

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Happy New Year!!! Welcome 2023 10:00~ VC Chair Zumba 10:00~CR Sunday Funday Football Channel FOX 6 10:30~ L Resident Morning Chat 1:00~VC Balloon Volley 2:00~TR Non-Denominational Church 2:30~AR Social Hour w/ Jessica 5:00~CR Evening Chat	10:00~ VC Stretch Bands Exercise 10:30~ Current News 1:00~Apples to Apples Game 2:00~AR BINGO!!! 2:00~CR Rose Bowl Game ESPN Channel 32 3:30~ AR Snack and Chat 5:00~L Resident Evening Chat	10:00~ VC Move to the Music 10:30~ Walk to Walgreen's 1:00~AR White Chocolate Hot Cocoa 2:00~AR Resident Council 3:00~ AR Social Hour 4:00~CR Happy Hour w/ Bloody Mary Cocktails	10:00~ VC Chair Yoga 11:00~O Applebee's 1:00~AR Word Finds 2:00~AR BINGO!!!! 3:30~ L Live! Matthew Malcolm 4:00~CR Happy Hour	10:00~ VC Tone and Shape 10:30~VC Balance Class 1:00~LL Let' Train your Brain Trivia 2:00~AR Bible Study w/Ashley 3:00~AR Carmel Village Bingo Store 3:30~ AR Flower Arrangements 5:00~CR ESPN Sports	9:00~O Bank of Choice 10:00~ VC Fitness Friday 11:00~O Walmart 1:30~AR Nails w/Ashley 3:00~ L Live! JT and Sarah 4:00~CR Happy Hour	10:00~ VC Sit and Stretch 10:00~CR Saturday Football Channel FOX 6 12:30~TR Romance Matinee: Casablanca 1:00~AR Word Search 2:00~AR BINGO! 3:00~ AR Snack Banana Split Pudding Cups 5:00~L Evening Chat
Happy Birthday Elvis Presley 10:00~ VC Sunday Morning Stretch 10:30~ Current News 1:00~AR Afternoon Movie Elvis Blue Hawaii w/ Banana Peanut Butter Sandwich Snack 2:00~TR Non- Denominational Church 3:00~L Social Hour w/Jessica 5:00~CR Evening Chat	10:00~ VC Tone and Shape 10:30~ Current News 1:00~AR UNO 2:00~AR BINGO!! 3:30~ AR Snack and Chat 4:30~CR NCAA National Championship Game ESPN channel 32	10:00~ VC Tone Up Tuesday 10:30~ VC Balance Class 1:00~AR Ribbon Keychains 2:00~AR Social Hour Creamsicle Floats 4:00~CR Wine Is Fine Tuesday	10:00~ VC Move to the Music 11:00~O Lazy Dog Bar and Grill 1:00~AR Kings Corner Card Game 2:00~AR BINGO!! 3:00~L Music w/Randy 4:00~CR Happy Hour w/Hot Toddy's	10:00~ VC Jazzercise 10:30~VC Balance Class 1:00~AR Mosaic Suncatchers 3:00~ AR Afternoon Tea Social 3:30~AR Flower Arrangements 4:30~DR Resident Birthday Celebration 5:00~CR Action News	10:00~ VC Fitness Friday 11:00~O Kohl's 1:30~AR Nails w/Ashley 3:00~L Music w/ Jess 4:00~CR Happy Hour	10:00~ VC Sit and Get Fit 10:30~ CR Coffee Chat 1:00~ Hidden Picture 2:00~AR BINGO!! 3:30~ AR Let's Make S'mores 5:00~L Evening Chat
10:00~ VC Sunday Morning Stretch 10:30~ L Resident Morning Chat 1:00~ AR Snowflake Ceramic Dish Craft 2:00~TR Non- Denominational Church 3:00~AR Social Hour w/Jessica 5:00~CR Evening Chat	Martin Luther King Day 10:00~ VC Stretch Band Exercise 10:30~ Current News 1:00~AR A Day in History Martin Luther King Speech 2:00~AR BINGO!! 3:30~ AR Snack and Chat 5:00~CR Me Tv: Adam 12	10:00~ VC Tone and Shape 10:30~ Walk to Walgreens 11:00~CR Happy Birthday Betty White: Goldens Girls Marathon 1:00~ AR No Sew Sachets Craft 3:00~AR Social Hour Hot Chocolate 4:00~CR Happy Hour w/ Hot Butter Rum Cocktails	10:00~ VC Sittersize 10:30~AR MaryKay Facials w/Heidi 11:00~O Round Table Pizza 1:00~AR Word Search 2:00~AR BINGO!! 3:00~ CR Listening to the 50's 4:00~CR Happy Hour	10:00~ VC Tone and Shape 10:30~VC Balance Class 1:00~VC Balloon Volley 2:00~AR Bible Study w/Ashley 3:00~AR Carmel Village Bingo Store 3:30~ AR Flower Arrangements 5:00~CR ESPN Sports	9:00~O Bank of Choice 10:00~ VC Fitness Friday 10:30~ Current News 11:00~O Target 1:30~AR Nails w/Ashley 3:00~L Music w/Jess 4:00~CR Happy Hour	10:00~ VC Tone and Shape 10:30~ Current News 12:30~TR Romance Matinee: A Walk to Remember 2:00~ AR BINGO!! 3:00~AR Cinnamon Sugar Doughnut's 5:00~L Evening Chat
10:00~ VC Sunday Morning Stretch 10:30~CR Coffee Chat 1:00~AR Flapper Head Bands and Top Hat's Craft 2:00~ TR Non- Denominational Church 3:00~AR Social Hour w/Jessica 5:00~ L Evening Chat	National Activities Week: Dress up Theme Roaring 20's 10:00~ VC Tone and Shape 10:30~VC Current News 1:00~TR Afternoon Movie: The Great Gatsby 2:00~AR BINGO!! 3:30~ L Fling the Ring Race 5:00~CR ESPN Sports	National Activities Week: Dress up Theme Disney Day 10:00~ VC Chair Yoga 10:30~VC Balance Class 1:00~L Disney Dole Whip Floats 2:00~AR Card Making Craft 3:00~AR Mexican Train Dominoes 4:00~ CR Wine is Fine Tuesday	National Activities Week: Dress up Theme Sports Day 10:00~ VC Move to the Music 10:30~ Current News 10:30~O Table Mountain and Lunch 1:00~AR Human Hungary Hippo Game w/Staff 2:00~AR BINGO!!! 3:00~ L Music w/ Randy 4:00~CR Happy Hour w/Dirty Irishman Cocktail	National Activities Week: Dress up Day Theme Superhero Day 10:00~ VC Tone and Shape 10:30~AR Chef Talk 1:00~CR Superhero Nacho Bar Social 2:00~AR Bird Feeders Craft 3:00~AR Social Hour 3:30~ AR Flower Arrangements 5:00~CR Action News	National Activities Week: Dress up Day Theme Crazy Hair Day 10:00~ VC Fitness Friday 10:30~ Current News 11:00~O Save Mart Grocery Store 1:30~AR Nails w/Ashley 3:00~AR Music w/ Nathan & Alpha 4:00~CR Crazy Hair Happy Hour	National Activities Week: Dress up Day Theme Twin Day 10:00~ VC Sit and Get Fit 12:00~L Doughnut on a String Race w/Staff 2:00~AR BINGO!! 3:00~AR Snack Soft Pretzels w/Cheese 5:00~L Evening Chat
10:00~ VC Sunday Morning Stretch 10:30~L Resident Moring Chat 1:00~AR Canvas Painting w/ Jessica 2:00~ TR Non- Denominational Church 3:00~ Social Hour 5:00~ L Evening Chat	10:00~ VC Tone and Shape 10:30~ Current News 1:00~AR Kings Corner Card Game 2:00~AR BINGO!! 3:30~ AR Snack and Chat 5:00~CR Me Tv: Adam 12	10:00~ VC Chair Yoga 10:30~VC Balance Class 1:00~AR February Wreaths 3:00~AR Social Hour w/ Peppermint Mocha Hot Cocoa 4:00~ CR Wine is Fine Tuesday	<h1>January 2023</h1> <p>Location Chart: L-Lobby P- Patio G-Garden O-Outing AR-Activity Room VC Vitality Center DR-Dining Room TR- Theater Room LL- Library Lounge BOLD- New Activity</p>			

