-VR	10:30am Video Led Exercise - LR 1:30pm Resident Social -LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 5:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Christian Church Service - LR TBD Denver VS Detroit-LR 2:30pm Independent Crafts - VR 6:30pm Movie - LR	10:30am Exercise with Silver Strength - LR 1:15pm Virtual tour of Greece - LR 1:30pm Rosary - Library 2:30pm Leonard Barrett-LR 3:30pm Independent Puzzles-VR 6:30pm Movie - LR	10:30am News and Current Events-LR 1:30pm Exercise with Emily-LR 2:30pm Alan Vail-LR 3:30pm Taste test Challenge-Candy canes Living Room 6:30pm Show And Tell-LR	10:30am Video led Exercises-LR 1:30pm Bingo - VR 2:00pm Visits w/ Jill & Gracie (Dog) - LR 2:30pm Exercise with Emily-LR 3:00pm Gary Reed-LR 6:30pm Movie Night -LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise with Emily-LR 2:30pm Red Paintbrush-LR 3:30pm Watch Rick Steve's-LR 6:30pm Documentary - LR	10:30am Exercise with Silver Strength - LR Christmas Lunch 2:30pm Marleen-Flute player-LR 2:45pm Resident Run Bible Study - VR 3:30pm Resident Social-LR 6:30pm Beading With Diane-VR	10:30am Video Led Exercise - LR 1:30pm Resident Social -LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm 3:30pm Independent Coloring -VR 6:15pm Denver VS New England - LR	10:30am Christmas Bean Bag Toss-LR 1:30pm Christmas Movie- Miracle on the 34th -LR 3:30pm Independent coloring -VR 6:30pm Movie - LR	10:30am Video Led Exercise-LR 1:30pm Rick Steve's -LR 2:00pm Choir-LR 3:30pm Arts and crafts- Gomes-VR 6:30pm Movie Night / Hot Cocoa-LR	10:30am Video Led Exercise-LR 1:30pm Bingo - VR 2:30pm Fiddling Fran-LR 3:30pm Exercise with Emily-LR 6:30pm Movie Night -LR	10:00am Catholic Church Service - VR 10:30am Puzzle Club - 3rd 1:30pm Watch Rick Steve's-LR 2:30pm Red Paintbrush-LR 3:30pm Exercise with Emily-LR 6:30pm Documentary - LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo - VR 2:45pm Resident Run Bible Study - VR 3:30pm News year Trivia-LR 6:30pm Crafting With Diane-VR	10:30am Video Led Exercise - LR 1:30pm Resident Social -LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:25pm Denver VS LA Chargers-LR 3:30pm Independent Coloring -VR 6:30pm Movie - LR	<div>  <div> <div>Montage Ridge</div> <div>December 2023</div> <div>Assisted Living</div> </div> </div>					