WHEATLAND VILLAGE A GENERATIONS COMMUNITY		March 2024			Assisted Living	
Vitality Theme: Move More in March		Birthdays!			Location Guide	
"Movement is life. Life is a process. Improve the quality of the process and you improve the quality of life itself."  — Moshe Feldenkrais		Cecil Fletcher 1st Jean Stahlberg 2nd John Edwards 3rd Rosalie Blue 6th Marion Inglis 7th Carolyn Hendricks 7th		Delores Bennington 22nd Len Isaacs 22nd Jackie George 23rd Marlene Fields 25th Tom Lepique 27th Nancy Horn 29th	1st Floor W - West Entrance E - East Entrance VC - Vitality Center R - Restaurant GC - Golf Course Ch-Chapel P-Pool 2nd Floor BC -Business Center LIB -Library 2L -2nd Floor Lobby	BS-Beauty Salon  2E-2nd Floor East Wing  CON -Conference Room  3rd Floor RR - Red Rooster  GAM -Game Room  TH -Movie Theater  COM -Community room  B-Balcony  TBD-To Be Determined
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 31st					1	2
10:00 Exercise (CON) 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Word Games (2L) 2:00 Hot drinks Chat & snack(2L) 3:00 Movie (TH) 3:15 Dominos 4:00 Activity Packets 6:00 Evening Movie (TH)		1500 Catherine Street Walla Walla, WA 99362			9:00 Friday Shopping 9:30 Sound Audiology (COM) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Dominos 2:00 Birthday Party (CON) 3:00 Movie (TH) 3:15 Groups Games w/ Peggy 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 2:00 Hangman (2L) 3:00 Movie (TH) 3:15 Group Games (2L) 4:00 Activity Packets 6:00 Evening Movie (TH)
3	4	5	6	7	8	9
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:00 Exercise (CON) 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Word Games (2L) 2:00 Hot drinks Chat & snack(2L) 3:00 Movie (TH) 3:15 Word Games (2L) 4:00 Reading Corner (2L) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Dominos (2L) 2:00 Pool walking + W/Peggy (P) 3:00 Irish Wreath Craft with Peggy (2L) 4:00 Table Games	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Seated Stretching with Peggy (CON) 1:00 Men's Poker ® 1:00 Bible Study (CH) 145 Bean Bag Toss (2L) 2:30 Irish Wreath Craft (2L) 4:00 Left-Center-Right Dice Games with Peggy	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:30 Skip-Bo w/Peggy 3:00 Movie (TH) 3:15 Culture Topic Seated Step Walk with Peggy 4:00 Dominos 6:00 Evening Movie (TH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Seated Stretching with Peggy (CON) 1:45 Play Dough Crafts (2L) 3:15 Culture Topic Seated Step Walk w/Peggy 3:00 Movie (TH) 4:00 Dominos (2L) 6:00 Evening Movie (TH)	8:00 Men's Breakfast (PDR) 9:00 Friday Shopping (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:45 Lunch Bunch: TBD 1:30 Dice Games with Peggy(2L) 3:00 Movie (TH) 3:15 Irish Wreath Craft (2L) 6:00 Evening Movie (TH) 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 2:00 Hangman (2L) 3:00 Movie (TH) 3:15 Group Games (2L) 4:00 Reading Corner (2L) 6:00 Evening Movie (TH)

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10	11	12	13	14	15	16
10:00 Methodist Church	8:30 Coffee & Donuts (2L)	10:00 Exercise (CON)	10:00 Exercise (CON)	10:00 Exercise (CON)	9:00 Friday Shopping	10:00 Exercise (CON)
10:00 Exercise (CON)	9:00 Walmart / Andy's (W)	10:40 Candy Bingo (CON)	10:40 Candy Bingo (CON)	10:00 Presbyterian Worship (CH)	9:30 WW Audiology (COM)	10:40 Candy Bingo (CON)
10:30 Catholic Service (CH)	10:00 Exercise (CON)	12:00 Pianist Carolyn ®	11:00 Scenic Drive (W)	10:40 Candy Bingo (CON)	10:00 Exercise (CON)	11:00 Village Church (TH)
10:40 Candy Bingo (CON)	10:40 Candy Bingo (CON)	1:00 Seated Stretching	1:30 Dice Games (2L)	1:00 Seated Stretching	10:40 Candy Bingo (CON)	1:00 Crosswords (2L)
1:00 Word Games (2L)	11:00 Mending with Akiko(COM)	with Peggy (CON)	2:30 Culture Topic seated step	with Savvy (CON)	11:00-1:30 Potato Bar ®	2:00 Hangman (2L)
2:00 Hot drinks Chat & snack(2L)	1:00 Group Table Games	1:00 Men's Poker ®	walk with Peggy (2L)	1:40 Culture Topic seated step	2:00 Justin K Musical Performance	3:00 Movie (TH)
3:00 Movie (TH)	2:00 Pool walking + W/Peggy (P)		3:15 Ping- Pong Toss (2L)	walk with Peggy (2L)	1:30 Dice Games w/Peggy (2L)	3:15 Group Games (2L)
3:15 Word Games (2L)	2:30 Chair movement games (2L)	·	3:00 Movie (TH)		2:30 Veteran's Hour (CON)	4:00 Reading Corner (2L)
4:00 Reading Corner (2L)	3:15 Irish Gnome Craft	3:30 Table games (2L)	4:00 Table Games (2L)	3:00 Movie (TH)	3:15 Irish Gnome Craft	6:00 Evening Movie (TH)
•	with Peggy (2L)		6:00 Evening Movie (TH)	3:15 Dominos (2L)	6:00 Evening movie (TH)	
17	18	19	20	21	22	23
10:00 Exercise (CON)	8:30 Coffee & Donuts (2L)	10:00 Exercise (CON)	10:00 Exercise (CON)	10:00 Exercise (CON)	9:00 Friday Shopping	10:00 Exercise (CON)
10:30 Catholic Service (CH)	9:00 Walmart / Andy's (W)	10:40 Candy Bingo (CON)	10:40 Candy Bingo (CON)	11:00 Episcopal Service (CH)	10:00 Exercise (CON)	10:40 Candy Bingo (CON)
10:40 Candy Bingo (CON)	10:00 Exercise (CON)	1:00 Seated Stretching	11:00 Scenic Drive (W)	10:40 Candy Bingo (CON)	10:40 Candy Bingo (CON)	11:00 Village Church (TH)
1:00 Word Games (2L)	10:40 Candy Bingo (CON)	with Savvy (CON)	1:30 Dominos (2L)	1:00 Seated Stretching	1:30 Match Madness (2L)	1:00 Crosswords (2L)
2:00 Hot drinks Chat & snack(2L)	1:30 Dominos (2L)	1:00 Men's Poker ®	2:00 New Resident Social (RR)	with Savvy (CON)	1:15 Easter wreath Craft (2L)	2:00 Hangman (2L)
3:00 Movie (TH)	2:00 Pool walking + W/Peggy (P)	1:30 Easter Box Craft w/Peggy (2L)	3:00 Movie (TH)	1:40 C.T. Seated Step w/Peggy (2L)	3:00 Movie (TH)	3:00 Movie (TH)
3:15 Word Games (2L)	3:00 Easter Box Craft w/Peggy(2L)	3:00 Town Hall (CON)	3:15 Adult Coloring (2L)	2:15 Dominos (2L)	3:10 Dominos (2L)	3:15 Group Games (2L)
4:00 Reading Corner (2L)	4:00 Tri-Ominos (2L)	3:30 Left-Right Read (2L)	6:00 Evening Movie (TH)	3:00 Movie (TH)	4:00 Wolf Creek Band (R)	4:00 Reading Corner (2L)
6:00 Evening Movie (TH)		3:15 Dominos (2L)		3:15 Word games (2L)	6:30 Vespers (CH)	6:00 Evening Movie (TH)
24	25	26	27	28	29	30
10:00 Exercise (CON)	8:30 Coffee & Donuts (2L)	10:00 Exercise (CON)	10:00 Exercise (CON)	10:00 Exercise (CON)	9:00 Friday Shopping	10:00 Exercise (CON)
10:30 Catholic Service (CH)	9:00 Walmart / Andy's (W)	10:40 Candy Bingo (CON)	10:40 Candy Bingo (CON)	10:40 Candy Bingo (CON)	9:30 WW Audiology (COM)	10:40 Candy Bingo (CON)
10:40 Candy Bingo (CON)	10:00 Exercise (CON)	1:00 Seated Stretching		11:30 AL Resident Council (con)	10:00 Exercise (CON)	11:00 Village Church (TH)
1:00 Word Games (2L)	10:40 Candy Bingo (CON)	with Peggy (CON)	1:30 Dominos (2L)	1:00 Seated Stretching (CON)	10:40 Candy Bingo (CON)	1:00 Crosswords (2L)
2:00 Hot drinks Chat & snack(2L)	_		3:00 Movie (TH)	1:40 C.T. Seated Step w/Peggy (2L)	1:40 C.T. Seated Step w/Peggy (2L)	2:00 Hangman (2L)
3:00 Movie (TH)	1:30 Dominos (2L)	•	3:15 Flower Arranging (2L)	2:10 Water Pong Toss Game (2L)	3:00 Movie (TH)	3:00 Movie (TH)
3:15 Word Games (2L)	2:00 Pool walking + W/Peggy (P)	007	4:45 Dinner Dash TBD	3:00 Movie (TH)	3:15 Play Dough Crafts (2L)	3:15 Group Games (2L)
•	2:45 Dice Games w/ Peggy	3:45 Dominos (2L)	6:00 Evening Movie (TH)	3:15 Play Dough Crafts (2L)	3:00 Easter Egg Hunt	4:00 Reading Corner (2L)
6:00 Evening Movie (TH)	3:30 Table Games			6:00 Evening movie (TH)	6:00 Evening movie (TH)	6:00 Evening Movie (TH)