

October 2026

The Plaza Vitality Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October Culture Topic: Creative Collaboration This month we are focusing on the value of creativity and the positive impact that collaborative projects can have on our communities. The act of creating can produce a sense of purpose and bring people together, while allowing us to express ourselves as individuals. We hope you will join us in our collaborative art project this month – everyone is welcome to participate including resident, employees, and visitors. This year, we are honoring both National Arts & Humanities Month and National Hispanic Heritage Month. We will be creating Talavera Tiles, on paper, to be arranged in any manner our residents and staff find beautiful.			Activities are Subject to Change	1:30 Let's Write (AS) 3:00 BINGO (AD) 5:00 Artist Reception At Balboa Park (RA) 6:15 Shuffleboard Bowling(Plaza 2nd Fl.)	9:00 Shopping: Walmart NC (RA) 1:00 Social Activities Planning Meeting(BR) 1:30 Shopping: Food 4 Less nc (RA) 2:00 Life Long Learning Planning Meeting(L) 3:00 Spirituality Book Discussion Group (L) 6:00 Shabbat Service on YouTube (HC)	10:00 Shuffleboard & Games (CP) 1:00 Death Reflection Group (L) 2:00 Movie: Steel Magnolias 2hrs (LH) 4:00 PV Preachers & Prayer (HC)
9:30 Eastlake Church Service(LH) 10:30 Eastlake Church Coffee Social (AD) 11:30 Catholic Mass (LH) 3:00 Movie: 9 to 5 2hrs (LH) 4:00 Asian Mahjong (Mg. 5th Fl.) 4:30 Enjoying Poetry Together(L)	8:30 Day trip to Julian (RA) 10:00 Rosary Prayer Group(HC) 1:30 Scrabble Enthusiasts (BR) 2:00 Diabetes Support Group(L) 6:30 BYOB w/ Bayou Brothers (AD)	10:00 Pool Players All Levels (1st Fl. Wil. & Pa. Parlor) 11:00 Tech Support (CR) 11:00 TOPS Meeting (L) 1:00 PV Chorale Rehearsal (LH) 2:00 Fabric Art Group (AS) 2:00 Rummikub (Wl. 3rd fl. parlor) 3:00 BINGO (AD) 6:00 Dartball (CP)	9:00 Harmonica Lessons w/ Andy Garcia (Plaza) 10:00 Kujo Eats Pop-Up (Plaza Front Outside) 10:30 Cell Phone 1.0 Basics (CR) 11:00 New Resident Orientation Social (AD) 1:00 Bridge (Pines 5th Fl. Parlor) 1:00 Shopping: Walmart H St CV (RA) 1:30 Cell Phone 1:1 Tutorial (CR) 2:00 Bible Study (BR) 2:00 Parkinson's Support Group (L) 6:00 Movie: Casper 1hr 41 min(LH)	1:00 Community Wide Resident Meeting & Social Time (LH & AD) 2:00 October Culture Topic: Creative Collaboration Project (AD) 3:00 BINGO (AD) 3:00 Wisdom Circle w/ Tanya & Paul (L) 6:15 Shuffleboard Bowling(Plaza 2nd Fl.)	9:00 Flu & Covid Shot Clinic (AD & BR) 9:00 Shopping: Eastlake Target, Vons, Sprouts, Trader Joes, & CVS (RA) 11:00 Celebrating America (L) 1:00 Arts Planning Meeting (AS) 1:00 Shopping: Walgreens & Vallarta (RA) 6:00 Shabbat Service on YouTube (HC)	10:00 Shuffleboard & Games (CP) 11:00 Book Club (BR) 3:00 Movie: Ready or Not 1hr 40 min (LH)
9:30 Eastlake Church Service(LH) 10:00 Shopping: Viejas Outlets & Casino(RA) 11:30 Catholic Mass (LH) 3:00 Movie: The Women In Cabin 10 1hr 40min (LH) 4:00 Asian Mahjong (Mg. 5th Fl.) 4:30 Best of TED Talks (L)	9:45 Shopping: Costco H Street (RA) 10:00 Rosary Prayer Group(HC) 1:00 Cornhole Tournament Men/Women Singles (AD) 1:00 Shopping: Target Plaza Bonita (RA) 1:30 Scrabble Enthusiasts (BR) 3:00 Men's Discussion Group (L) 6:00 Movie: The Silence of The Lambs 1hr 58 min (LH)	9:00 BaBa Mediterranean Food Pop Up (TCA) 10:00 Pastels Workshop (AS) 10:00 Pool Players All Levels (1st Fl. Wil. & Pa. Parlor) 11:00 TOPS Meeting (L) 1:00 Cornhole Tournament Men/Women Doubles (AD) 1:00 PV Chorale Rehearsal (LH) 2:00 Fabric Art Group (AS) 2:00 Rummikub (Wl. 3rd fl. parlor) 3:00 Life Enriching Ideas to Discuss & Use (L) 6:00 Dartball (CP)	9:00 Harmonica Lessons w/ Andy Garcia (Plaza) 10:00 Nova Sourdough & Chiqui Taco Stand Pop-Up (Plaza 1st fl) 10:30 Cell Phone 1.0 Basics (CR) 1:00 Bridge (Pines 5th Fl. Parlor) 1:00 Cornhole Tournament Men/Women Mixed Doubles (AD) 1:00 Shopping: Eastlake Target, Vons, Sprouts, Trader Joes, & CVS (RA) 1:30 Cell Phone 1:1 Tutorial (CR) 2:00 Bible Study (BR) 5:00 Sound Therapy (CP) 6:00 Movie: The Witches of Eastwick 1hr 58 min (LH)	10:00 Alzheimer's Bake Sale Fundraiser (Plaza 1st Floor) 10:30 Women's Friendship Group (LH & AD) 1:00 Cornhole Tournament Semi Finals (AD) 1:00 Residents Meeting 2027 Council Planning(BR) 6:15 Shuffleboard Bowling(Plaza 2nd Fl.)	9:00 Shopping: Gateway Aldis, Hobby Lobby, Walmart, Smart & Final (RA) 1:00 Cornhole Tournament Finals & Award Ceremony(AD) 1:30 Shopping: Terra Nova Plaza (RA) 3:00 Spirituality Book Discussion Group (L) 6:00 Shabbat Service on YouTube (HC) 6:30 Birthday Happy Hour w/ Double Take (AD)	10:00 Shuffleboard & Games (CP) 2:00 Movie: Ghostbusters 1hr 45 min (LH) 5:00 BYOB w/ McKaraoke (AD)
9:30 Eastlake Church Service(LH) 11:30 Catholic Mass (LH) 12:30 Catholic Confessions (HC) 2:00 Movie: Ghostbusters :Answer the Call 1hr 56min (LH) 4:00 Asian Mahjong (Mg. 5th Fl.) 4:00 Game Day (AD) 4:30 Enjoying Poetry Together(L)	9:00 Shopping: Ralphs & CVS (RA) 10:00 Rosary Prayer Group(HC) 1:30 Scrabble Enthusiasts (BR) 1:30 Shopping: Dollar Tree (RA) 6:00 Movie: Premonition 1hr 50min (LH)	10:00 Pool Players All Levels (1st Fl. Wil. & Pa. Parlor) 11:00 Tech Support (CR) 11:00 TOPS Meeting (L) 1:00 PV Chorale Rehearsal (LH) 2:00 Fabric Art Group (AS) 2:00 Rummikub (Wl. 3rd fl. parlor) 3:00 BINGO (AD) 6:00 Dartball (CP)	9:00 Harmonica Lessons w/ Andy Garcia (Plaza) 10:00 Kujo Eats (Plaza Front Outside) 1:00 Bridge (Pines 5th Fl. Parlor) 1:00 Shopping: Vons Bonita (RA) 2:00 Bible Study (BR) 2:00 Parkinson's Support Group (L) 3:30 Oktoberfest(AD) 6:00 Movie: Death Becomes Her 1hr 43 min (LH)	12:45 Ambassadors Meeting (BR) 1:00 Wendell Shin Art Sale (AD) 2:00 Communications Planning Meeting (BR) 3:00 Wisdom Circle w/ Tanya & Paul (L) 6:15 Shuffleboard Bowling(Plaza 2nd Fl.)	9:00 Shopping: Eastlake Target, Vons, Sprouts, Trader Joes, & CVS (RA) 11:00 Celebrating America (L) 1:30 Shopping: Bay Plaza; Smart & Final, Burlington, Seafood City (RA) 6:00 Shabbat Service on YouTube (HC)	10:00 Shuffleboard & Games (CP) 3:00 Movie: Stolen Baby 1hr 30 min (LH) 4:00 New Resident Social (AD)
9:30 Eastlake Church Service(LH) 10:30 Explore Seaport Village(RA) 11:30 Catholic Mass (LH) 3:00 Movie: The Runner 1hr 30 min (LH) 4:00 Asian Mahjong (Mg. 5th Fl.) 4:30 Best of TED Talks (L)	9:00 Shopping: Vons Bonita (RA) 10:00 Rosary Prayer Group(HC) 1:00 Shopping: Walgreens & Vallarta (RA) 1:30 Scrabble Enthusiasts (BR) 3:00 Men's Discussion Group (L) 6:00 Movie: Beetlejuice 1hr 30 min (LH)	9:00 BaBa Mediterranean Foods (TCA) 10:00 Pool Players All Levels (1st Fl. Wil. & Pa. Parlor) 11:00 Tech Support (CR) 11:00 TOPS Meeting (L) 1:00 PV Chorale Rehearsal (LH) 2:00 Fabric Art Group (AS) 2:00 Rummikub (Wl. 3rd fl. parlor) 3:00 BINGO (AD) 3:00 Life Enriching Ideas to Discuss & Use (L) 4:30 Dinner: Red Lobster cv (RA) 6:00 Dartball (CP)	9:00 Harmonica Lessons w/ Andy Garcia (Plaza) 10:00 Nova Sourdough Pop-Up (Plaza 1st fl) 1:00 Bridge (Pines 5th Fl. Parlor) 1:00 Shopping: Gateway Aldis, Hobby Lobby, Walmart, Smart & Final (RA) 2:00 Bible Study (BR) 5:00 Sound Therapy (CP) 6:00 Movie: Back to The Future 1hr 56min (LH)	1:00 Communications Planning Meeting (BR) 3:00 BINGO (AD) 6:15 Shuffleboard Bowling(Plaza 2nd Fl.)	9:00 Shopping: Eastlake Target, Vons, Sprouts, Trader Joes, & CVS (RA) 1:00 Water Color Group (AS) 1:30 Shopping: Grocery Outlet & Dollar Tree (RA) 2:00 Resident & Staff Halloween Costume Contest (AD) 3:00 Halloween Party w/ "Old Friends" Duet (AD) 6:00 Shabbat Service on YouTube (HC)	10:00 Shuffleboard & Games (CP) 3:00 Movie: Practical Magic 1hr 48 min (LH)