

Vitality Theme: We are meant to be together

When we remember a special Christmas, it is not the presents that made it special, but the laughter, the feeling of love, and the togetherness of friends and family that made that Christmas special.

-Catherine Pulsifer

Birthdays!

Dianne Wales 1st
Don Sweeney 4th
Al Marlon 6th
Sharon Shaw 13th

Gail Hughes 14th
Carol Funk 14th
Jeannette Hagerty 19th
Carolyn Baker 20th
Ray Davis 20th



Don Hurwitz 25th
Nora Taylor 25th
Elma Nordby 28th
Dick Anderson 28th




Location Guide

W - West Entrance
CH - Chapel
R - Restaurant
VC - Vitality Center
GC - Golf Course
E - East Entrance
BC - Business Center
LIB - Library
2L -2nd Floor Lobby

BS-Beauty Salon
2E-2nd Floor East Wing
COM -Community Room
RR - Red Rooster
GAM -Game Room
TH -Movie Theater
CON -Conference Room
P-Patio
TBD-To Be Determined

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Medical Transport	Vitality Center	Red Rooster	Wellness Types	1	2	3
Medical Transport Mondays 1:00 pm-5:00pm Tuesdays 9:00 am-5:00pm Thursdays 9:00 am-5:00pm Shopping Mondays 9:00 Walmart & Andy's Fridays 9:00 Bi-Mart & Safeway Super 1 & Grocery Outlet	Open 5:00-9:00 Pool Open 5:00-7:00 YMCA Classes Monday, Wednesday, Friday at 11:15 Balance & Strength Tuesday & Thursday at 8:00 Stretch & Flex Tuesday & Thursday at 11:15 Maintain Your Health	Open 12:00-3:00 Sandwiches, Soups, and Sweets Ice Cream Flavor of the Month Mint Chocolate Chip Games in Game Room on 3rd Pinochle T & T 1:00 pm Bridge M & F 1:30 pm Dominoes T, T & Sat. 2:00 pm Rummikub Sun & Thurs 6:00 pm	 Physical  Social  Spiritual  Intellectual  Environmental LIC# 1640	9:00 Refreshment Cart * 10:00 Exercise Class* 2L 10:45 Ceramics Painting * 2L 1:00 Refreshment Cart* 2:00 Bean Bag Toss with Grace* 2L 2:30-4 Christmas Crafts * 2L with music and snacks	9:00 Super 1/Grocery Outlet (W) 9:00 Refreshment Cart * 9:30-11:00 Sound Aud. (GAM) 10:00 Exercise Class* 2L 10:30 Shoulder Massages* 2L 1:00 Refreshment Cart* 2:30 Tree Lighting Ceremony (R) 3:00 Two Bit Bingo (CON) 3:30-4 Afternoon Stretching* 2L 6:30 Vespers (CH)	9:00 Refreshment Cart * 10:00 Chair Stretch with Grace* 2L 10:30 Sing a longs with Grace* 2L 11:00 Village Church (TH) 1:00 Refreshment Cart* 1:30 UNO (GAM) 2:00 Dominoes with Grace* 2L 3:30 Games with Grace* 2L 4:30 Community Band Christmas Performance (R) 5:00 Basketball (3rd Floor)
4	5	6	7	8	9	10
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Candy Bingo (COM) 10:00 Chair Stretch with Grace* 10:30 Catholic Service (CH) 10:30 Candy Bingo with Grace 2L 1:00 Christmas Piano Recital Dixie Cramer's Piano School (R) 2:30 Craft & Knit with Grace* 2L 3:00 Two Bit Bingo (CON) 3:30 Hot Apple Cider & Chat* 2L	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise Class 2L 1:00-4:00 Craft & Chat (COM) Christmas Card Supplies Available 1:00 Refreshment Cart* 1:00 Bible Class (CH) 3:00 Two Bit Bingo Moved to Community Room 3:30-4 Afternoon Stretch* 2L	9:00 Refreshment Cart * 10:00 Exercise Class* 2L 10:45 Hand Massages * 2L 1:00 Refreshment Cart* 3:00 Bingo * 2L 4:00 Activity Packets (2L)	10:00 Exercise Class* 2L 10:30 Hand Massages * 2L 11:00 Scenic Drive W 11:00 Acrylic Painting * Trees-(2L) 1:00 Refreshment Cart* 2:00 One on One w Grace * 3:00 Candy BINGO (COM) 3:00 1 on 1 Visits * 6:00 Restaurant Closing Early	9:00 Refreshment Cart * 10:00 Presbyterian Services 10:00 Exercise Class* 2L 10:45 Ceramics Painting * 2L 1:00 Refreshment Cart* 2:00 Bean Bag Toss with Grace* 2L 2:30-4 Christmas Crafts * 2L with Music and snacks	9:00 Safeway/ BiMart (W) 10:00 Exercise Class* 2L 10:30 Shoulder Massages* 2L 1:00 Refreshment Cart* 2:30-4:00 EAF Party (R) 3:00 Two Bit Bingo (CON) 4:30 Drew O'Brien: (CON) Climbing Expedition Presentation 6:30 Vespers (CH)	9:00 Refreshment Cart * 10:00 Chair Stretch with Grace* 2L 10:30 Sing a longs with Grace* 2L 11:00 Village Church (TH) 1:00 Refreshment Cart* 1:30 UNO (GAM) 2:30 Dominoes with Grace* 2L 3:30 Games with Grace* 2L 5:00 Basketball (3rd Floor)
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
11	12	13	14	15	16	17
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Candy Bingo (COM) 10:00 Chair Stretch with Grace* 10:30 Catholic Service (CH)	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise Class 2L 1:00-4:00 Craft & Chat (COM) Christmas Card Supplies Available	9:00 Refreshment Cart * 10:00 Exercise Class* 2L 11:00 Hand Massages * 2L 1:00 Refreshment Cart* 3:00 Bingo * 2L	10:00 Exercise Class* 2L 10:30 Hand Massages * 2L 10:30 Floral Arranging (CON) 11:00 Glasses Cleaning (GAM) 11:00 Scenic Drive W	9:00 Refreshment Cart * 10:00 Exercise Class* 2L 11:00 Make Christmas Bulbs * 2L 11:00 Episcopal Service (CH) 1:00 Refreshment Cart*	9:00 Super 1/Grocery Outlet (W) 9:30-11:00 WW Aud. (GAM) 10:00 Exercise Class* 2L 10:30 Shoulder Massages* 2L 1:00 Refreshment Cart*	9:00 Refreshment Cart * 10:00 Chair Stretch with Grace* 2L 10:30 Sing a longs with Grace* 2L 11:00 Village Church (TH) 1:00 Refreshment Cart*

10:30 Candy Bingo with Grace 2L 1:00 Refreshment Cart* 1:00 Christmas Plano Performance 2:30 Craft & Knit with Grace* 2L 3:00 Two Bit Bingo (CON) 3:30 Hot Apple Cider & Chat* 2L	1:00 Refreshment Cart* 1:00 Bible Class (CH) Two Bit Bingo Cancelled 3:30-4 Afternoon Stretching* 2L	4:00 Activity Packets (2L) National Hot Cocoa Day Cocoa on the 2nd Floor!	11:00 Acrylic Painting*Stockings-2L 1:00 Refreshment Cart* 2:00 Hammer Dulcimer (R) 3:00 Candy BINGO (COM) 3:00 1 on 1 Visits * 4:45 Dinner Dash: Kellys Restaurant & Lounge	2:00 Bean Bag Toss with Grace* 2L 2:30 Singer Rick Doyle (R) 2:30-4 Vitality will be doing Hair and painting nails (2L) 6:30-7:30 Resident Christmas Restaurant	2:00 Birthday Party (CON) 3:00 Two Bit Bingo (CON) 3:30-4 Afternoon Stretching* 2L 4:00 Sip & Paint with Jess (VC) 6:30 Vespers (CH) National Ugly Sweater Day Wear your Ugly Christmas Sweater!	1:30 UNO (GAM) 2:30 Dominoes with Grace* 2L 3:30 Games with Grace* 2L 5:00 Basketball (3rd Floor)
18	19	20	21	22	23	24
9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:00 Candy Bingo (COM) 10:00 Chair Stretch with Grace* 10:30 Catholic Service (CH) 10:30 Candy Bingo with Grace 2L 1:00 Refreshment Cart* 2:30 Craft & Knit with Grace* 2L 3:00 Two Bit Bingo (CON) 3:30 Hot Apple Cider & Chat* 2L First Day of Hanukkah	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise Class 2L 1:00 Refreshment Cart* 1:00-4:00 Craft & Chat (COM) Christmas Card Supplies Available 1:00 Bible Class (CH) 3:00 Two Bit Bingo (CON) 3:30-4 Afternoon Stretching* 2L	9:00 WA-HI Band Christmas Performance (R) 10:00 Exercise Class* 2L 11:00 Hand Massages * 2L 1:00 Refreshment Cart* 3:00 Bingo * 2L 4:00 Activity Packets (2L)	10:00 Exercise Class* 2L 10:30 Hand Massages * 2L 11:00 Scenic Drive W 11:00 Acrylic Painting* Snowmen-2L 1:00 Refreshment Cart* 2:00 One on One w Grace * 3:00 Candy BINGO (COM) 3:00 1 on 1 Visits *	9:00 Refreshment Cart * 10:00 Resident Council * (CON) 11:00 Ceramics Painting * 2L 1:00 Refreshment Cart* 2:00 Bean Bag Toss with Grace* 2L 3:00 Wordsearch at table 2L 4:45 Christmas Light Drive (W) Sign up on 2nd Floor	9:00 Safeway/ BiMart (W) 10:00 Exercise Class* 2L 10:30 Shoulder Massages* 2L 1:00 Refreshment Cart* 12:00 Christmas Performance (R) Planist Dee Ojeda & Violinist Hadley 2:00 Veterans Social (CON) 3:30-4 Afternoon Stretching* 2L 6:30 Vespers (CH)	9:00 Refreshment Cart * 10:00 Chair Stretch with Grace* 2L 10:30 Sing a longs with Grace* 2L 11:00 Village Church (TH) 1:00 Refreshment Cart* 1:30 UNO (GAM) 2:30 Dominoes with Grace* 2L 3:30 Games with Grace* 2L 5:00 Basketball (3rd Floor) * PAJAMA DAY!! * Christmas Eve
25	26	27	28	29	30	31
8:00 Hair & Paint Nails w/ Grace 2L 9:30 Walla Walla Presbyterian Call 525-1093 to Schedule Pick-up 10:30 Catholic Service (CH) 10:30 Candy Bingo with Grace 2L 1-4 Games & Christmas snacks with Alex * 2L 	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise Class 2L 11:30 PEO Meeting (COM) 1:00-4:00 Craft & Chat (COM) 1:00 Refreshment Cart* 1:00 Bible Class (CH) 3:00 Two Bit Bingo (CON) 3:30-4 Afternoon Stretching* 2L First Day of Kwanzaa	9:00 Refreshment Cart * 10:00 Exercise Class* 2L 10:30 Book Club (COM) 11:00 Hand Massages * 2L 1:00 Refreshment Cart* 3:00 Bingo * 2L 4:00 Activity Packets (2L)	10:00 Exercise Class* 2L 10:30 Hand Massages * 2L 11:00 Scenic Drive W 11:00 Acrylic Painting*Snowflakes 2L 1:00 Refreshment Cart* 2:00 New Resident Social * (RR) 3:00 Candy BINGO (COM) 3:00 1 on 1 Visits *	9:00 Refreshment Cart * 10:00 Exercise Class* 2L 11:00 Ceramics Painting * 2L 1:00 Refreshment Cart* 2:00 Bean Bag Toss with Grace* 2L 2:30-4 New Years Crafts * 2L with Music and snacks 7:30 Love It or Leave It Drop off Please Do NOT drop off Items before 7:30 PM	8:00-12:00 Love It or Leave It (CC) 9:00 Super 1/Grocery Outlet (W) 10:00 Exercise Class* 2L 10:30 Shoulder Massages* 2L 11:45 Lunch Bunch: China Buffet 1:00 Refreshment Cart* 3:00 Two Bit Bingo (CON) 3:30-4 Afternoon Stretching* 2L 6:30 Vespers (CH)	10:00 Chair Stretch with Grace* 2L 10:30 Sing a longs with Grace* 2L 11:00 Village Church (TH) 11:00 Noon Years Eve A New Years Celebration (2L) 1:30 UNO (GAM) 2:00 Dominoes with Grace* 2L 2:00 Wolf Creek Band (R) 3:30 Games with Grace* 2L New Years Eve