


**Vitality Theme: Gratitude Month**

“Gratitude is a powerful catalyst for happiness.  
It’s the spark that lights a fire of joy in your  
soul.” – Amy Collette

**Birthdays!**

Reuben Ojeda 3rd	Wilma Lange 15th	Thelma Sanks 20th
David Shannon 3rd	Elizabeth DeWeber 15th	Donald Wilson 20th
Luella Dysart 4th	Marilyn Corbett 15th	Robert Freeman 22nd
Donna Tidmarsh 4th	Randy Williams 16th	Susan Watilo 25th
Dorothy Curameng 6th	Mary Ellen Miller 17th	Rondald Tomkins 27th
Helen McLean 8th	Robert Zabor 17th	Jack Barga 28th
Avis Barnaby 10th	Peggy Sanderson 18th	Eleanor Tadej 29th
Ann Winder 11th	James McLean 19th	Evelyn Schmidt 29th
Freda Price 11th		Kathleen Kennedy 30th



**Location Guide**

<u>1st Floor</u> W - West Entrance	BS-Beauty Salon
E - East Entrance	2E-2nd Floor East Wing
VC - Vitality Center	CON -Conference Room
R - Restaurant	<u>3rd Floor</u> RR - Red Rooster
GC - Golf Course	GAM -Game Room
Ch-Chapel P-Pool	TH -Movie Theater
2nd Floor BC -Business Center	COM -Community room
LIB -Library	B-Balcony
2L -2nd Floor Lobby	TBD-To Be Determined

**SUNDAY**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**1**

**2**

**3**

**4**

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Scenic Drive (W)  
1:30 Pool Walking w/Justin  
1:30 Dominos (2L)  
3:00 Dice Games (2L)  
3:00 Movie

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
1:00 Pinochle (GAM)  
1:00 Chair Yoga w/Savvy (CON)  
3:00 Skip-Bo (GAM)  
3:00 Movie  
3:15 Group games with Peggy

9:00 Friday Shopping  
9:30-11:00  
Sound Audiology (GAM)  
10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
2:30 Birthday Party (CON)  
3:00 Movie  
6:30 Vespers (CH)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Village Church (TH)  
1:00 Card making w/Janet (com)  
1:00 Activity (2L)  
1:30 Dominoes w/ Nick (2L)  
3:00 Movie  
6:00 Table Games (3L)

**5**

**6**

**7**

**8**

**9**

**10**

**11**

10:00 Methodist Church  
Call 525-1870 to Schedule Pick-up  
10:30 Catholic Service (CH)  
10:40 Candy Bingo (CON)  
1:00 Activity (2L)  
1:30 Room Visits  
2:00 Hot drinks Chat and snack  
w Nick (2L)  
3:00 Movie

8:30 Coffee & Donuts (2L)  
9:00 Walmart / Andy's (W)  
10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Mending with Akiko  
(COM)  
1:00 Bible Class (CH)  
1:00 Activity  
3:00 Group games with Nick

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
1:00 Activity (2L)  
1:00 Chair Yoga w/Savvy (CON)  
2:00 Watercolors (2L)  
3:00 Skip-Bo (GAM)  
3:00 Men's Poker (R)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Scenic Drive (W)  
1:30 Pool Walking w/Justin  
1:30 Dominos (2L)  
3:00 Resident Council (CON)  
3:00 Dice Games (2L)  
3:00 Movie

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
10:00 Presbyterian Worship  
1:00 Pinochle (GAM)  
1:00 Chair Yoga w/Savvy (CON)  
3:00 Skip-Bo (GAM)  
3:00 Movie  
3:15 Group games with Peggy

8:00 Men's Breakfast  
9:00 Friday Shopping  
10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:30 Lunch Bunch:  
TBD  
3:00 Movie  
3:15 Group games with Peggy  
6:30 Vespers (CH)

10:00 Exercise (CON)  
10:40 Candy Bingo (CON)  
11:00 Village Church (TH)  
1:00 Activity (2L)  
1:30 Dominoes w/ Nick (2L)  
3:00 Movie  
6:00 Table Games (3L)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Activity (2L) 1:30 Room Visits 2:00 Hot drinks Chat and snack w Nick (2L) 3:00 Movie	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Bible Class CH 1:00 Activity (2L) 3:00 Group games with Nick	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 12:00 Pianist Carolyn (R) 1:00 Activity (2L) 1:00 Chair Yoga w/Savvy (CON) 2:00 Watercolors (2L) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive (W) 1:30 Pool Walking w/Justin 2:00 New Resident Social (RR) 3:00 Flower Arranging 3:00 Movie 3:15 Group Activity	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Episcopal Service (CH) 1:00 Pinochle (GAM) 1:00 Chair Yoga w/Savvy (CON) 3:00 Skip-Bo (GAM) 3:00 Movie 3:15 Group games with Peggy	9:00 Friday Shopping 9:30 WW Audiology (GAM) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 2:00 Dollar Store & Joann 2:00 Veterans Chat Time 2:30 Veterans Social (CON) 3:00 Movie 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Card making w/Janet (com) 1:00 Activity (2L) 1:30 Dominoes w/ Nick (2L) 3:00 Movie 6:00 Table Games (3L)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Activity (2L) 1:30 Room Visits 2:00 Hot drinks Chat and snack w Nick (2L) 3:00 Movie	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Mending w/ Akiko (COM) 1:00 Bible Class CH 1:00 Activity (2L) 3:00 Group games with Nick	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Activity (2L) 1:00 Chair Yoga w/Savvy (CON) 2:00 Watercolors (2L) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R) 3:00 Tom's Town Hall	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive(W) 1:30 Pool Walking w/Justin 1:30 Dominoes (2L) 3:00 Dice Games (2L) 3:00 Movie	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:30 AL Resident Council 1:00 Pinochle (GAM) 1:00 Chair Yoga w/Peggy (CON) 3:00 Skip-Bo (GAM) 3:00 Movie 3:15 Group games with Peggy <b>Thanksgiving Day</b>	8-12 Love it or Leave it. 9:00 Friday Shopping 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 2:00 Goodwill & Mall Trip 3:00 Movie 3:15 Group games with Peggy 4:00 Wolf Creek Band 6:30 Vespers (CH)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Activity (2L) 1:30 Dominoes w/ Nick (2L) 3:00 Movie 6:00 Table Games (3L)
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
10:00 Methodist Church Call 525-1870 to Schedule Pick-up 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Activity (2L) 1:30 Room Visits 2:00 Hot drinks Chat and snack w Nick (2L) 3:00 Movie	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:30 PEO Luncheon (COM) 10:40 Candy Bingo (CON) 1:00 Bible Class CH 1:00 Activity (2L) 3:00 Group games with Nick	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Activity (2L) 1:00 Chair Yoga w/Savvy (CON) 2:00 Watercolors (2L) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 11:00 Scenic Drive(W) 1:30 Pool Walking w/Justin 1:30 Dominoes (2L) 3:00 Dice Games (2L) 3:00 Movie 4:45 Dinner Dash Marcy's	10:00 Exercise (CON) 10:40 Candy Bingo (CON) 1:00 Pinochle (GAM) 1:00 Chair Yoga w/Savvy (CON) 3:00 Skip-Bo (GAM) 3:00 Movie 3:15 Group games with Peggy		