


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Religious Entertainment/Classes Special Events Movies/Documentary/Musicals Resident Meetings/Broncos Games Independent Vitality Led	Video Led Exercise Outings/Sign Ups			10:00am Catholic Church Service - VR 10:30am Independent Puzzle Club - 3rd 1:30pm Exercise With Emily-LR 2:00pm Jeopardy-LR 3:30pm Travelogue-LR 3:30pm Independent Card Club-Library 6:30pm Finish the lines/Happy Hour-LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo - VR 2:30pm Curling-LR 3:30pm Show and Tell-LR 6:30pm Residents Choice-LR	10:30am Video Led Exercise - LR 1:30pm Resident Social-LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Green Mountain Christian Church Service - LR 3:30pm Rick Steve's-LR 6:30pm Movie Night-LR	10:30am Exercise with Silver Strength - LR 1:30pm Documentary-LR 1:30pm Rosary - Library 2:30pm Leonard Barrett - Vocals-LR 3:30pm Trivia-LR 6:30pm Movie - LR	10:30am News and current events-LR 1:30pm Bingo - VR 2:30 Exercise With Emily-LR 3:00pm Resident Council - LR 6:30pm Documentary/popcorn -LR	10:30am Exercise With Emily-LR 1:30pm Bingo - VR 2:30pm Allen Vail- guitar/vocals - LR 3:30pm Tell me about your job-LR 5:00pm Facials with Jimena	10:00am Catholic Church Service - VR 10:30am Independent Puzzle Club - 3rd 10:45 Lunch outing to Red Lobster 1:30pm News & Current Events-LR 2:30pm Exercise With Emily-LR 3:30pm Independent Card Club-Library 6:30pm Movie and Drinks with Addie-LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo - VR 2:30pm Randy Kroop-Guitar/Vocals -LR 3:30pm Ted Talk-LR 6:30pm Movie Night-LR	10:30am Video Led Exercise - LR 1:30pm Resident Social-LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Documentary-LR 4:15pm Super bowl Tailgate - LR 4:30pm Super Bowl-LR 6:30pm Movie Night-LR	10:30am Exercise with Silver Strength - LR 1:30pm Rosary - Library 2:30pm Musical Monday-LR 3:30pm Independent Coloring - VR 6:30pm Movie - LR	10:30am News & Current Events-LR 1:30pm Exercise With Emily-LR Visits w/ Jill & Gracie (Dog) - LR 2:30pm Meet your Neighbor-LR 6:30pm Bingo-VR	Library to You 10:30am Exercise With Emily-LR 1:30pm Valentine Day party-LR 2:30pm Rick Iracki - Guitar/Vocals 3:30pm Ted Talk-LR 5:00pm Facials with Jimena	10:00am Catholic Church Service - VR 10:30am Independent Puzzle Club - 3rd 1:30pm Travelogue-LR 2:30pm Exercise With Emily-LR 3:30pm Independent Card Club-Library 6:30pm Trivia-LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo - VR 2:30pm Resident Social-LR 3:30pm Name the Logo-LR 6:30pm Movie Night -LR	10:30am Video Led Exercise - LR 1:30pm Resident Social -LR 2:30pm Newspaper planning meeting -LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Christian Church Service - LR 3:30pm Independent Crafts - VR 6:30pm Movie Night -LR	10:30am Exercise with Silver Strength - LR 1:30pm 1:30pm Rosary - Library 3:30pm Vitality Planning -LR 6:30pm Movie - LR	10:30am News and Current Events - LR 1:30pm 1:30pm Exercise With Emily-LR 2:30pm Ethen Hall- Pianist- LR Birthday cake to follow! 6:30pm Movie Night-LR	9:45am Trip to Walmart 10:30am Exercise With Emily-LR 1:30pm Bingo - VR 2:30pm Resident social-LR 3:30pm Music Concert on tv-LR 5:00pm Facials with Jimena	10:00am Catholic Church Service - VR 10:30am Independent Puzzle Club - 3rd 1:30pm Exercise With Emily-LR 2:30pm Joyce Karchere-Vocals-LR 3:30pm Independent Card Club-Library 6:30pm Ice Cream Social-LR	10:30am Exercise with Silver Strength - LR 1:30pm Bingo-VR 2:30pm Bean Bag Toss-LR 3:30pm Travelogue-LR 6:30pm Movie Night-LR	10:30am Video Led Exercise - LR 1:30pm Resident Social - LR 2:00pm Saturday Matinee Movie - LR 3:00pm Independent Activity Hour - VR 6:30pm Documentary - LR
10:30am Video Led Exercise - LR 1:30pm Bingo - VR 2:30pm Documentary-LR 3:30pm Independent Coloring -VR 6:30pm Movie Night -LR	10:30am Exercise with Silver Strength - LR 1:30pm Rosary - Library 2:30pm Menu Chat-LR 6:30pm Movie - LR	10:30am News and Current Events - LR 1:30pm This or That-LR 2:30pm Exercise With Emily-LR 3:00pm What's your Hobby-LR 6:30pm Trivia-LR	10:30am Exercise With Emily-LR 1:30pm Bingo - VR 2:00pm Visits w/ Jill & Gracie (Dog) - LR 2:30pm Rick Steve's-LR 3:30pm Taste Test Challenge - Candy-LR 5:00pm Facials with Jimena	10:00am Catholic Church Service - VR 10:30am Independent Puzzle Club - 3rd 1:30pm 2:30pm Exercise With Emily-LR 3:30pm Independent Card Club-Library 6:30pm Movie/Snack-LR	 Montage Ridge February 2024 Assisted Living	