

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10am - Chair Yoga w/ Susan (AR) 11am - Yoga Therapy (AR) 11am - The Winslow Writers: Special Guest - Lauren Camp (WH) 1pm - New Resident Orientation (AR) 1pm - Rummikub Club (LSLR) 3pm - Sign Language Class w/ Dominica (AR) 6:15pm - Movie: Iron Will (AR) Happy Birthday Mavis Edgar!	2 9am - Billiards (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 12pm - Weekly Meeting w/ Chelsea (AR) 1pm - Mahjong (FP) 3pm - Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) Happy Birthday Kert Hultgren!	3 9:15am - King Soopers (FL) 10am - Senior Fitness (AR) 11am - Senior Fitness w/ Jackie (AR) 12-2pm - Fourth of July Festival (Parking Lot) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) 6:15pm - Midsomer Murders (AR)	4 Independence Day! 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy (AR) 6:15pm - Movie: Alive and Kicking (1958)(AR) 9pm - Fireworks Livestream (AR)
5 10:30am - Senior Fitness w/ Jackie (AR) 11am - Documentary: Reception Choice (AR) *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) 3pm - Ted Talk: The Brain-Changing Benefits of Exercise (AR) 6:15pm - Movie: America's National Parks - Olympic (AR)	6 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 12pm - Weekly Meeting w/ Chelsea (AR) 1pm - Bridge Club (WH) 1pm - Dominoes (LSLR) 6:15pm - Movie: America's National Parks - Yosemite (AR) Happy Birthday Ann Bryant!	7 10am - Kickstart Chair Yoga Therapy (AR) 11am - Stretch and Strengthen w/Erin (AR) 1pm - Kevin Cook Presents (AR) 3pm - Bingo (AR) 6:15pm - Series: Heartland (AR)	8 8am - Gentlemen's Breakfast (PD) 10am - Chair Yoga w/ Susan (AR) *10:30am - Scenic Drive and Picnic to Bobcat Ridge Natural Area (FL) 11am - Yoga Therapy (AR) 11am - The Winslow Writers (LSLR) *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) 3pm - Sign Language Class w/ Dominica 6:15pm - Movie: The Remains of the Day (AR)	9 9am - Billiards (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 12pm - Balance and Mobility w/ Erin (AR) 1pm - Mahjong (FP) 3pm - Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) Happy Birthday Dorothy Foster!	10 9:15am - King Soopers (FL) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) *1pm - Tech Class with Will (Android) (AR) 3pm - Social Hour (WH) 6:15pm - Movie: Midsomer Murders (AR)	11 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) 1pm - Oldies but Goodies Band (AR) 3pm - Kickstart Chair Yoga Therapy (AR) 6:15pm - Movie: His Girl Friday (1940) (AR)
12 10:30am - Senior Fitness w/ Jackie (AR) 11am - Documentary: Reception Choice (AR) *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) 3pm - Ted Talk: How To Make Stress Your Friend (AR) 6:15pm - Movie: Everglades (AR)	13 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 12pm - Roman Catholic Communion (PD) 1pm - Bridge Club (WH) 1pm - Dominoes (LSLR) *3pm - Flower Arranging (AR) 6:15pm - Movie: America's National Parks - Gates of the Arctic (AR)	14 10am - Kickstart Chair Yoga Therapy (AR) 11am - Stretch and Strengthen w/Erin (AR) *11am - Lunch Outing: Simmer (FL) 3pm - Bingo (AR) 6:15pm - Series: Heartland (AR)	15 10am - Chair Yoga w/ Susan (AR) 11am - Yoga Therapy (AR) 11am - The Winslow Writers (LSLR) *1pm - Outing to Foothills Flea Market (FL) *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) 3pm - Sign Language Class w/ Dominica 3pm - Book Club (PD) 6:15pm - Movie: A Passage to India (AR) Happy Birthday Bob Phemister!	16 9am - Billiards (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 1pm - Mahjong (FP) *2pm - Painting and Pencils with Ann (101) 3pm - Bingo (AR) 6:15pm - Movie: Reception's Choice (AR)	17 9:15am - King Soopers (FL) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) 3pm - Social Hour (WH) 6:15pm - Movie: Midsomer Murders (AR) Happy Birthday Lillie Hultgren!	18 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy (AR) 6:15pm - Movie: People Will Talk (1951) (AR)
19 10:30am - Senior Fitness w/ Jackie (AR) 11am - Documentary: Reception Choice (AR) *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) 3pm - Ted Talk: Sleep Is Your Superpower (AR) 6:15pm - Movie: America's National Parks - Yellowstone (AR)	20 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 1pm - Bridge Club (WH) 1pm - Dominoes (LSLR) 6:15pm - Movie: America's National Parks - Saguaro (AR)	21 10am - Kickstart Chair Yoga Therapy (AR) 11am - Stretch and Strengthen w/Erin (AR) 1pm - The Winslow Singers: Patriotic! (AR) 3pm - Bingo (AR) 6:15pm - Series: Heartland (AR) Happy Birthday Clair Stalnaker!	22 8am - Gentlemen's Breakfast (PD) 10am - Chair Yoga w/ Susan (AR) 11am - Yoga Therapy (AR) 11am - The Winslow Writers (LSLR) 12pm - July Birthday Concert (WH) *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) 3pm - Sign Language Class w/ Dominica (AR) 6:15pm - Movie: The Other Boleyn Girl (AR) Happy Birthday Carol Hallett!	23 9am - Billiards (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 12pm - Balance and Mobility w/ Erin (AR) 1pm - Mahjong (FP) 1pm - Tim O'Hara Presents (AR) 3pm - Bingo (AR) 6:15pm - Movie: Reception's Choice (AR) Happy Birthday Marilyn Peltzman!	24 9:15am - King Soopers (FL) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) 3pm - Social Hour (WH) 6:15pm - Movie: Midsomer Murders (AR)	25 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy (AR) 6:15pm - Movie: Cheaper By The Dozen (1950) (AR)
26 10:30am - Senior Fitness w/ Jackie (AR) 11am - Documentary: Reception Choice (AR) *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) 3pm - Lessons From The Mental Hospital (AR) 6:15pm - Movie: America's National Parks - Grand Canyon (AR)	*9:15am - Trip to the Old Town Library (FL) 27 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 12pm - Roman Catholic Communion (PD) 1pm - Bridge Club (WH) 1pm - Dominoes (LSLR) 6:15pm - Movie: America's National Parks - Great Smoky Mountains (AR)	28 10am - Kickstart Chair Yoga Therapy (AR) 11am - Stretch and Strengthen w/Erin (AR) 1pm - Resident Input Meeting (AR) 3pm - Bingo (AR) 6:15pm - Series: Heartland (AR)	29 10am - Chair Yoga w/ Susan (AR) 11am - Yoga Therapy (AR) 11am - The Winslow Writers (LSLR) 1pm - Golden 90s Tea Party (WH) *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) 3pm - Sign Language Class w/ Dominica (AR) 6:15pm - Movie: Memoirs of a Geisha (AR)	30 9am - Billiards (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 1pm - Mahjong (FP) 3pm - Bingo (AR) 6:15pm - Movie: Reception's Choice (AR)	31 9:15am - King Soopers (FL) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) 3pm - Social Hour (WH) 6:15pm - Movie: Midsomer Murders (AR) Happy Birthday Dinae Hoem!	