November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **Spirit Week: Autumn Colors** 10:30am - Senior Fitness w/ Jackie (AR) *11:30am - Documentary: Colorado Experience: Black Cowboys (AR)* *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) *3pm - Ted Talk: How Language Shapes the Way We Think (AR)* *6:15pm - Movie: Treasure of Matecumbe (AR)* Daylight Saving Time Ends	2 **Spirit Week: Favorite Shirt** 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 12:30pm - Bridge Club (WH) 2pm - Weekly Meeting w/ Chelsea (AR) *6:15pm - Documentary: American Coup - Wilmington 1898 (AR)*	3 **Spirit Week: Hat Day** 10am - Kickstart Chair Yoga Therapy w/ Sherry (AR) 11am - Stretch & Strengthen w/ Erin (AR) **1pm - (Nature) Kevin Cook: Beverage Plants, Weird Insects, and Deceptive Spiders (AR)** 3pm - Bingo (AR) *6:15pm - Series: Heartland (AR)*	4 **Spirit Week: Pajama Day** **8:30am - Ambassador's Breakfast (PD)** 10am - Yoga Therapy (AR) 11am - Chair Yoga w/ Susan (AR) 11am - The Winslow Writers (LSLR) *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) ***3pm - Scenic Drive: Horsetooth Reservoir (FL)** *6:15pm - Movie: Something Wicked This Way Comes (AR)* Happy Birthday Tommye Gayler!	5 **Spirit Week: Patterns & Polka Dots** 9am - Billiard's (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 12pm - Tech Class w/ TheWill2Learn (AR) 1pm - Mahjong (FP) 3pm - Bingo (AR) *6:15pm - Documentary: The Wild Pacific (AR)*	6 **Spirit Week: Fancy Dress-Up** 9:15am - King Soopers (AR) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) *2pm - Travel Doc: Wonders of Malta (AR)* 3pm - Social Hour (WH) *6:15pm - Series: Midsomer Murders (AR)*	7 **Spirit Week: Favorite Colors** 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) 11:30am - Cornhole! (AR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy w/ Sherry (AR) *6:15pm - Movie: The Parent Trap (AR)*
8 10:30am - Senior Fitness w/ Jackie (AR) *11:30am - Documentary: Colorado Experience: The Ski Train (AR)* *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) *3pm - Ted Talk: How childhood trauma affects health across a lifetime (AR)* *6:15pm - Movie: Hacksaw (AR)*	9 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 12pm - Roman Catholic Communion (PD) 12:30pm - Bridge Club (WH) **1pm - Joel and the Boys (AR)** 2pm - Weekly Meeting w/ Chelsea (AR) *6:15pm - Documentary: Joseph Pulitzer - Voice of the People (AR)* Happy Birthday Kay Woolhiser!	10 10am - Kickstart Chair Yoga Therapy w/ Sherry (AR) 11am - Stretch & Strengthen w/ Erin (AR) **2:30pm - Valentine City Chorus and Veteran's Day Event (WH)** *6:15pm - Series: Heartland (AR)* Happy Birthday Bruce Everstine!	11 8am - Gentlemen's Breakfast (PD) 10am - Yoga Therapy (AR) 11am - Chair Yoga w/ Susan (AR) 11am - The Winslow Writers (LSLR) *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) ***4:30pm - Veteran's Supper (PD)** *6:15pm - Movie: The Apple Dumpling Gang (AR)* Veterans Day	12 9am - Billiard's (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) *12pm - iPhone Class w/ TheWill2Learn (AR) 1pm - Mahjong (FP) ***2pm - Ann's Art Class (101)** 3pm - Bingo (AR) *6:15pm - Documentary: General Dodge and the Transcontinental Railroad (AR)*	13 9:15am - King Soopers (AR) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) **2pm - New Resident Orientation (AR)** 3pm - Social Hour (WH) *6:15pm - Series: Midsomer Murders (AR)* Happy Birthday Maryann Ayesse!	14 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) 11:30am - Cornhole! (AR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy w/ Sherry (AR) *6:15pm - Movie: Benji the Hunted (AR)*
15 10:30am - Senior Fitness w/ Jackie (AR) *11:30am - Documentary: Colorado Experience: The Ute Water Legacy (AR)* *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) *3pm - Ted Talk: Sugar Is Not a Treat (AR)* *6:15pm - Movie: Seven Years in Tibet (AR)*	16 10am - Virtual Tai Chi Chih (AR) ***10am - Shopping Outing: Kohl's (FL)** 11am - Seated Movement w/ Sarah (AR) 12:30pm - Bridge Club (WH) 2pm - Weekly Meeting w/ Chelsea (AR) *6:15pm - Documentary: Disneyland Handcrafted (AR)*	17 10am - Kickstart Chair Yoga Therapy w/ Sherry (AR) 11am - Stretch & Strengthen w/ Erin (AR) **1pm - The Winslow Singers: Autumn Harvest (AR)** 3pm - Bingo (AR) *6:15pm - Series: Heartland (AR)*	18 10am - Yoga Therapy (AR) 11am - Chair Yoga w/ Susan (AR) 11am - The Winslow Writers (LSLR) ***12pm - Lunch Outing: Vatos Tacos (FL)** *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) 3pm - Book Club (PD) *6:15pm - Movie: Our Souls at Night (AR)* Happy Birthday Jacquie Bennett!	19 9am - Billiard's (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) *12pm - Android Class w/ TheWill2Learn (AR) 1pm - Mahjong (FP) 3pm - Bingo (AR) *6:15pm - Documentary: The Ancient Minoans (AR)* Happy Birthday Paul Boone!	20 9:15am - King Soopers (AR) 10am - Senior Fitness w/ Diane (AR) 11am - Senior Fitness w/ Jackie (AR) 1pm - Canasta (LSLR) ***12-2:30pm - The Winslow Black Friday Bazaar! (FL)** 3pm - Social Hour (WH) *6:15pm - Series: Midsomer Murders (AR)*	21 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) 11:30am - Cornhole! (AR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy w/ Sherry (AR) *6:15pm - Movie: The Guernsey Literary & Potato Peel Pie Society (AR)*
22 10:30am - Senior Fitness w/ Jackie (AR) *11:30am - Documentary: Colorado Experience: Return of the Buffalo (AR)* *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) *3pm - Ted Talk: Three Words that Saved My Life (AR)* *6:15pm - Movie: I'll See You In My Dreams (AR)*	23 ***9:15am - Old Town Library (FL)** 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) 12pm - Roman Catholic Communion (PD) 12:30pm - Bridge Club (WH) ***3pm - Flower Arranging (AR)** *6:15pm - Documentary: Edward Curtis: Coming to Light (AR)*	24 10am - Kickstart Chair Yoga Therapy w/ Sherry (AR) 11am - Stretch & Strengthen w/ Erin (AR) **1pm - Resident Council Meeting (AR)** 3pm - Bingo (AR) *6:15pm - Series: Heartland (AR)*	25 8am - Gentlemen's Breakfast (PD) 10am - Yoga Therapy (AR) 11am - Chair Yoga w/ Susan (AR) 11am - The Winslow Writers (LSLR) **12pm - November Birthday Concert (AR)** *1pm - Wii Bowling (AR) 1pm - Rummikub Club (LSLR) *6:15pm - Movie: Nuremberg (AR)*	26 9am - Billiard's (PT) 10am - Senior Fitness w/ Meredith (AR) 11am - Bible Study (PD) 1pm - Mahjong (FP) 3pm - Bingo (AR) *6:15pm - Documentary: Neuschanstein (AR)* Thanksgiving Day (U.S.)	27 9:15am - King Soopers (AR) 10am - Senior Fitness (AR) 1pm - Canasta (LSLR) *1pm - Wii Bowling (AR) *2pm - Travel Doc: Arkansas (AR)* 3pm - Social Hour (WH) *6:15pm - Series: Midsomer Murders (AR)* Happy Birthday Mary Straub!	28 9am - Cardio w/ Meredith (AR) 10am - Senior Fitness (AR) 11am - Mexican Train Dominoes (LSLR) 11:30am - Cornhole! (AR) *1pm - Wii Bowling (AR) 3pm - Kickstart Chair Yoga Therapy w/ Sherry (AR) *6:15pm - Movie: The Magic of Belle Island (AR)*
29 10:30am - Senior Fitness w/ Jackie (AR) *11:30am - Documentary: Colorado Experience: Uncovering Dearfield (AR)* *1pm - Wii Bowling (AR) 2pm - Arts and Crafts Club (101) *3pm - Ted Talk: How to talk to the worst parts of yourself (AR)* *6:15pm - Movie: The Penguin Lessons (AR)* Happy Birthday Jane Babcock!	30 10am - Virtual Tai Chi Chih (AR) 11am - Seated Movement w/ Sarah (AR) ***10am - Shopping Outing: Dillard's in Broomfield (FL)** 12:30pm - Bridge Club (WH) 2pm - Weekly Meeting w/ Chelsea (AR) *6:15pm - Documentary: Rick Steves' Andalucia: The Best of Southern Spain (AR)*					

