

**Vitality Theme: Celebrating Generations Values**

We put people first.  
We love to learn and stay curious, at every stage of life.  
We are determined people who bring grit with grace.  
We cherish the business through accountability.  
And we have fun doing it!

**Birthdays!**

Lenore Wagner 2nd  
Sara Carson 4th  
Theresa Nichols 6th  
Delila Ojeda 8th  
David Linton 10th




Marjorie Paugstat 12th  
Dennis Ross 12th  
Janice Anhorn 12th  
Shirley Isaacs 14th  
Joanne Brinker 16th  
Peter Castle 19th



Vera Peery 20th  
Barbara Drazek 25th  
Arlene Donahue 25th  
David Nichols 25th  
Margaret Marion 30th

**Location Guide**

1st Floor W - West Entrance      BS-Beauty Salon  
E - East Entrance      2E-2nd Floor East Wing  
VC - Vitality Center      CON -Conference Room  
R - Restaurant      3rd Floor RR - Red Rooster  
GC - Golf Course      GAM -Game Room  
Ch-Chapel P-Pool      TH -Movie Theater  
2nd Floor BC -Business Center | COM -Community room  
LIB -Library      B-Balcony  
2L -2nd Floor Lobby      TBD-To Be Determined

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
 1500 Catherine Street Walla Walla, WA 99362	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:00 Pinochle (GAM) 1:30 Bridge (GAM) 2:00 Pool Walking + w/Peggy	8:00 Water Aerobics (Pool) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Men's Poker (3L) 1:00 Seated Stretching (CON) 1:00 Pinochle (GAM) 1:00 Bible study (CH) 2:30 Seed Planting (2L)	8:30 Senior Living Outing TBD 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 3:15 Chinese Checkers 6:00 Evening Movie (TH)	8:00 Water Aerobics (Pool) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Seated Stretching (CON) 1:30 Rock Painting (2L) 3:00 Skip-Bo (GAM) 3:00 Movie (TH) 4:00 Dominos (2L)	9:00 Friday Shopping 9:30 Sound Audiology (COM) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 1:30 Bridge (GAM) 2:00 Birthday Party (CON) 3:00 Movie (TH) 3:30 Two Bit Bingo (CON) 6:00 Evening Movie (TH) 6:30 Vespers (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Card making w/Evie (COM) 1:15 Scrabble (2L) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 4:00 Activity Packets 6:00 Table Games (3L)
7	8	9	10	11	12	13
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 1:00 Word Games (2L) 2:15 Sip and Chat History trivia (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 3:15 Word Games (2L) 4:00 Reading corner (2L) 6:00 Evening Movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(CO 11:15 Balance & Strength(VC) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:00 Pinochle (GAM) 1:30 Bridge (GAM) 2:00 Pool Walking + w/Peggy 3:00 Two Bit Bingo (CON) 3:00 Plant a plant for a friend (2L)	8:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:00 Pianist Carolyn ® 12:15 Watercolor (COM) 1:00 Men's Poker (3L) 1:00 Seated Stretching (CON) 1:00 Pinochle (GAM) 1:00 Bible study (CH) 2:30 Clay Mushroom Craft(2L) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM)	8:30 Senior Living Outing TBD 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Skip-Bo w/Peggy (2L) 2:30 Clay Mushroom craft For garden decoration (2L) 3:00 Resident Council (CON) 3:00 Movie (TH) 3:00 Candy BINGO (COM) 6:00 Evening Movie (TH)	8:00 Water Aerobics (Pool) 10:00 Presbyterian Worship (CH) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Seated Stretching (CON) 1:30 Hungry Hungry Hippo (2L) 2:30 Submarine History Read and Chat (2L) 3:00 Movie (TH) 3:00 Skip-Bo (GAM) 6:00 Evening Movie (TH)	8:00 Men's Breakfast (PDR) 9:00 Friday Shopping 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 11:45 Lunch Bunch: TBD 1:30 Dice Games with Peggy(2L) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 6:00 Evening Movie (TH) 6:30 Vespers (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 12:00 Erika L. Piano Recital ® 1:00 Décor Bags w/Evie (COM) 1:15 Hangman (2L) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 4:00 Reading Corner (2L) 6:00 Table Games (3L) 6:00 Evening Movie (TH)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 1:00 Word Games (2L) 2:15 Sip and Chat History trivia (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 3:15 Word Games (2L) 4:00 Reading corner (2L)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Dominos (2L) 1:00 Pinochle (GAM) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 2:00 Pool Walking + w/Peggy 3:00 Two Bit Bingo (CON)	8:00 Water Aerobics (Pool) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Seated Stretching (CON) 1:00 Men's Poker (3L) 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:00 Town Hall (CON)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 2:00 New Resident Social (RF) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 3:15 Ping- Pong Toss (2L) 6:00 Evening movie (TH) 6:30 Card making w/Evie (COM)	8:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:00 Episcopal Service (CH) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Seated Stretching (CON) 2:30 Rick Doyle on Guitar @ 3:00 Skip-Bo (GAM) 3:00 Card making w/Evie (COM) 3:15 Dominos (2L) 6:00 Evening movie (TH)	9:00 Friday Shopping 9:30~ WW Audiology (COM) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 1:30 Dice Games w/Peggy (2L) 1:30 Bridge (GAM) 2:00 Dollar Store & JoAnn Trip (W) 2:30 Veteran's Hour (CON) 3:00 Movie (TH) 3:30 Two Bit Bingo (CON) 6:30 Vespers (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Post-its w/Evie (COM) 1:15 Scrabble (2L) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 4:00 Reading Corner (2L) 6:00 Table Games (3L) 6:00 Evening movie (TH)
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:15 Sip and Chat History trivia (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 3:15 Word Games (2L) 3:00 Movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(CO) 1:00 Pinochle (GAM) 1-5 Medical Transport 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON)	8:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Seated Stretching (CON) 1:00 Men's Poker (3L) 1:00 Pinochle (GAM) 1:30 Burlap Sunflower Craft 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:00 Flower Arranging (com) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:00 Dominos (2L) 3:00 Candy BINGO (COM) 3:00 Movie (TH) 4:45 Dinner Dash (TBD) 6:30 Décor Bags w/Evie (COM)	8:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Seated Stretching (CON) 2:00 Penguin Rock Paint (2L) 3:00 Post-its w/Evie (COM) 3:00 Skip-Bo (GAM) 3:00 Movie (TH) 6:00 Evening movie (TH)	8-12 Love or Leave it (2nd Hall) 9:00 Friday Shopping 10:40 Candy Bingo (CON) 11:15 Stretch & Flex (VC) 1:30 Bridge (GAM) 1:30 Goodwill and Mall trip (w) 3:00 Two Bit Bingo (CON) 4:00 Wolf Creek Band 6:00 Evening movie (TH) 6:30 Vespers (CH)	10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Crosswords (2L) 1:15 Hangman (2L) 1:30 UNO (Gam) 3:00 Movie (TH) 3:15 Group Games (2L) 4:00 Reading Corner (2L) 6:00 Table Games (3L)
<b>28</b>	<b>29</b>	<b>30</b>				
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:15 Sip and Chat History trivia (2L) 3:00 Two Bit Bingo (CON) 3:00 Movie (TH) 3:15 Word Games (2L) 3:00 Movie (TH)	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:00 Exercise (2L) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Pinochle (GAM) 11:30 PEO Luncheon (COM) 1:00-3:00 Craft & Chat (COM) 1:00 Pinochle (GAM) 3:00 Two Bit Bingo (CON)	8:00 Water Aerobics (Pool) 10:30 Book Club (COM) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Seated Stretching (CON) 1:00 Men's Poker (3L) 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM)				