April 2025
PARKVIEW VITALITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminiscence w/ Pictures & Sayings-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Noddle Ball Catch-GR** 1:00 Trivia-MS/GR 1:30 Card Decoration-MS/GR 1:30 Scenic Drive to Harbor Island-MS** 2:00 BINGO- MS/GR	**2** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving &Counting-MS * 10:30 Balloon Tennis-MS/GR 1:00 Music Reminisce & Random Trivia-MS/GR 2:00 Mother's Day Card Project-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS	**3** 8:30 Watercolor & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Chair Fitness-MS* 10:30 Balloon Tennis-MS* 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Harbor Coronado-MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS	**4** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR ** 10:30 Balloon Tennis-MS/GR 1:00 Flower Arrangement-MS * 1:00 Garden Visit-CY 2:00 Pet Therapy w/Heart N Soul-CY 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	**5** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 States & Capitals Memory Exercise-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Sing Along Classic's w/Bianchi-GR 2:00 Having Fun w/Fair Games & Soc.-GR 3:00 50's Sing Along-MS/GR 5:00 Evening Stroll-MS
6 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Travel Time to 50's Lecture-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS* 10:30 Volleyball Balloon Game-GR** 11:00 Balloon Tennis-MS* 11:00 Catholic Communion-C 1:00 Movie Star Trivia-MS/GR 1:30 Rummikub & Puzzles-GR** 1:30 Watercolor & Multisensory activities-	**7** 8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Chair Fitness-MS* 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Flower Arrangement-MS* 1:00 Plaster of Paris Project-GR** 2:00 Clay Project-MS/GR 3:00 Ball Toss-MS/GR	**8** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminiscence w/ Pictures & Sayings-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Noddle Ball Catch-GR** 1:00 Trivia-MS/GR 1:30 Card Decoration-MS/GR 1:30 Scenic Drive to Seaport Village-MS** 2:00 BINGO- MS/GR	**9** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 Watercolor Movie Star Reminisce Trivia -MS* 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving &Counting-MS * 10:30 Balloon Toss-MS/GR 1:00 Music Reminisce & Random Trivia-MS/GR 2:00 Mother's Day Card Project-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS	**10** 8:30 Matching Cards & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Chair Fitness-MS* 10:30 Balloon Tennis-MS* 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 2:00 Welcome New Resident Social w/ Rikacha Music-GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS	**11** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR ** 10:30 Balloon Tennis-MS/GR 1:00 Flower Arrangement-MS * 1:00 Garden Cleaning -CY 2:00 Memory Cards & Dominoes-MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	**12** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 States & Capitals Memory Exercise-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Random Trivia & Table Games-MS/GR 2:00 Christian Service w/Ed Equid-C 2:00 Residents Choice- MS/GR 3:00 Balloon Toss-MS/GR
13 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Travel Time to 50's Lecture-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS* 10:30 Volleyball Balloon Game-GR** 11:00 Balloon Tennis-MS* 1:00 Movie Star Trivia-MS/GR 1:30 Rummikub & Puzzles-GR** 1:30 Watercolor & Multisensory activities- 2:30 Pop Corn & Family Bingo Soc.-MS/GR	**14** 8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Moving & Counting-MS * 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Flower Arrangement-MS* 1:00 Plaster of Paris Project-GR** 2:30 Clay Project-GR 2:30 Watercolor Project-MS/GR	**15** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminiscence w/ Pictures & Sayings-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Noddle Ball Catch-GR** 1:00 Trivia-MS/GR 1:30 Card Decoration-MS/GR 1:30 Scenic Drive to Shelter Island-MS** 2:00 BINGO- MS/GR 3:00 Sing Along & Instruments Circle-	**16** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving &Counting-MS * 10:30 Balloon Toss-MS/GR 1:00 Music Reminisce & Random Trivia-MS/GR 2:00 Mother's Day Card Project-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS	**17** 8:30 Watercolor & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Chair Fitness-MS* 10:30 Balloon Tennis-MS* 10:30 Volleyball Balloon Game-GR** 1:00 Parkview Craft Project-MS/GR 1:30 Scenic Drive to Embarcadero-MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS	**18** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Chair Fitness-MS* 10:00 Morning Stretch-GR ** 10:30 Balloon Tennis-MS/GR 1:00 Flower Arrangement-MS * 1:00 Garden Visit-CY 2:00 Pet Therapy w/Heart N Soul-CY 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS 6:00 Wind Down-GR	**19** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 States & Capitals Memory Exercise-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Random Trivia & Table Games-MS/GR 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS
20 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Travel Time to 50's Lecture-MS/GR 9:30 Morning Stretch-GR ** 9:30 Moving & Counting-MS * 10:00 Catholic Communion-C 10:30 Balloon Parachute Game-MS* 10:30 Balloon Tennis-MS/GR 10:30 Volleyball Balloon Game-GR** 1:00 Movie Star Trivia-MS/GR 1:30 Rummikub & Puzzles-GR** 1:30 Watercolor & Multisensory activities-	**21** 8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Moving & Counting-MS * 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Flower Arrangement-MS* 1:00 Plaster of Paris Project-GR** 2:00 Clay Project-MS/GR 3:00 Ball Toss-MS/GR	**22** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminiscence w/ Pictures & Sayings-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Noddle Ball Catch-GR** 1:00 Trivia-MS/GR 1:30 Card Decoration-GR ** 2:00 BINGO- MS/GR 3:00 Sing Along & Instruments Circle-MS/GR	**23** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving &Counting-MS * 10:30 Balloon Toss-MS/GR 1:00 Music Reminisce & Random Trivia-MS/GR 2:00 Birthday Celebration Soc. w/ Raymond-GR 3:00 Ball Toss-MS/GR	**24** 8:30 Matching Cards & Puzzles-MS* 8:30 Word Search & Crosswords-GR** 9:15 Daily Chronicles-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Chair Fitness-MS* 10:00 Parkview Scavenger Hunt-MS* 10:30 Balloon Tennis-MS* 10:30 Volleyball Game-GR ** 1:00 Clay Project-MS/GR 1:30 Scenic Drive to Silver Strand-MS** 2:00 BINGO- MS/GR 3:00 Balloon Toss-MS/GR	**25** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 9:30 Morning Stretch-GR ** 10:00 Chair Fitness-MS* 10:30 Balloon Tennis-MS/GR 1:00 Flower Arrangement-MS * 1:00 Garden Visit-CY 1:00 Plaster of Paris Project-GR** 2:00 Memory Cards & Dominoes-MS/GR 3:00 Balloon Toss-MS/GR 5:00 Evening Stroll-MS	**26** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 States & Capitals Memory Exercise-GR** 9:15 News & Views-MS/GR 9:20 Reminisce w/ Theme Box-MS/GR 10:00 Morning Fitness-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Volleyball Game-GR ** 1:00 Random Trivia & Table Games-MS/GR 2:00 Christian Service w/Ed Equid-C 2:00 Residents Choice-MS/GR 3:00 Balloon Toss-MS/GR
27 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Travel Time to 50's Lecture-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving & Counting-MS * 10:30 Balloon Parachute Game-MS* 10:30 Volleyball Balloon Game-GR** 11:00 Balloon Tennis-MS* 1:00 Movie Star Trivia-MS/GR 1:30 Rummikub & Puzzles- GR** 1:30 Watercolor & Multisensory activities- 2:30 Pop Corn & Family Bingo Soc.-MS/GR	**28** 8:30 Aromatherapy & Music Band Era Reminisce-MS* 8:30 Word Search & Crosswords-GR** 9:15 News & Views-MS/GR 9:20 Memory Games & Card Matching-MS/GR 10:00 Band & Ball Stretch Exercise-GR** 10:00 Chair Fitness-MS* 10:30 Bean Bag Toss-GR ** 10:30 Bowling Game-MS * 1:00 Flower Arrangement-MS* 1:00 Plaster of Paris Project-GR** 2:00 Clay Project-MS/GR 3:00 Ball Toss-MS/GR	**29** 8:30 Glenn Miller Music & Matching Cards-MS* 8:30 Wordsearch & Memory Game-GR** 9:15 Daily Chronicles-MS/GR 9:20 Reminiscence w/ Pictures & Sayings-MS/GR 9:30 Morning Fitness-GR ** 9:30 Moving & Counting-MS * 10:30 Balloon Toss-MS* 10:30 Noddle Ball Catch-GR** 1:00 Trivia-MS/GR 1:30 Card Decoration-MS/GR 1:30 Scenic Drive to Point Loma-MS** 2:00 BINGO- MS/GR	**30** 8:30 Sing Along w/ Abba & Card Matching-MS* 8:30 Watercolor & Movie Star Reminisce Trivia-GR** 9:15 News & Views-MS/GR 9:20 Table Games & Puzzles-MS/GR 10:00 Morning Stretch-GR ** 10:00 Moving &Counting-MS * 10:30 Balloon Toss-MS/GR 1:00 Music Reminisce & Random Trivia-MS/GR 2:00 Craft Project-MS/GR 3:00 Ball Toss-MS/GR 5:00 Evening Stroll-MS	PARADISE VILLAGE A GENERATIONS COMMUNITY **GR**: Great Room **MS**: Main St. **C**: Chapel **VT**: Village Theater **TP**: Torrey Pines Activities Difficulty Level: Easy * Medium **			