

Vitality Theme: Gratitude Month

Birthdays!

Location Guide

“Gratitude is a powerful catalyst for happiness.
It’s the spark that lights a fire of joy in your soul.” – Amy Collette

Reuben Ojeda 3rd	Wilma Lange 15th	Thelma Sanks 20th
David Shannon 3rd	Elizabeth DeWeber 15th	Donald Wilson 20th
Luella Dysart 4th	Marilyn Corbett 15th	Robert Freeman 22nd
Donna Tidmarsh 4th	Randy Williams 16th	Susan Watilo 25th
Dorothy Curameng 6th	Mary Ellen Miller 17th	Rondald Tomkins 27th
Helen McLean 8th	Robert Zabor 17th	Jack Barga 28th
Avis Barnaby 10th	Peggy Sanderson 18th	Eleanor Tadej 29th
Ann Winder 11th	James McLean 19th	Evelyn Schmidt 29th
Freda Price 11th		Kathleen Kennedy 30th



<u>1st Floor</u> W - West Entrance	BS-Beauty Salon
E - East Entrance	2E-2nd Floor East Wing
VC - Vitality Center	CON -Conference Room
R - Restaurant	<u>3rd Floor</u> RR - Red Rooster
GC - Golf Course	GAM -Game Room
Ch-Chapel P-Pool	TH -Movie Theater
<u>2nd Floor</u> BC -Business Center	COM -Community room
LIB -Library	B-Balcony
2L -2nd Floor Lobby	TBD-To Be Determined

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			8:30 Senior Living Outing Pioneer Park 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Pool Walking 1:30 Dominos (2L) 3:00 Candy BINGO (COM) 3:00 Dice Games (2L) 3:00 Movie	6:00 Water Aerobics 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Chair Yoga w/Savvy (CON) 3:00 Skip-Bo (GAM) 3:00 Movie	9:00 Friday Shopping 9:30-11:00 Sound Audiology (GAM) 10:40 Candy Bingo (CON) 11:15 Stretch & Flex with Justin 2:30 Birthday Party (CON) 3:30 Two Bit Bingo (CON) 3:00 Movie 6:30 Vespers (CH)	10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Card making w/Janet (com) 1:30 UNO (Gam) 1:30 Dominoes w/ Nick (2L) 3:00 Movie 6:00 Table Games (3L)
5	6	7	8	9	10	11
10:00 Methodist Church Call 525-1870 to Schedule Pick- 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:00 Hot drinks Chat and snack w Nick 3:00 Two Bit Bingo (CON) 3:00 Movie	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(COM) 11:15 Balance & Strength(VC) 1-5 Medical Transport 1:00 Bible Class (CH) 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON)	6:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Chair yoga with Savvy (2L) 1:00 Pinochle (GAM) 1:00 Board Games (2L) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 1:30 Pool Walking 3:00 Resident Council Meeting 3:00 Movie 7:00 Christmas Ornament w/Evie (COM)	6:00 Water Aerobics 10:00 Presbyterian Worship (CH) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Chair yoga with Savvy (2L) 3:00 Skip-Bo (GAM) 3:00 Christmas Ornament w/Evie (COM) 3:00 Movie (TH)	8:00 Men's Breakfast (COM) 9:00 Friday Shopping 10:40 Candy Bingo (CON) 11:15 Stretch & Flex with Justin 11:45 Lunch Bunch: TBD 1:30 Pool Walking (P) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON) 3:00 Movie 6:30 Vespers (CH)	10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Card making w/Janet (com) 1:30 UNO (Gam) 1:30 Dominoes w/ Nick (2L) 3:00 Movie 6:00 Table Games (3L)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12	13	14	15	16	17	18
10:00 Methodist Church Call 525-1870 to Schedule Pick- 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:00 Hot drinks Chat and snack w Nick 3:00 Two Bit Bingo (CON) 3:00 Movie	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Bible Class (CH) 1-5 Medical Transport 1:00 Bible Class (CH) 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON)	6:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:00 Pianist Carolyn (R) 12:15 Watercolor (COM) 1:00 Chair yoga with Savvy (2L) 12:15 Watercolor (COM) 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:00 Floral Arranging (COM) 11:15 Balance & Strength(VC) 1:30 Dominos (2L) 2:00 New Resident Social (RR) 3:00 Candy BINGO (COM) 3:00 Dice Games (2L) 7:00 Christmas Ornament w/Evie	6:00 Water Aerobics 10:40 Candy Bingo (CON) 11:00 Episcopal Service (CH) 11:15 Gentle Chair Fit (VC) 1:00 Pinochle (GAM) 1:00 Chair yoga with Savvy (CON) 2:30 Rick Doyle on Guitar ® 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R) 3:00 Movie (TH)	9:00 Friday Shopping 9:30~ WW Audiology 10:40 Candy Bingo (CON) 11:15 Stretch & Flex with Justin 1:30 Bridge (GAM) 2:00 Dollar Store & JoAnn Trip (W) 2:00 Veterans Chat Time 2:30 Veterans Social (CON) 3:30 Two Bit Bingo (CON) 3:00 Movie 6:30 Vespers (CH)	10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Card making w/Janet (com) 1:30 UNO (Gam) 1:30 Dominoes w/ Nick (2L) 3:00 Movie 6:00 Table Games (3L)
19	20	21	22	23	24	25
10:00 Methodist Church Call 525-1870 to Schedule Pick- 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:00 Hot drinks Chat and snack w Nick 3:00 Two Bit Bingo (CON) 3:00 Movie	8:30 Coffee & Donuts (COM) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:00 Mending with Akiko(COM) 11:15 Balance & Strength(VC) 1-5 Medical Transport 1:00 Bible Class (CH) 1:00-3:00 Craft & Chat (COM) 1:30 Bridge (GAM) 3:00 Two Bit Bingo (CON)	6:00 Water Aerobics (Pool) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 12:15 Watercolor (COM) 1:00 Chair yoga with Savvy (2L) 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:00 Tom's Town Hall 3:00 Men's Poker (R)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 1:30 Pool Walking 3:00 Candy BINGO (COM) 3:00 Movie (TH)	6:00 Water Aerobics 10:40 Candy Bingo (CON) 11:15 Balance & Strength with Justin 1:00 Pinochle (GAM) 1:00 Chair yoga with Savvy (CON) 1:30 Scrabble (2L) 3:00 Skip-Bo (GAM) 3:00 Movie (TH) Thanksgiving Day	8-12 Love it or Leave it (COM) (Second floor hallway) 9:00 Friday Shopping 10:40 Candy Bingo (CON) 11:15 Stretch & Flex with Justin 1:30 Bridge (GAM) 2:00 Goodwill & Mall Trip (W) 3:00 Two Bit Bingo (CON) 4:00 Wolf Creek Band 6:30 Vespers (CH)	10:40 Candy Bingo (CON) 11:00 Village Church (TH) 1:00 Card making w/Janet (com) 1:30 UNO (Gam) 1:30 Dominoes w/ Nick (2L) 3:00 Movie 6:00 Table Games (3L)
26	27	28	29	30		
10:00 Methodist Church Call 525-1870 to Schedule Pick- 10:30 Catholic Service (CH) 10:40 Candy Bingo (CON) 1:00 Hand & Foot (GAM) 2:00 Hot drinks Chat and snack w Nick 3:00 Two Bit Bingo (CON) 3:00 Movie	8:30 Coffee & Donuts (2L) 9:00 Walmart / Andy's (W) 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 11:30 PEO Luncheon (COM) 1-5 Medical Transport 1:00 Bible Class CH 1:00-3:00 Craft & Chat (COM) 3:00 Two Bit Bingo (CON)	6:00 Water Aerobics (Pool) 10:30 Book Club (COM) 10:40 Candy Bingo (CON) 11:15 Gentle Chair Fit (VC) 12:15 Watercolor (COM) 1:00 Chair yoga with Savvy (2L) 1:00 Pinochle (GAM) 2:00 Domino Games (GAM) 3:00 Skip-Bo (GAM) 3:00 Men's Poker (R)	8:30 Senior Living Outing TBD 10:40 Candy Bingo (CON) 11:15 Balance & Strength(VC) 1:00 Hand & Foot (GAM) 1:30 Dominos (2L) 1:30 Pool Walking 3:00 Candy BINGO (COM) 3:00 Movie (TH) 4:45 Dinner Dash Marcys	6:00 Water Aerobics 10:40 Candy Bingo (CON) 11:15 Balance & Strength with Justin 1:00 Pinochle (GAM) 1:00 Chair Yoga w/Savvy (CON) 3:00 Skip-Bo (GAM) 3:00 Movie 3:00 Christmas Ornament w/Evie (COM)		

