

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023



			<p>1</p> <p>9:15 Let's Keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Short Stories AR 1:30 Music Art w/Karen AR 3:15 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>2</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40The Daily Chronicle AR 10:00 Musical scavenger hunt 1:00 Bingo AR 3:00 Happy Hour Live Music w/ Elias 5:30 Evening Movie AR</p>	<p>3</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Memory Lane Game AR 1:00 Bingo AR 2:30 Coloring Therapy AR 5:30 Friday Night Movie AR</p>	<p>4</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 National Geographic- Lost world of the Maya 1:00 Aromatherapy and Hand Massage AR 2:00 Racket balloon time AR 5:30 Evening Movie AR</p>
<p>5</p> <p>9:15 Let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 10:30 Sing along AR 1:00 Bingo AR 2:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>6</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Short stories AR 1:00 Health & Wellness w/Lilia 2:30 Adult coloring AR 3:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>7</p> <p>9:00 Food & Demo Nutrition Class w/ Rachel AR 10:50 The Daily Chronicle AR 11:15 Trivia AR 1:30 Bingo AR 2:30 Snacks & Hydration AR 3:00 Frame Painting AR 5:30 Evening Movie AR</p>	<p>8</p> <p>9:15 Let's Keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Flower Arrangements 1:30 Music Art w/Karen AR 3:15 Snacks & Hydration AR 5:30 Evening Movie AR 5:40 Fireside Chat w/ Patty</p>	<p>9</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40The Daily Chronicle AR 10:00 Who Am I? Celebrating a Mystery Person 1:00 Bingo AR 2:30 Birthday Bash w/ Mathew 5:30 Evening Movie AR</p>	<p>10</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Sing Along AR 10-2:00 Boutique AL 1:00 Bingo AR 2:30 Snacks & Hydration AR 5:30 Friday Night Movie AR</p>	<p>11</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40The Daily Chronicle AR 11:00 Pet Therapy AR 1:00 Aromatherapy and Hand Massage AR 2:00 Coloring Therapy AR 5:30 Evening Movie AR</p>
<p>12</p> <p>9:15 Let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 10:30 Trivia AR 1:00 Bingo AR 2:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>13</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Autumn leaf wreath AR 1:00 Health & Wellness w/Lilia 2:30 Snacks & Hydration AR 3:00 Sing Along AR 5:30 Evening Movie AR</p>	<p>14</p> <p>9:00 Food & Demo Nutrition Class w/ Rachel AR 10:50 The Daily Chronicle AR 11:15 Trivia AR 1:30 Bingo AR 2:30 Birthday Celebration AR 5:30 Evening Movie AR</p>	<p>15</p> <p>9:15 Let's Keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Travelogue: Barcelona 1:30 Music Art w/Karen AR 3:15 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>16</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 10:00 What Am I? Celebrating a mysterious thing 1:00 Bingo AR 3:00 Friendsgiving Live Music w/ Tom Sperry 5:30 Evening Movie AR</p>	<p>17</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 The best of Sicily - Rick Steves AR 1:00 Bingo AR 2:30 Puzzles AR 5:30 Friday Night Movie AR</p>	<p>18</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Memory Lane Game AR 11:00 Thanksgiving Lunch 1:00 Aromatherapy and Hand Massage AR 2:00 Racket balloon Time AR 5:30 Evening Movie AR</p>
<p>19</p> <p>9:15 Let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 10:30 Chat & Reminisce AR 1:00 Bingo AR 2:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>20</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Gratitude Notes AR 1:00 Health & Wellness w/Lilia 3:00 Gratitude Tree AR 5:30 Evening Movie AR</p>	<p>21</p> <p>9:00 Food & Demo Nutrition Class w/ Rachel AR 10:50 The Daily Chronicle AR 11:15 Short Stories AR 1:00 Bingo AR 3:00 Thanksgiving Tea & Cookies AR 5:30 Evening Movie AR</p>	<p>22</p> <p>9:15 Let's Keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Catholic Mass w/ Father Nick 10:15 Travelogue: Nevada 1:30 Music Art w/Karen AR 3:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>23</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Guess the Mystery AR 1:00 Bingo AR 2:30 Cozy Staycation AR 5:30 Evening Movie AR</p>	<p>24</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Portugal's Heartland- Rick Steves AR 1:00 Bingo AR 2:30 Karaoke/ Snack Time AR 5:30 Friday Night Movie AR</p>	<p>25</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 11:00 Pet Therapy AR 1:00 Aromatherapy and Hand Massage AR 2:00 Racket balloon Time AR 5:30 Evening Movie AR</p>
<p>26</p> <p>9:15 Let's keep Moving AR 9:30 The Daily Chronicle AR 10:00 Catholic Services AR 10:00 Christian Services AR 10:30 Sing Along AR 1:00 Bingo AR 2:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>27</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:15 Historic Sites: Egypt AR 1:00 Health & Wellness w/Lilia 2:30 Snacks & Hydration AR 3:00 Sing Along AR 5:30 Evening Movie AR</p>	<p>28</p> <p>9:00 Food & Demo Nutrition Class w/ Rachel AR 10:50 The Daily Chronicle AR 11:15 Short Stories AR 1:00 Bingo AR 2:30 Adult coloring AR 3:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>29</p> <p>9:15 Let's Keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:30 Memory Lane Game AR 1:30 Music Art w/Karen AR 3:00 Snacks & Hydration AR 5:30 Evening Movie AR</p>	<p>30</p> <p>9:15 Let's keep Moving AR 9:30 Mindful Meditation AR 9:40 The Daily Chronicle AR 10:00 Historic Sites Europe 1:00 Bingo AR 3:00 Happy Hour Live Music w/ Perry 5:30 Evening Movie AR</p>		