

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY 2025 PARKVIEW VITALITY CALENDAR



A GENERATIONS COMMUNITY

GR: Great Room MS: Main St. C: Chapel VT: Village Theater TP: Torrey Pin

Activities Difficulty Level: Easy * Medium **

<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 4</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Balloon Baseball-MS*</p> <p>10:30 Volleyball Balloon Game-GR**</p> <p>11:15 Catholic Communion-C</p> <p>1:00 Finish the line-GR**</p> <p>1:00 Flower Arrangement-MS*</p> <p>1:30 Craft Project-MS/GR</p>	<p>8:30 Memory Games & Card Matching-GR** 5</p> <p>8:30 Music Memories & Picture Trivia-MS*</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>10:00 Morning Fitness-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 States & Capitals Trivia-GR**</p> <p>1:00 Suzie Q. Sing Along & Puzzles-MS*</p> <p>1:30 Watercolor Project-MS/GR</p> <p>2:30 Rummikub & Card Games-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p> <p>7:00 "Comedy Movies"-VT</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 6</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Pictures Trivia & Sayings-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Balloon Toss-MS*</p> <p>10:30 Noddle Ball Catch-GR**</p> <p>1:00 Card Decoration-GR **</p> <p>1:00 Scrapbooking-MS*</p> <p>1:30 Scenic Drive to Coronado-MS**</p> <p>2:00 BINGO- MS/GR</p>	<p>8:30 Matching Cards & Puzzles-MS* 7</p> <p>8:30 Watercolor & Newspaper Review-GR</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Morning Fitness-GR **</p> <p>10:00 Virtual Reality Experience w/ Anchor Health-VT</p> <p>10:30 Balloon Toss-MS/GR</p> <p>1:00 Craft Project-MS/GR</p> <p>2:00 Cards & Dominoes-GR**</p> <p>2:00 Memory Games & Card Matching-MS*</p> <p>3:00 50's Music Sing Along & Puzzles-MS/GR</p> <p>4:15 Clay Project-GR**</p>	<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 8</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>9:30 Sit & Be Fit-GR **</p> <p>10:00 Chair Fitness-MS*</p> <p>10:30 Bowling Game-MS *</p> <p>10:30 Volleyball Game-GR **</p> <p>1:00 Puzzles & Dominoes-MS/GR</p> <p>2:00 Welcome New Resident Social and 5 de Mayo Celebration-GR</p> <p>3:00 Ball Toss-MS/GR</p>	<p>8:30 Memory Games & Card Matching-GR** 9</p> <p>8:30 Music Memories & Picture Trivia-MS*</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>10:00 Morning Stretch-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 Flower Arrangement-MS *</p> <p>1:00 Plaster of Paris Project-GR**</p> <p>1:30 Garden Visit-CY</p> <p>2:00 Scrapbooking-MS/GR</p> <p>3:00 "Residents Choice"-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 10</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Mother's Day Soc. w/Bianchi-GR</p> <p>1:00 Famous Faces & Places-MS/GR</p> <p>2:00 Christian Service w/Ed Equid-C</p> <p>2:00 Craft Project-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p> <p>7:00 Romantic Movies - VT</p>
<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 11</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>10:00 Mother's Day Picture taking & Cookies Social-GR</p> <p>1:00 Finish the line-GR**</p> <p>1:30 Craft Project-MS/GR</p> <p>2:30 Pop Corn & Family Bingo Social-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p>	<p>8:30 Memory Games & Card Matching-MS/GR 12</p> <p>8:30 Music Memories & Picture Trivia-MS*</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>10:00 Morning Fitness-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 States & Capitals Trivia-GR**</p> <p>1:00 Suzie Q. Sing Along & Puzzles-MS*</p> <p>1:30 Watercolor Project-MS/GR</p> <p>2:30 Rummikub & Card Games-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 13</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Pictures Trivia & Sayings-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Scenic Drive to Shelter Island-MS**</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Balloon Toss-MS*</p> <p>10:30 Noddle Ball Catch-GR**</p> <p>1:00 Card Decoration-GR **</p> <p>1:00 Scrapbooking-MS*</p> <p>2:00 BINGO- MS/GR</p>	<p>8:30 Matching Cards & Puzzles-MS* 14</p> <p>8:30 Watercolor & Newspaper Review-GR</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Vet to Vet w/Apreva-GR</p> <p>1:00 Craft Project-MS/GR</p> <p>2:00 Cards & Dominoes-GR**</p> <p>2:00 Memory Games & Card Matching-MS*</p> <p>3:00 50's Music Sing Along & Puzzles-MS/GR</p> <p>4:15 Clay Project-GR**</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p> <p>7:00 "Musical Movies"-VT</p>	<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 15</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>9:30 Sit & Be Fit-GR **</p> <p>10:00 Chair Fitness-MS*</p> <p>10:30 Bowling Game-MS *</p> <p>10:30 Volleyball Balloon Game-GR**</p> <p>1:00 Puzzles & Dominoes-MS/GR</p> <p>2:00 BINGO- MS/GR</p> <p>3:00 Ball Toss-MS/GR</p> <p>4:15 Paper Craft Project-GR</p>	<p>8:30 Memory Games & Card Matching-GR** 16</p> <p>8:30 Reminisce w/Pictures & Crosswords-MS/GR</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>9:30 Morning Stretch-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 Flower Arrangement-MS *</p> <p>1:00 Plaster of Paris Project-GR**</p> <p>1:30 Garden Visit-CY</p> <p>2:00 Pet Therapy w/Heart N Soul-CY</p> <p>3:00 "Residents Choice"-MS/GR</p> <p>5:00 Evening Stroll-MS</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 17</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:15 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Morning Stretch-GR **</p> <p>10:30 Balloon Toss-MS*</p> <p>10:30 Volleyball Game-GR **</p> <p>1:00 Famous Faces & Places-MS/GR</p> <p>1:00 Pretty Nails & Puzzles- MS/GR</p> <p>2:00 Paper Craft Project-MS/CR</p> <p>5:00 Evening Stroll-MS</p>
<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 18</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>10:00 Catholic Communion-C</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Balloon Baseball-MS*</p> <p>10:30 Volleyball Balloon Game-GR**</p> <p>1:00 Finish the line-MS/GR</p> <p>1:00 Flower Arrangement-MS*</p> <p>1:30 Craft Project-MS/GR</p>	<p>8:30 Memory Games & Card Matching-GR** 19</p> <p>8:30 Music Memories & Picture Trivia-MS*</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>10:00 Morning Fitness-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 States & Capitals Trivia-GR**</p> <p>1:00 Suzie Q. Sing Along & Puzzles-MS*</p> <p>1:30 Watercolor Project-MS/GR</p> <p>2:30 Rummikub & Card Games-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p> <p>7:00 "Comedy Movies"-VT</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 20</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Pictures Trivia & Sayings-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Scenic Drive to Point Loma-MS**</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Balloon Toss-MS*</p> <p>10:30 Noodle Ball Catch-GR**</p> <p>1:00 Card Decoration-GR **</p> <p>1:00 Flower Arrangement-MS *</p> <p>2:00 BINGO- MS/GR</p>	<p>8:30 Matching Cards & Puzzles-MS* 21</p> <p>8:30 Watercolor & Newspaper Review-GR</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Morning Fitness-GR **</p> <p>10:00 Virtual Reality Experience w/ Anchor Health-VT</p> <p>10:30 Balloon Toss-MS/GR</p> <p>1:00 Craft Project-MS/GR</p> <p>2:00 Cards & Dominoes-GR**</p> <p>2:00 Memory Games & Card Matching-MS*</p> <p>3:00 50's Music Sing Along & Puzzles-MS/GR</p> <p>4:15 Clay Project-GR**</p>	<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 22</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Sit & Be Fit-GR **</p> <p>10:30 Bowling Game-MS *</p> <p>10:30 Volleyball Balloon Game-GR**</p> <p>1:00 Puzzles & Dominoes-MS/GR</p> <p>2:00 Birthday Celebration Soc. w/ Raymond-GR</p> <p>3:00 Ball Toss-MS/GR</p>	<p>8:30 Memory Games & Card Matching-GR** 23</p> <p>8:30 Reminisce w/ Pictures & Music-MS</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>10:00 Morning Stretch-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 Flower Arrangement-MS *</p> <p>1:00 Plaster of Paris Project-GR**</p> <p>1:30 Garden Visit-CY</p> <p>2:00 Scrapbooking-MS/GR</p> <p>3:00 "Residents Choice"-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 24</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Morning Stretch-GR **</p> <p>10:30 Balloon Toss-MS*</p> <p>10:30 Volleyball Game-GR **</p> <p>1:00 Famous Faces & Places-MS/GR</p> <p>1:00 Pretty Nails & Puzzles- MS/GR</p> <p>2:00 Christian Service w/Ed Equid-C</p> <p>2:00 Craft Project-MS/GR</p>
<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 25</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Balloon Baseball-MS*</p> <p>10:30 Volleyball Balloon Game-GR**</p> <p>1:00 Finish the line-MS/GR</p> <p>1:00 Flower Arrangement-MS*</p> <p>1:30 Craft Project-MS/GR</p> <p>2:30 Pop Corn & Family Bingo Social-</p>	<p>8:30 Memory Games & Card Matching-GR** 26</p> <p>8:30 Music Memories & Picture Trivia-MS*</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>9:30 Morning Fitness-GR **</p> <p>9:30 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 States & Capitals Trivia-GR**</p> <p>1:00 Suzie Q. Sing Along & Puzzles-MS*</p> <p>1:30 Watercolor Project-MS/GR</p> <p>2:30 Rummikub & Card Games-MS/GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p> <p>7:00 "Comedy Movies"-VT</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 27</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Pictures Trivia & Sayings-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Sit & be Fit-GR **</p> <p>10:30 Noddle Ball Catch-GR**</p> <p>1:00 Flower Arrangement-MS *</p> <p>1:00 Scrapbooking-MS*</p> <p>1:30 Scenic Drive to Embarcadero-MS**</p> <p>2:00 BINGO- MS/GR</p> <p>3:00 Ball Toss-MS/GR</p>	<p>8:30 Matching Cards & Puzzles-MS* 28</p> <p>8:30 Watercolor & Newspaper Review-GR</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Morning Fitness-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Toss-MS/GR</p> <p>1:00 Craft Project-MS/GR</p> <p>2:00 Cards & Dominoes-GR**</p> <p>2:00 Memory Games & Card Matching-MS*</p> <p>3:00 50's Music Sing Along & Puzzles-MS/GR</p> <p>4:15 Clay Project-GR**</p> <p>5:00 Evening Stroll-MS</p>	<p>8:30 Sing Along w/ Frank Sinatra & Table Games-MS * 29</p> <p>8:30 Watercolor & Movie Star Reminisce Trivia-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:20 Weaving Loom Project-MS/GR</p> <p>9:30 Sit & Be Fit-GR **</p> <p>10:00 Chair Fitness-MS*</p> <p>10:30 Bowling Game-MS *</p> <p>10:30 Volleyball Balloon Game-GR**</p> <p>1:00 Puzzles & Dominoes-MS/GR</p> <p>1:30 Scenic Drive to Harbor Drive-MS**</p> <p>2:00 BINGO- MS/GR</p> <p>3:00 Ball Toss-MS/GR</p>	<p>8:30 Memory Games & Card Matching-GR** 30</p> <p>8:30 Music Memories & Picture Trivia-MS*</p> <p>9:15 Daily Chronicles-MS/GR</p> <p>9:20 Reminisce w/ Theme Box-MS/GR</p> <p>10:00 Morning Stretch-GR **</p> <p>10:00 Stretching w/ Music-MS*</p> <p>10:30 Balloon Tennis-MS/GR</p> <p>1:00 Flower Arrangement-MS *</p> <p>1:00 Plaster of Paris Project-GR**</p> <p>1:30 Garden Visit-CY</p> <p>2:00 Scrapbooking-MS/GR</p> <p>3:00 Residents Choice-MS-GR</p> <p>5:00 Evening Stroll-MS</p> <p>6:00 Wind Down-GR</p>	<p>8:30 Beatle's Music Memories & Multisensory Activities-MS* 31</p> <p>8:30 Doris Day Sing Along & Watercolor-GR**</p> <p>9:15 News & Views-MS/GR</p> <p>9:15 Travel Time to 70's Lecture-MS/GR</p> <p>10:00 Chair Fitness-MS*</p> <p>10:00 Morning Stretch-GR **</p> <p>10:30 Balloon Toss-MS*</p> <p>10:30 Volleyball Game-GR **</p> <p>1:00 Famous Faces & Places-MS/GR</p> <p>1:00 Pretty Nails & Puzzles- MS/GR</p> <p>2:00 Craft Project-MS/GR</p> <p>5:00 Evening Stroll-MS</p>