

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>11:00am Broncos v Chiefs - LR 1:30pm Bingo - VR 2:30pm Green Mountain Church Service - LR 2:30pm Independent Craft Hour - VR 3:30pm Exercise - LR 6:30pm Movie - LR</p> <p>New Years Day</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Technology Help - VR 3:30pm Virtual Tour - LR 6:30pm Movie - LR</p>	<p>9:45am Walmart Outing 10:00am The Price is Right - LR 1:30pm Exercise with Nora - LR 2:30pm Black Jack - VR 3:30pm Today in History - LR 6:30pm Best of Johnny Carson - LR</p>	<p>10:00am Resident Council - LR 1:15pm Stretches - LR 1:30pm Bingo - VR 2:30pm Rick Iracki - Musician - LR 6:30pm Happy Hour - LR</p>	<p>10:00am Catholic Church - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise - LR 2:30pm Guz Meza - Guitar/Vocals - LR 3:30pm Wacky State Laws - LR 6:30pm Game Night - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Active Minds Presents: Marie Curie - LR 2:45pm Bible Study - Resident Run - VR 3:30pm Corny Jokes - LR 6:30pm Arts & Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Hot Cider Social - LR 2:30pm Documentary: Planet Earth Series - LR 6:30pm Movie - LR</p>	
<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Church Service Livestream - LR 2:30pm Independent Craft Hour - VR 3:30pm January Trivia - LR 6:30pm Movie - LR</p>	<p>10:30am Exercise - LR 1:30pm Rosary - VR 1:30pm Rick Steves Documentary - LR 2:30pm Leonard Barrett - singer - LR 3:30pm Famous Faces - LR 6:30pm Movie - LR</p>	<p>10:30am Exercise with Nora - LR 1:30pm Scenic Drive Outing 1:30pm Independent Coloring - VR 2:30pm Know Your Neighbor - LR 3:30pm Man V Wild - Interactive TV Show - LR 6:30pm Documentary - LR</p>	<p>Dress Up: Sports Jerseys Library to You 10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Birthday Party - LR 3:30pm Teach Nora Something New - LR 6:30pm Happy Hour - LR</p>	<p>10:00am Catholic Church - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise - LR 2:30pm Tom Mauser - Comedian - LR 3:30pm Random Facts You Probably Don't Need to Know - LR 6:30pm Game Night - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Jeff King - Guitar/Vocals - LR 2:45pm Bible Study - Resident Run - VR 3:30pm Short Stories - LR 6:30pm Arts & Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Newsletter Planning Committee - LR 2:30pm Documentary: Planet Earth Series - LR 6:30pm Movie - LR</p>	
<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Church Service - LR 2:30pm Independent Craft Hour - VR 3:30pm Video - DeeAnna's Choice Concert Viewing - LR 6:30pm Movie - LR</p>	<p>10:30am Exercise - LR 1:30pm Chinese New Year Presentation - LR 2:30pm Cooking Demonstration with Chef Mike - LR 3:30pm Jeopardy - LR 6:30pm Movie - LR</p> <p>Martin Luther King Jr. Day</p>	<p>9:45am Target Outing 10:00am The Price is Right - LR 1:30pm Exercise with Nora - LR 2:30pm Christine Shelton - Piano/Vocals - LR 3:30pm Word Scrambles - LR 6:30pm Documentary - LR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Vitality Planning Meeting - LR 3:30pm Stress Relief Techniques - LR 6:30pm Happy Hour - LR</p>	<p>10:00am Catholic Church - VR 10:30am Puzzle Club - 3rd 1:30pm Exercise - LR 2:30pm Scott Hackler - Piano/Vocals - LR 3:30pm Healthy Habits - This or That? - LR 6:30pm Game Night - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:00pm DR Reserved for All Staff Meeting 2:45pm Bible Study - Resident Run - VR 3:30pm - Puzzle Club - 3rd 6:30pm Arts & Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Tea Social - LR 2:30pm Documentary: Planet Earth Series - LR 6:30pm Movie - LR</p>	
<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Church Service Livestream - LR 2:30pm Independent Craft Hour - VR 3:30pm Chinese New Year Traditions Viewing - LR 6:30pm Movie - LR</p> <p>Chinese New Year</p>	<p>10:30am Exercise - LR 1:30pm Rosary - VR 1:30pm Rick Steves - Documentary - LR 2:30pm Harry Olsson - Guitar/Vocals - LR 3:30pm Family Feud - LR 6:30pm Movie - LR</p>	<p>9:45am Dollar Tree Outing 10:30am The Price is Right - LR 1:15pm New Resident Social - LR 2:30pm Oreo Cookie Taste Testing with Jesse - VR 3:30pm Crossword - LR 6:30pm Documentary - LR</p>	<p>Dress Up: Bright Colors (to beat the winter blues!) 10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Technology Help - VR 6:30pm Happy Hour - LR</p>	<p>10:00am Catholic Church - VR 10:30am Puzzle Club - 3rd 11:00am Lunch Club Outing: Olive Garden 1:30pm Exercise - LR 2:30pm Tea & Chats with Nora - LR 3:30pm Famous Quotes - LR 6:30pm Game Night - VR</p>	<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Chuck Fisher - Guitar/Vocals - LR 2:45pm Bible Study - Resident Run - VR 3:30pm January Gratitude Discussion - LR 6:30pm Arts & Crafts - VR</p>	<p>10:30am Exercise - LR 1:30pm Hot Cider Social - LR 2:30pm Documentary: Planet Earth Series - LR 6:30pm Movie - LR</p>	
<p>10:30am Exercise - LR 1:30pm Bingo - VR 2:30pm Bear Valley Church Service Livestream - LR 2:30pm Independent Craft Hour - VR 3:30pm DeeAnna's Choice Activity - LR 6:30pm Movie - LR</p>	<p>10:30am Exercise - LR 1:30pm Rosary - VR 1:30pm Rick Steves Documentary - LR 2:30pm Menu Chat - LR 3:30pm Wheel of Fortune - LR 6:30pm Movie - LR</p>	<p>9:45am Kohls Outing 10:00am The Price is Right - LR 1:30pm Exercise - LR 2:30pm Jim Kurty - Multi-Instrument - LR 3:30pm Today in History - LR 6:30pm Documentary - LR</p>	<p>January 2023 Montage Ridge Assisted Living</p> <p>LV - 1st Floor Living Room DR - 1st Floor Dining Room VR - 1st Floor Vitality Room 3rd - 3rd Floor Country Kitchen</p> <p>Vitality Department: (303)763-4603</p>			<p>Outings - Must sign up in binder @ Front Desk! Meetings Churches/Entertainment</p>	