

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



SERENTO CASA
A GENERATIONS COMMUNITY

December 2022

AR: Activity Room | O: Outdoors

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<p>1</p> <p>9:00 Crossword Puzzles 10:00 Outdoor Strolls o 11:00 Mental Fitness AR 1:30 Christmas Wreath Project AR 3:00 Holiday Music & Games 7:00 Movie Night AR</p>	<p>2</p> <p>9:00 Morning Stretches 10:00 Word Search Puzzles 11:00 Table Games AR 2:00 Hot Cocoa Social AR 3:00 Bingo AR 7:00 7 o'clock News AR</p>	<p>3</p> <p>9:00 Comfort Visits 1:1 10:00 Cranium Crunches AR 11:00 Board Games AR 1:30 Jigsaw Puzzles AR 3:00 Holiday Movie AR</p>
<p>4</p> <p>9:00 Aromatherapy 1:1 10:00 Live Catholic Mass AR 11:00 Watercolor Painting AR 1:00 Chronicles & Puzzles 3:00 Hallmark Movie AR</p>	<p>5</p> <p>9:00 Holiday Music & Chronicles 10:00 Outdoor Strolls o 11:30 Exercise Class AR 1:30 Canvas Art AR 3:00 Dominoes Club AR 7:00 ABC News AR</p>	<p>6</p> <p>9:00 Social Visits 1:1 10:00 Word Puzzles & Chronicles 11:30 Balloon Volleyball AR 2:00 Tuesday Trivia AR 3:30 Card Games AR 7:00 Jeopardy Show AR</p>	<p>7</p> <p>9:00 Chronicles & Aromatherapy 10:45 Strength Exercises AR 11:00 Resident Council AR 1:30 Rummikub Club AR 3:00 Movies & Manicures AR 6:00 Family Feud Gameshow</p>	<p>8</p> <p>9:00 Crossword Puzzles 10:00 Nature Appreciation o 11:00 Mental Fitness AR 1:30 Holiday Décor Craft AR 3:00 Christmas Stories AR 7:00 Movie Night AR</p>	<p>9</p> <p>9:00 Morning Stretches 10:00 Word Search Puzzles 11:00 Card Games AR 2:00 Snack Social AR 3:00 Bingo AR 7:00 7 o'clock News AR</p>	<p>10</p> <p>9:00 Comfort Visits 1:1 10:00 Cranium Crunches AR 11:00 Board Games AR 1:30 Jigsaw Puzzles AR 3:00 Holiday Movie AR</p>
<p>11</p> <p>9:00 Aromatherapy 1:1 10:00 Live Catholic Mass AR 11:00 Creative Coloring AR 1:00 Puzzles & Chronicles 3:00 Hallmark Movies AR</p>	<p>12</p> <p>9:00 Holiday Music & Chronicles 10:00 Nature Appreciation o 11:30 Fitness Class AR 1:30 Christmas Jewelry Making AR 3:00 Chinese Checkers AR 7:00 Fox News AR</p>	<p>13</p> <p>9:00 Social Visits 1:1 10:00 Chronicles & Word Puzzles 11:30 Balloon Volleyball AR 2:00 Tuesday Trivia AR 3:30 Card Games AR 7:00 Jeopardy Show AR</p>	<p>14</p> <p>9:00 Chronicles & Aromatherapy 10:45 Strength Exercises AR 11:00 Brain Games AR 1:30 Rummikub Club AR 3:00 Movies & Manicures AR 6:00 Family Feud Gameshow</p>	<p>15</p> <p>9:00 Crossword Puzzles 10:00 Outdoor Strolls o 11:00 Mental Fitness AR 1:30 Christmas Cards AR 3:00 Christmas Stories AR 7:00 Movie Night AR</p>	<p>16</p> <p>9:00 Morning Stretches 10:00 Word Search Puzzles 11:00 Table Games AR 2:00 Hot Cocoa Bar AR 3:00 Bingo AR 7:00 7 o'clock News</p>	<p>17</p> <p>9:00 Comfort Visits 1:1 10:00 Cranium Crunches AR 11:00 Board Games AR 1:30 Jigsaw Puzzles AR 3:00 Movie: White Christmas</p>
<p>18</p> <p>9:00 Aromatherapy 1:1 10:00 Live Catholic Mass AR 11:00 Watercolor Painting AR 1:00 Chronicles & Puzzles 3:00 Hallmark Movies AR</p>	<p>19</p> <p>9:00 Holiday Music & Chronicles 10:00 Winter Strolls o 11:30 Exercise Class AR 1:30 Christmas Jewelry Making AR 3:00 Dominoes Club AR 7:00 ABC News AR</p>	<p>20</p> <p>9:00 Social Visits 1:1 10:00 Word Puzzles & Chronicles 11:30 Balloon Volleyball AR 2:00 Tuesday Trivia AR 3:30 Card Games AR 7:00 Jeopardy Show AR</p>	<p>21</p> <p>9:00 Chronicles & Aromatherapy 10:45 Strength Exercises AR 11:00 Brain Games AR 1:30 Rummikub Club AR 3:00 Movies & Manicures AR 6:00 Family Feud Gameshow</p>	<p>22</p> <p>9:00 Crossword Puzzles 10:00 Winter Strolls o 11:00 Mental Fitness AR 1:30 Christmas Stockings Craft AR 3:00 Christmas Stories AR 7:00 Movie Night AR</p>	<p>23</p> <p>9:00 Morning Stretches 10:00 Word Search Puzzles 11:00 Card Games AR 2:00 Gingerbread House AR 3:30 Holiday Music & Games 7:00 7 o'clock News AR</p>	<p>24</p> <p>9:00 Comfort Visits 1:1 10:00 Christmas Puzzles AR 11:00 Board Games AR 1:00 Hot Cocoa Bar AR 3:00 Movie: It's a Wonderful Life AR</p>
<p>25</p> <p>9:00 Aromatherapy 1:1 10:00 Live Catholic Mass AR 11:00 – 1:30 Christmas Celebration! 3:00 Christmas Movie</p>	<p>26</p> <p>9:00 Holiday Music & Chronicles 10:00 Winter Strolls o 11:30 Fitness Class AR 1:30 Canvas Art AR 3:00 Chinese Checkers AR 7:00 Fox News AR</p>	<p>27</p> <p>9:00 Social Visits 1:1 10:00 Chronicles & Word Puzzles 11:30 Balloon Volleyball 2:00 Tuesday Trivia 3:30 Card Games AR 7:00 Jeopardy Show AR</p>	<p>28</p> <p>9:00 Chronicles & Aromatherapy 10:45 Strength Exercises AR 11:00 Brain Games AR 1:30 Rummikub Club AR 3:00 Movies & Manicures AR 6:00 Family Feud Gameshow</p>	<p>29</p> <p>9:00 Crossword Puzzles 10:00 Winter Strolls o 11:00 Mental Fitness AR 1:30 Winter Craft AR 3:00 Board Games AR 7:00 Movie Night AR</p>	<p>30</p> <p>9:00 Morning Stretches 10:00 Word Search Puzzles 11:00 Table Games AR 2:00 Snack & Chat AR 3:00 Bingo! AR 7:00 7 o'clock News AR</p>	<p>31</p> <p>9:00 Comfort Visits 1:1 10:00 Cranium Crunches AR 11:00 Board Games AR 1:00 Jigsaw Puzzles AR 3:00 Saturday Movie AR</p>

Please Note: All Vitality Programs and Times are subject to change. Indoor Group Programs for Green Cohort Residents only.